

# dōTERRA PB Restore™ ProBiome Complex

dōTERRA®  
Product Information Page



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**dōTERRA PB Restore™** | ProBiome Complex  
Dietary Supplement  
30 Dual-Chamber Capsules

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## Primary Benefits

- + May support digestive health and gut barrier integrity
- + May help in micronutrient synthesis
- + May support skin health, the respiratory system and a healthy inflammatory response
- + Provides a unique formulation of 30 pre-, pro-, and postbiotics, and bacteriophages that may help restore microbial diversity and balance for optimal microbiome health, in an easy-to-use, once-a-day capsule

## Description

The microbiome of the body functions like an invisible organ. It is a vast and diverse ecosystem of microbes that are essential to wellness. Key to microbiome function is proper microbial diversity and balance, with a high ratio of good bacteria to bad. The body's natural aging process, along with an imperfect diet, lack of exercise, poor sleep, and stress can disrupt the microbiome. Augmenting a wellness lifestyle with supplementation can help restore microbiome health.

dōTERRA PB Restore ProBiome Complex is a unique formulation of 30 pre-, pro-, and postbiotics, and bacteriophages that may help restore microbial diversity and balance for optimal microbiome health and overall wellness. The 18 billion colony forming units (CFUs) of probiotics, or good bacteria, consist of 24 active cultures—an unparalleled variety of carefully selected strains from 22 different species—for exceptional microbial diversity. The prebiotic fructooligosaccharides (FOS) and bacteriophages help achieve and maintain microbial balance by encouraging the growth of good bacteria and selectively attacking the bad. The prebiotic fructooligosaccharides (FOS) and bacteriophages help achieve and maintain microbial balance by encouraging the growth of good bacteria and selectively attacking the bad. The postbiotic—bioactive compounds produced from healthy bacteria—provides additional health benefits.

dōTERRA PB Restore's dual-chamber, time-released delivery system is formulated to support the body throughout the day. It aids digestive comfort, micronutrient synthesis, gut barrier integrity, and healthy metabolism. Metabolites produced by the bacterial strains in dōTERRA PB Restore have been shown to support skin health, the respiratory system and a healthy inflammatory response. Early research of some ingredients, including L Rhamnosus CRL 1505, the postbiotic in dōTERRA PB Restore, indicated they may also help with brain, urological, and metabolite function, as well as a healthy DNA response to oxidative stress.

**Directions, Cautions, and Supplement Facts Panel are on the next page.**

## Directions

Take 1 capsule daily with plenty of water. For maximum benefit, take prior to a meal that includes healthy fats. Avoid taking the capsule with high-temperature foods or beverages (above body-temperature).

It's common and completely normal to experience temporary changes in your digestive system or your stool when taking this product. These reactions show dōTERRA PB Restore is active and your body is adapting to it. Most discomfort you may feel will resolve within the first couple weeks.

## Cautions

Keep out of reach of children. If pregnant, nursing, diabetic, or under a doctor's care, consult your physician. Store in the refrigerator after opening.

## Supplement Facts

Serving Size 1 Capsule  
Servings Per Container 30

Amount Per Serving %DV

**dōTERRA PB Restore™ ProBiome Complex:** 18 billion CFU, Lactobacillus plantarum 14D, Bifidobacterium animalis ssp. lactis BLC1, Lactobacillus rhamnosus SP1, Lactobacillus paracasei IMC502, Lactobacillus rhamnosus IMC501, Bifidobacterium breve Bbr8, Lactobacillus acidophilus LA1, Lactobacillus paracasei BGP2, Lactobacillus rhamnosus LB21, Streptococcus thermophilus SP4, Lactobacillus brevis SP48, Bifidobacterium bifidum SP9, Lactobacillus casei BGP93, Lactobacillus fermentum CS57, Lactobacillus helveticus SP27, Lactobacillus reuteri LR92, Enterococcus faecium SF68, Lactococcus lactis ssp. lactis SP38, Bifidobacterium longum ssp. longum SP54, Bifidobacterium longum ssp. infantis SP37, Lactobacillus delbrueckii ssp. bulgaricus LB2, Lactobacillus crispatus SP28, Lactobacillus gasseri SP33, Lactobacillus salivarius SP2, scFOS (short-chain fructooligosaccharides), Bacteriophages (Myoviridae LH01, Siphoviridae LL5, Myoviridae T4D, Myoviridae LL12), Postbiotic (L rhamnosus CRL 1505)

\*\*Daily Value (DV) not established.

**Other Ingredients:** Glycerin, Hypromellose, Microcrystalline Cellulose, Silicon Dioxide, Guar Gum, Magnesium Stearate, Sodium Copper Chlorophyllin