

Copaiba

Essential Oil 15mL

dōTERRA®

PRODUCT INFORMATION PAGE



CPTG Certified Pure Therapeutic Grade®

Application: A T S

Plant Part: Resin from *Copaifera reticulata*, *officinalis*, *coriacea*, and *langsdorffii*

Extraction Method: Steam distillation

Aromatic Description: Spicy, woody

Main Chemical Component: β -caryophyllene

PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree which can be found in tropical South America. Copaiba oil is widely used in cosmetic products including soaps, creams, lotions, and perfumes. Since the 16th century, copaiba essential oil has been utilized in traditional health practices by the natives of north and north-eastern Brazil. Copaiba can help soothe anxious feelings. Copaiba's main component is beta-caryophyllene, a chemical that may protect nerve cells. It is also a powerful antioxidant that promotes a healthy immune system.

USES

- Diffuse in your room and focus on the scent to fall into a meditative state.
- Use in a calming bath by adding 2 to 3 drops to body wash before mixing it in the water.
- Apply topically combined with a carrier oil, facial moisturizer or toner, and apply to face in upward circular motions, to help keep skin clean and clear, and to help reduce the appearance of blemishes.

PRIMARY BENEFITS

- Promotes calming and soothing effect

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Dilute one to two drops with a carrier oil, then apply to desired area. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

