

# dōTERRA Console®

Comforting Blend 5mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum Stem/Twig, Amyris Bark, Sandalwood Wood, Rose Flower, Osmanthus Flower

**Aromatic Description:** Sweet, musky, floral

## PRIMARY BENEFITS

- Promotes feelings of comfort and hope
- Counteracts negative emotions of grief, sadness, and hopelessness

## PRODUCT DESCRIPTION

Losing something or someone you love can be deeply disorienting and painful. Words unspoken and questions unanswered may keep you worried and unsettled. dōTERRA Console Comforting Blend of floral and tree essential oils will help you close the door on sadness and take your first steps on a hopeful path toward emotional healing. Bind your broken heart with Console Comforting Blend.

## USES

- Diffuse during times of loss to comfort the soul and evoke feelings of hope.
- Apply over the heart morning and night as a reminder to be patient with healing and to think positive thoughts.
- Apply one to two drops to a shirt collar or scarf and smell throughout the day to ward off feelings of grief and sadness.

## DIRECTIONS FOR USE

**Diffusion:** Use one to two drops in the diffuser of choice.

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

