doterra

Natural Solutions for healthy, empowered living

Do you need safe, effective, and affordable health solutions?

YOU HAVE CHOICES

Modern Approach

- Designed to manage symptoms
- Made from isolated synthetic agents
- Side effects (known and unknown)
- \$6.5 trillion/year spent on global healthcare
- Are we healthier?



Natural Approach

- · Addresses body's needs and root causes
- Extracted from plants
- Enhances wellness
- Is safe—benefits without side effects



ESSENTIAL OILS ARE EFFECTIVE



Peppermint Leaf Oil Sac



Natural, Effective, and Safe

 Contains natural compounds that are extracted and distilled from plants for various benefits.

 Comprised of hundreds of different compounds. utlilizina complex and versatile abilities.

• Work with the body to address issues and root causes on a cellular level

· Affordable. Pennies per dose!

dōTERRA IS SAFE AND PURE

Why a new standard of quality?



Grades of Essential Oils

Most tested. Most trusted.

- Plants harvested in their natural habitat
- · Verified pure; free of fillers and harmful contaminants



AROMATIC

Breathe in or diffuse to:

- Open airways
- Freshen the air



PEPPERMINT

- Cooling sensation
- Promote feelings of clear breathing





TOPICAL

HOW TO USE dōTERRA ESSENTIAL OILS

Apply to bottoms of feet or affected areas to target specific needs.

DEEP BLUE®

- Apply pre/post workout
- Use for calm and comforting massage
- Apply to muscles after a long day
- Use on lower back after heavy lifting



INTERNAL

Drop in water, under tongue, or into a veggie capsule and swallow.

ON GUARD®

- Serves as a powerful immune system support when ingested
- Diffuse to freshen the air



Live Empowered

Be prepared for anything

RESPONSE-





Be refreshed with self-care



1. WHAT ARE YOUR TOP HEALTH PRIORITIES?



I want to feel less:

I want to feel more:

2
3

2. ARE YOU READY TO DISCOVER SIMPLE SOLUTIONS?

1

2

3

doterra BREATHE® RESPIRATORY BLEND

- Maintain feelings of easy breathing and clear airways
- Diffuse at night or during changes in season

DIGESTIVE BLEND

- May help maintain healthy gastrointestinal tract when ingested*
- May help reduce gas and occasional indigestion when taken internally*
- May help feelings of stomach upset when used internally*

OREGANO

- Cleansing agent
- May support a healthy digestive system when used internally^{*}

TEA TREE

- Rejuvenate and cleanse skin
- Soothe skin irritation
- Clean surfaces

LAVENDER

- Soothe irritated skin
- Promote restful sleep
- Create a calm, peaceful atmosphere
- Apply after a long day in the sun

doterra LAVENDER PEACE® RESTFUL BLEND

- Diffuse to provide a calming aroma
- Create restful sleeping environment

FRACTIONATED COCONUT OIL

- Unscented carrier oil
- Great for delivering essential oils to sensitive skin
- Sustained delivery on specific locations
- $\boldsymbol{\cdot}$ Use for dilution

doTERRA ADAPTIV®

- Provides a bright, sweet aroma
- Complement effective work and study
- Creates a tranquil environment

3. ARE YOU READY TO BE HEALTHY WITH DAILY HABITS?

#1

PRODUCT

30-day satisfaction

quarantee

dōTERRA LIFELONG VITALITY PACK® (LLV)

Maximum nutrition for energy, focus, relief, and well-being.*

- MICROPLEX MVP®: Bioavailable multivitamin and mineral
- ALPHA CRS+®: Antioxidant, cellular energy, and longevity*
- xEO MEGA®: Omega 3-6-9 fatty acids and nine essential oils
- Antioxidant protection*
- Eye, brain, nervous system function *
- Healthy inflammatory response*
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- More energy, and less discomfort*
- Comprehensive nutrition
- Immune function*
- Digestive health*

taken internally Set a comforting, uplifting environment

FRANKINCENSE

LEMON

- Naturally cleanse body when ingested due to limonene content*
- Clean surfaces and neutralize odors

Preclinical studies suggest support

for healthy cellular function when

TERRAZYME[®]

• Has enzymes that support healthy digestion and digestive system function at higher doses.

DEEP BLUE® STICK

- Roll onto muscles
- Use before or after working out
- Soothe after a long workday

Need more energy and less discomfort to improve the quality of your life? Try these daily habits.

dōTERRA Lifelong Vitality Pack®	2 capsules each with morning and noon meals
dōTERRA TerraZyme®	Digestive support*: 1-3 capsules each meal
Lemon	Cleansing*: 2-3 drops in water 2–3x/day
Frankincense	Cellular support*: 2-3 drops under tongue and swallow 1–2x/day
döTERRA On Guard®	Immune support*: 2-3 drops in a capsule
PB Restore™	Probiotic defense*: 1 capsule/day

Changing Lives

Whose life do you want to change? dōTERRA® improves lives every day all around the world. Join us in making this world a healthier, happier place.





Change your life!

Get your Live guide and schedule your Wellness Consult

- Get the best results with products for you and your family.
- Maximize your wholesale membership benefits.



SHARE

Change others' lives! Get your *Share* guide and learn how to impact lives and earn more

• Connect with the Wellness Advocate who invited you to learn and they'll show you how to share your personalized link with others to qualify them for waived enrollment and 25% off.

• Earn 20% back on all referrals' first orders in dōTERRA Dollars.



BUILD

Change your future!

Get your Build guide and schedule your Intro to Build

- Launch your dōTERRA business with proven training and powerful support.
- \cdot Create recurring income and greater potential in your life!^+



You are changing the world!

Every purchase changes the lives of growers and their communities for the better through dōTERRA Cō-Impact Sourcing[®] and dōTERRA Healing Hands Foundation[®] initiatives.

"Every time you buy a bottle of dōTERRA essential oils, you are changing someone's life." —*Emily Wright*, Founding Executive, President