

# Clove

*Eugenia caryophyllata* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



#### Application:



#### Plant Part:

Bud

#### Extraction Method:

Steam distillation

#### Aromatic Description:

Very spicy, warm, woody with subnote of leather

#### Main Chemical Components:

Eugenol

## PRODUCT DESCRIPTION

Clove has been used for years in dental preparations, candy, and gum for its flavor and ability to cleanse the mouth, yet it provides a myriad of benefits. Its main chemical component, eugenol, makes it a very stimulating and energizing essential oil that can be used as a warming massage oil. Clove contains powerful antioxidant properties and supports cardiovascular health when taken internally.\* As a cooking spice, Clove adds a spicy flavor to any dish or dessert while providing internal health benefits.\* One drop can clean the teeth and gums while promoting fresh breath.

## USES

- Add one drop to toothpaste to clean teeth and gums.
- Place one drop in two ounces of water and gargle for a soothing effect.
- Take in veggie capsules to support cardiovascular health.\*

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of your choice.

**Internal use:** Dilute one drop in 4 fl. oz. of liquid.

**Topical use:** Dilute one to two drops with dōTERRA Fractionated Coconut Oil then apply to desired area. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

## PRIMARY BENEFITS

- Powerful antioxidant properties\*
- Supports cardiovascular health\*
- Helps clean teeth and gums



\* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.