

# AromaTouch®

Massage Blend 15 mL

dōTERRA

PRODUCT INFORMATION PAGE



## Application:



## Ingredients:

Cypress Plant, Peppermint Plant, Marjoram Leaf, Basil Leaf, Grapefruit Peel, Lavender Flower essential oils.

## Aromatic Description:

Clean, fresh, mint, powdery

## PRODUCT DESCRIPTION

AromaTouch, dōTERRA's proprietary massage blend, combines the unique benefits of oils known to provide relaxing and comforting effects. AromaTouch combines our essential oils of Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender in a perfect blend that adds many important benefits to various massage techniques. This popular blend is a vital part of the dōTERRA AromaTouch Technique, a proprietary method for applying essential oils to produce a profound whole-body wellness experience.

## USES

- Apply to neck and shoulders to promote feelings of relaxation and lessen tension or use with a carrier oil for massage.
- Give your loved one a hand massage using the AromaTouch Hand Technique and AromaTouch essential oil blend.
- Add to Epsom salts and enjoy soaking in a hot bath.

## DIRECTIONS FOR USE

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

## PRIMARY BENEFITS

- Comforting and relaxing effects
- Helps to lessen tension
- Adds an aromatic experience to a soothing massage

