

# dōTERRA Breathe® Touch

Respiratory Blend 10 mL Roll-On

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Fractionated Coconut Oil, Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf, Ravensara Leaf

**Aromatic Description:** Minty, fresh, airy

## PRIMARY BENEFITS

- Cooling, soothing vapor
- Calming aroma promotes a restful environment
- Helps minimize the effects of seasonal threats

## PRODUCT DESCRIPTION

Experience the soothing, cooling vapor of dōTERRA Breathe essential oil blend, now available in a Touch version for gentle and quick application. dōTERRA Breathe Touch combines Fractionated Coconut Oil with Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Cardamom, Ravintsara, and Ravensara essential oils to maintain feelings of clear airways and easy breathing. Apply topically to the chest, back, or bottom of feet to minimize the effects of seasonal threats or to promote a restful sleep. dōTERRA Breathe Touch can be used safely by every member of the family and it's convenient roll-on application can be applied anytime.

## USES

- Apply to chest or feet when seasonal and environmental threats are high.
- Use when outdoors to minimize the effects of seasonal threats.
- Rub on neck, chest, back, or bottom of feet to promote a restful sleep.

## DIRECTIONS FOR USE

**Topical use:** Apply to desired area. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

