dōTERRA ESSENTIAL

疗

Southeast Asia Recognition Magazine | 6

# LEADERSHIP owner

ber 2021 | dōTERRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021



pg.**14** 📕

Product Spotlight : **Evolve US Convention 2021 New Product Launch** 

pg.**26** 

doterra

Frankincense

ssential Oil 15 mL

Boswellia



Healing Hands Malaysia : EngageInGood 2.0 & **The Fight Against Human Trafficking** 



Co-impact Sourcing : Frankincense



CONNECT | COI

ONNECT | CONNE

NNECT

CONNECT | CONNE

CONNEC

# **CONTENTS**

# **pg.04** Message from the Founder

in the		pg. <b>12</b> / <b>13</b>	GM's Message : A Visiōn for The Future I dōTERRA Thailand
		pg. <b>14</b> / <b>15</b>	<b>Product Spotlight :</b> evolve US Convention 2021 New Product Launch
pg. <b>05</b>	Chemistry of Frankincense Oil	pg. <b>16</b> / <b>17</b>	Product Spotlight : "King of Essential Oils" - Frankincense
pg. <b>06</b> /07	GM's Message : How to Thrive and Prosper Like a Tree   dōTERRA Singapore	pg. <b>18</b> / <b>19</b>	Product Spotlight : Angelica & Schisandra, TerraStix AO & DX
pg. <b>08</b> /09	GM's Message : Avenue For Growth   dōTERRA Malaysia	pg. <b>20</b> / <b>21</b>	Product Spotlight : Kids Collection & Pink Pepper
pg. <b>10</b> / <b>11</b>	GM's Message : 8 Years of Observation   dōTERRA Philippines	pg. <b>22</b> / <b>23</b>	Product Spotlight : The Surprising Beauty Benefits of Frankincense Oil

pg.24	Healing Hands : Saving Lives in Somaliland - Sanaag Specialty Hospital	<b>Recognition</b> **Rank Recognition is based on Alphabetical Order
	pg.3 pg.3 pg.3 pg.3 pg.3	<ul><li>7 New Diamond: Queenie Rosales</li><li>8 New Diamond: Ratchadawan</li></ul>
pg. <b>25</b>	Healing Hands Singapore :pg.4Healing with Hope, from Heart to Heart4	
pg. <b>26</b> <b>27</b>	Pg.4. Healing Hands Malaysia: EngageInGood 2.0 & The Fight Against	4 5 Diamond
	Human Trafficking	
pg. <b>28</b>	Healing Hands Philippines : A New Home	
pg. <b>29</b>	pg.5 Healing Hands Thailand : 55 Thailand Healing Hands Local Initiative	
pg.30 31	Co-impact Sourcing : Frankincense	
3	det es Ra En decembra En decem	
pg. <b>32</b>	Sprint Club	
pg. <b>33</b>	Diamond Club 2021 (Singapore)	

#### pg.**34 35** Diamond Club 2021 (Malaysia)

## **Message From The Founder**

Dear Friends,

It's been two years since we gathered together in person for an event. We're all well aware of the challenges, trials, and turmoil our communities and world have been through in the past year and a half, but only you know what it has been like for you and your family. Historically, we know that some "times of crisis" can bring out the "better angels" of humanity. While we have certainly seen good in the world, the past 18 months have also been divisive in many ways. Although painful, the truth about difficult things in life is that we can grow from them. Trite or obvious as that may sound, I have experienced it over and over again in my own life and in the lives of those closest to me.



We see this principle in the wonders of nature. From the complete confinement of a chrysalis comes the butterfly — transformed into a breathtaking creature of beauty and flight. As the result of scorching volcanic activity, island paradises are formed. On the other side of the extraordinary pain of childbirth is incomprehensible joy.

As many of you may know, dōTERRA was created during a time of turmoil. We founded the company in the midst of the economic crisis of 2008. It's been 13 years now, and I continue to be amazed and grateful at the life-changing impact dōTERRA has had for millions of people around the globe. dōTERRA has become much more than a company that sells essential oils. First and foremost, we are a company that brings healing, and often hope. We are a company where all should feel safe. Thank you for being a part of this incredible journey – you are the heartbeat of dōTERRA. Though, to be clear, our journey is far from over. In many ways, we're just beginning.

This year's Convention theme is a tribute to the many ways we've been learning to evolve and adapt over the past year and a half, and it is a salute to the new and ongoing evolution of doTERRA as we move to the future. Let's all work together as this new chapter dawns. It will bring with it a spirit of renewal, growth, and regeneration — a spirit of evolution, as we allow our "better angels" to take charge and lead out.

With heartfelt gratitude for each of you. **DAVID STIRLING** Founder

# Chemistry of **Frankincense Oil**

Frankincense essential oil is derived from the resinous tears of trees that have been carefully scored, or "bled." If cared for properly, frankincense trees can produce tears for hundreds of years! After a careful distillation process, the essential oil has a complex mixture of monoterpenes:

- alpha-Pinene
- *limonene*
- alpha-Thujene
- beta-Pinene

This complex chemistry contributes to its renewing effects. Frankincense essential oil is great at supporting the diverse types of cells in the body. It is also effective at relaxing and focusing the mind.



If you are interested to learn more about the studies on "King of Oils" Frankincense, feel free to visit https://qrgo.page.link/mjW3f or scan this QR code to know more.



## **GERALDINE TOH**

General Manager dōTERRA Singapore

> Be like a tree. Stay grounded. Connected with your roots. Enjoy your unique natural beauty. Keep growing . Enjoy the view from the top.

## How to Thrive and Prosper Like a Tree

Gardeners nurture their saplings into strong trees, much like how entrepreneurs grow their ventures into successful businesses. How do you ensure that your start-ups eventually morph into robust trees bearing fruit?

Here are five tips which I would like to share on how to expand your dōTERRA business, inspired by one of the world's most wondrous and beautiful creation - trees.

First and foremost, understand that it takes **time** for businesses to become profitable. You cannot expect to have a tree full of fruit tomorrow if you have just planted the seed today. Just like trees that take years to mature and bear fruit, you will accumulate experience and knowledge for your business over time. Hence, be patient and give yourself time.

Secondly, **stay grounded** like a tree. A tree must stand firm throughout its years of growing under the rain or shine, to flourish as an adult tree. Similarly, you will need to have faith, stick to your beliefs regardless of the obstacles and never give up until you achieve your goals in order for your business to succeed.

Thirdly, no tree can be strong without a **good foundation**. Trees have millions of roots - thick roots, thin roots and micro roots - planted deep in the ground, constantly absorbing food and growing themselves. Be like the roots that are always taking in nutrients. Keep learning and enriching yourself to maintain a successful business. Fourthly, a big tree will always **grow upward** to expand. If a tree were to grow sideways, it will only gain weight instead of growing tall. Hence, a strong tree will grow its main stem upwards first followed by the twigs that expand upwards. In growing your business, keep moving up and there will always be room for growth and success.

Finally, a big tree will always **face the sunshine**. There are no trees that grow into the darkness, avoiding the light. Trees know that they must fight for more sunlight for themselves to grow taller and bigger. If you want to succeed, you must set the right goal and work hard for it, so that your wishes can be realized. To all our Wellness Advocates, remember to face the sunshine with a smile and keep going!

eraldene

GERALDINE TOH General Manager dōTERRA Singapore

## **ETHAN WANG**

### General Manager dōTERRA Malaysia

## Avenue For Growth

The unforeseen challenges of the ongoing pandemic have taken a significant toll on our lives, and lives around the world. As Malaysia records five-figure Covid-19 cases each day for the past few months, this outbreak has caused disruption to both economy and social aspects, where people are forced to safeguard their lives and livelihoods every day.

Despite the challenges, our Wellness Advocates, Wholesale Customers and staff of dōTERRA Malaysia are proudly supporting us. Our staff are working hard around the clock to ensure our products are delivered quickly and efficiently. Meanwhile, our Wholesale Customers are continuing to use and supporting our products. Most importantly, our Wellness Advocates are working hard to educate and spread the goodness of dōTERRA essential oils to customers in need. For all the hard work, I thank you.







## **Sharing Hope**

In dōTERRA, we cherish each and every one of you. We constantly do our best to ensure the quality of our services and the purity of the essential oils are of the highest standards. This commitment of ours for the past 4 years has resulted in gaining consumers' confidence and satisfaction in dōTERRA's brand. These combined factors have contributed to increased sales and enrollment growth in 2021.

Besides that, we also strive to assist our leaders and members through online training and events such as the dōTERRA Malaysia's 4th Anniversary Celebration held on 19 June 2021. More than 6,500 attendees from all over Malaysia participated this virtual event to learn about dōTERRA's culture, essential oils and products, as well as sharing of life-changing experience from local and international dōTERRA leaders.

The record-breaking growth we've achieved this year in Malaysia has allowed us to amplify community empowerment efforts and social impact works through dōTERRA Healing Hands, with total donations of over RM 537,000. I believe these donations will improve the lives of many others who are in need.

## A Heart Full of Service

I would like to take this opportunity to congratulate and thank our Wellness Advocates for their constant participation in the Diamond Club programme that was concluded recently. The purpose of this Diamond Club is to build positive habits of sharing, enhance leadership skills and improve enrollment and repeat sales.

In addition, congratulations to our Wellness Advocates who have advanced their ranks this year, especially our new Double Blue Diamond leader, Angie Ng, as well as the Presidential Diamond leaders; Annda Lee, Henry Fong, Joshua Ang, Mian Foo and Pauline Tey. Your contribution to the essential oil community is greatly appreciated. Thank you.

On behalf of dōTERRA, growers and distillers in our Co-Impact Sourcing community around the world, I would like to thank all Wellness Advocates for your continuous support and effort in making dōTERRA part of the local community by sharing and providing wellness and happiness to everyone.

As this pandemic stretches from months to years, many people are facing difficult circumstances; emotionally and socially. However, we will strive to continue our dōTERRA mission – to change the world one drop, one person, and one community at a time. Remember, every time you make a dōTERRA purchase, you are not only improving your own life, but the lives of those around the planet.

nar,

ETHAN WANG General Manager dōTERRA Malaysia

## **MICHEAL CARSON**

General Manager dōTERRA Philippines

> This month I celebrate eight wonderful years in my dōTERRA journey. I am blessed to work with so many committed and driven leaders. I have tried to carefully observe what makes the difference in wellness advocates who merely want to reach their goals and those who actually do!

## **8 Years of Observation**

### Here are three observations:

Loyalty to self without being selfish — Of all the people and things you need to be loyal to, loyalty to self is a fundamental starting point. Some get pushed off course by what happens to them and who demands their time and attention rather than setting priorities and letting life happen around and through those values and goals. One common characteristic among successful achievers is the willingness to be loyal to commitments to self that were decided a long time before the less-important option that popped up today.

No-excuse adaptation and innovation — The best of the best first set a goal and then find a way to achieve the goal. This is how most new methods and practices are born. Rarely is what worked last year going to work today. Those who accept that once things become harder, progress will slow down and will find that every headwind and every obstacle will slow them down. Those who have a goal and will find a will and a way to accomplish it (no excuses) and will find different ways to think about obstacles and progress despite the problems of the day.



**Proactive relationship with your mentor** – If you have a mentor or leader who cares about your progress and growth and is willing to spend time helping you on your journey, you should be grateful. One of the great things about direct selling is the incentivized nature of willing and available mentors within upline ranks – people that are not only successful, but successful at the very thing you are trying to do. Chances are your mentor is busy climbing their own mountains; so, you need to make sure that you are proactive in keeping yourself on their radar. Plan regular meetings with them and make sure that each meeting consists of at least three topics:

- a) Report on the progress of last meeting deliverables,
- b) Talk about what you want to work on and let your mentor give you perspective and guidance and,
- c) Decide on deliverables you will accomplish before the next meeting.

Multer Ce

MICHEAL CARSON General Manager dōTERRA Philippines

## NITI WATTANACHONGKOL

Director, New Market Development doTERRA Thailand

### **SAWADDEE KRUB**

Greetings from Thailand! dōTERRA Thailand officially started operations on April 1st, 2021. I am very excited to see Thailand receive a very warm welcome from the Thai people. dōTERRA has accomplished some amazing, remarkable results.

The opening stage is very essential for dōTERRA to ensure a successful launch, we put hard work and effort to plan for excellence executions. I would like to thank you all for the efforts from leaders both from Thailand and international who helped make this happen, also well-trained and capable dōTERRA local staffs to deliver the best service with their hearts and for their willingness to support Wellness Advocates and the Corporate Support Team who always provide full and immediate support. This is a perfect combination for remarkable success led by the great vision of dōTERRA founding executives who continue to be persistent in sourcing the best and helping the most.

### dōTERRA Thailand key activities during launching

- January 2021: Open House Meeting
- March 2021: Beta Testing
- April 1st, 2021: Opening Day









### Bright future for doTERRA Thailand

Now is time to move forward and grow. With the hard work from leaders to expand doTERRA in Thailand, we received phenomenal results. All the key performance indicators are increasing including the number of new enrollees, the number of active Wellness Advocates, and the number of leaders who rank advance. We are confident that doTERRA Thailand will continue to grow.

The future is bright, we will continue to work hard to support the leaders in any way we can. This is just the beginning for Thailand; we plan to introduce more products lines to extend our customers base and to cover all of the consumers needs. Thailand plans to have its first-year anniversary by 1st half of 2022, we expect to be able to organize a LIVE event depends on overall situation. We are happy to serve all leaders, both Thai and international, who are interested in being a part of the doTERRA Thailand family. Please feel free to contact us at our call center at 02 180 5111, or email us with your query at thailand@doTERRA.com. For further information, please visit our website at https://www.doTERRA.com/TH/en\_TH, feel free to explore all the information and tools provided there.

Let's be a part of the change, to make Thailand not just a land of smiles, but a land of true happiness where everyone can be themselves and can pursue their goals on their terms. KHOB KHUN KRUB!!!

Cal.

NITI WATTANACHONGKOL Director, New Market Development dōTERRA Thailand

## evolve US Convention 2021 New Product Launch

## Madagascar Vanilla

### Vanilla Planifolia

Aromatic Description: Rich, Creamy, Sweet Main Constituents: Vanillin

14



### **Primary Benefits**

Provides a rich, warm, sweet, inviting aroma Creates a comforting and relaxing atmosphere

#### DIRECTIONS FOR USE

#### Topical use:

Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. *Diffusion:* Add two to three drops to your favorite essential oil blend. It's iconic. It's sweet. It's rare. And the aroma speaks for itself. Pure Madagascar Vanilla absolute, prediluted with Fractionated Coconut Oil, is ideal for diffuser blends and various topical applications.

#### Description

Familiar and nostalgic. Evocative and romantic. Prized since the time of the ancient Aztecs, and often used in perfumes, vanilla is one of the most popular aromas in the world, and one of the most expensive to produce. A perennial climbing vine that grows up to 75 feet, the Vanilla planifolia plant is in the Orchid family, with yellow-white flowers that produce odorless pods or beans. Plant blooms must be hand pollinated, and it takes three to four years for the vanilla plant to begin producing beans that must be harvested by hand. The beans then go through a time-consuming and labor-intensive process to allow them to fully develop their aroma and flavor. Afterward, the beans are ground into small pieces and, to preserve the natural vanilla aroma, pressurized CO2 is used in a two-step extraction process that captures the aromatic constituents from the beans to create the absolute. We combine this absolute with Fractionated Coconut Oil and the result is doTERRA Madagascar Vanilla.

### Copaiba Touch Copaifera Essential Oil

Copaiba, a fan-favorite essential oil, is now available in a convenient roll-on.

#### Description

Copaiba essential oil is derived from the resin of the copaiba tree, found in tropical South America. Since the 16th century, Copaiba essential oil has been used by the natives of north and north-eastern Brazil in traditional health practices. Copaiba Touch is a blend of CPTG<sup>®</sup> Copaiba essential oil and Fractionated Coconut Oil. It contains the highest levels of β-caryophyllene (BCP) among currently known essential oils. An irregular cannabinoid and sesquiterpene, BCP is a potent constituent within copaiba essential oil.



### **Primary Benefits**

Promotes a clear, smooth complexion Assists natural skin hydration Supports healthy-looking skin

Aromatic Description: Spicy, Woody Main Chemical Components: Betacaryophyllene, Alpha-humulene

#### DIRECTIONS FOR USE

Topical use: Apply to desired area. Ingredients: Copaifera Resin, Fractionated Coconut Oil

\*These products were launched during the doTERRA evolve | connection 2021 and its availability is subject to individual market's launch timeline. Please contact the local staffs for more information.

## **Deep Blue<sup>™</sup> Stick**

#### DIRECTIONS FOR USE

Apply directly to affected areas. For a more intensive as product, apply Deep Blue essential oil blend on the skin prior to application. Infused with dōTERRA Deep Blue<sup>®</sup> Soothing Blend containing CPTG Certified Pure Tested Grade<sup>™</sup> essential oils, plus the beneficial properties of Copaiba, the Deep Blue Stick is powerful, targeted as product in a fast-acting solid.

#### Description

Formulated with plant-based menthol, methyl salicylate, and camphor, this easy-to-use stick penetrates deeply and creates a cooling sensation on skin. An indispensable addition to your bathroom cabinet or gym bag, the stick formula provides moisturizing emollients that leave your skin feeling soft and not greasy. Quick drying so it can be applied before, during, or after a workout, the Deep Blue Stick is soothing, convenient, and effective.

## dōTERRA Abode Line

doTERRA'

Stick

Deep Blue<sup>\*</sup>

let Wt. 1.69 oz/48g



Your home is your sanctuary. A clean, fresh-smelling household is a must, but with so many everyday odors to contend with, it's sometimes difficult to achieve. Now more than ever, it's important to reduce the toxins in your home.

OTERRA abd

dõTERRA abõde

dõTERRA' abôde'

The signature aromatic blend of the doTERRA abode home product line contains powerful essential oils with a pleasant aroma that leaves your home smelling clean and feeling refreshed naturally. This dynamic blend is a combination of CPTG® Distilled Lime, Litsea, Cassia, Lemon Eucalyptus, Tea Tree, Arborvitae, Kochii Eucalyptus, Cilantro, Lavandin, and Lemon Myrtle essential oils. Selected for their powerful cleansing constituents and magnified when combined, doTERRA abode is high in limonene, geranial, neral, and 1,8-cineole. In fact, Kochii Eucalyptus, found only in the semi-arid interior of Western Australia, has the highest concentration of 1,8-cineole, or eucalyptol, of all eucalyptus oil available. Refresh your home naturally and safely with doTERRA abode.

DIRECTIONS FOR USE Aromatic: Add to a diffuser of choice. Household: Use as part of your home cleaning routine.

## "King of Essential Oils" Frankincense

### Did You Know

that Frankincense was so highly prized in ancient civilizations that some legends even claimed that dragons protected the land where Boswellia trees grew?





With its variety of notable uses and benefits, it is no surprise that the Frankincense oil continues to be highly valued up till today. Frankincense oil contains a complex mixture of monoterpenes such as alpha-pinene, Limonene, alpha-Thujene, and beta-Pinene. This intricate mixture of components works together to make an oil with many uses and benefits. The unique chemical constituents contribute to Frankincense essential oil's renewing effects when applied topically and can support young and healthy-looking skin. The monoterpenes also contribute to the aromatic benefits of Frankincense essential oil, including its ability to promote relaxation and a sense of focus.

dōTERRA's Frankincense essential oil is a proprietary blend of four species of Frankincense resin sourced from northeast Africa and the Arabian Peninsula. This sustainable sourcing strategy helps to diversify the supply pressure on any single Frankincense species, while ensuring that the resins are harvested where each Boswellia species grows best.

\*Product availability is subject to individual market's launch timeline. Please contact the local staffs for more information.

## Ways to Use Frankincense Oil

Apply topically to help reduce the appearance of skin imperfections.

Massage on the bottoms of your feet for a soothing aromatic experience.

Rub Frankincense on your hands after a long day of gardening.

Use three to four drops in the diffuser of your choice.

Combine with essential oils like Bergamot or Lavender and inhale or diffuse to create an experience of peace and satisfaction.

## Angelica

Angelica Sinensis 5 mL



## Thousand Years of Traditional Usage, Now in a Bottle

The use of Angelica roots have been handed down from generation to generation as a wellness support. The extraction of the Angelica roots to essential oil allows you to enjoy its benefits conveniently in a bottle, both topically and aromatically.



#### **Ingredients:**

Angelica Root

#### **Aromatic Description:**

Medicinal scent, strong unique aroma of Angelica

#### **Main Chemical Components:**

Trans-Ligustilide, Z-β-Ocimene

#### DIRECTIONS FOR USE

Topical use:

Dilute and apply onto the skin to promote healthy-looking skin and speed up wound healing process.

Diffuse to create an atmosphere free of environmental stressors.

# Schisandra Chinensis 5 mL

First recorded in the Han Dynasty, Schisandra is used for more than 2,000 years. Now, you can enjoy this time-tested goodness with extensive benefits through the Schisandra essential oil from dōTERRA.

Ingredients: Schisandra Fruit Aromatic Description: Medicinal Scent, Unique Aroma of Schisandra

DIRECTIONS FOR USE Prior to applying facial care products, gently massage a small amount onto areas with fine lines and wrinkles or the neck and chest areas.

Diffuse to create a soothing atmosphere conducive for restful sleep.

Main Chemical Components: Ylangene, β-Himachalene

### All-in-One Supplement Drinks for Morning & Night

## **TerraStix**



Packed with antioxidant botanicals and active ingredients your body crave, this delicious drink helps to boost your energy, so you'll start the day with high spirits! Loaded with powerful antioxidants, it provides protection against free radicals that lead to cellular aging.

#### **Keys Ingredients:**

- Turmeric Extract
- Blueberry Powder
- Pomegranate Extract
- Grape Seed Extract

## **TerraStix DX**

Rich in Vitamin A, Vitamin C and minerals, this hearty drink is your evening must-have before you call it a night. This flavourful drink helps your body to strengthen its own natural ability to protect against potentially dangerous free radicals.

#### **Keys Ingredients:**

- Broccoli Seed Extract
- Moyeam Leaf Extract (Vine Tea Leaf Extract)



\*These statements have not been evaluated by the Food and Drug Administration. This product is not in



By supporting the well-being of the mind, body, and heart, essential oils can be a vital component of self-care and a holistic approach to health. But regardless of their efficacy and ease of use, when it comes to your children, safety is priority number one. With six proprietary pre-diluted blends, doTERRA Kids Collection is the perfect vehicle to safely introduce your children to the wide-ranging benefits of essential oils.

S COLLECTION | dōTERRA KIDS COLLECTION | dōTERRA

j o

## **Pink Pepper**

Pink Pepper (Schinus Molle), while similar in appearance to black pepper, is closely related to cashews. The "molle", or pink peppercorn tree, was considered a sacred tree to ancient Incans. Indigenous populations used all parts of the tree, including the pink peppercorn fruit, as herbal solutions to health needs.

Native to South America, the pink peppercorn tree is a fast-growing evergreen tree. It can grow up to 45 feet tall, making it the largest of all the schinus species. The fruit grows in thick clusters with hundreds of berries. Aside from the berries, the bark and leaves are also highly aromatic when crushed.

#### How Does It Work?

- The aroma of Pink Pepper is an energizing scent, and blends perfectly with citrus and floral oils to create an invigorating aroma. In addition, Frankincense, Clary Sage, Eucalyptus, Lavender, Spearmint, and Patchouli are all excellent options when you want to create a blend with Pink Pepper.
- We all encounter grogginess and brain-fog as part of life. When you need to feel alert in order to get back on track, diffuse or inhale the scent of Pink Pepper.
- Customize any massage by combining one to two drops of Pink Pepper with Fractionated Coconut Oil to soothe the body.

Sourcing Origin: Kenya & Peru Plant Part: Fruit Distillation Method: Steam Distillation Aromatic Description: Spicy, Fruity, Slightly Woody



## **Frankincense Oil**

rankincense

มาณสุทธิ์ 15 มล

Frankincense Oil Uses and Benefits to Rejuvenate Skin

Known as the king of essential oils, Frankincense has a variety of notable uses and benefits. One of the powerful essential oil is revered for its ability to beautify and rejuvenate skin when applied topically.

When using Frankincense essential oil to revive the look and feel of your skin areas, don't forget hands and fingernails. Whenever traveling somewhere dry, apply this essential oil to maintain healthy looking hands and fingernails. Simply place a drop of oil on your hand and nail and rub it around your hand and the cuticles and edges of your fingernails.

- Frankincense is great for oily skin as a natural astringent, it helps regulate sebum and removing excess oil
- 2. As for its anti-aging benefit, it can improve and reduce lines and wrinkles
- 3. It stimulates cell regeneration and protects older cells from free radical damage."

\*Product availability is subject to individual market's launch timeline. Please contact the local staffs for more information.

## DIY Clay Facial Mask

Enjoy a facial rejuvenation day with this DIY Clay Facial Mask. With a simple combination of bentonite clay, cider vinegar, and essential oils, your face will feel nourished and fresh. Because Frankincense contains properties that help revitalize and beautify the skin, this homemade clay mask will prove ideal for

facial care. For best results, apply this mask to your skin once a week and enjoy that continual fresh facial glow.

### Oils that Blend Well with Frankincense Essential Oil for skin nourishing

Frankincense oil blends well with citrus oils like Wild Orange, and other oils such as Cypress, Lavender, Rose, Ylang Ylang, and Clary Sage

These oils have great benefits to rejuvenate skin and help you to improve your skin condition for healthier and younger looking skin.

## **Saving Lives In Somaliland**

dōTERRA announced the grand opening of Sanaag Specialty Hospital, located in Erigavo, the heart of Somaliland's Frankincense resin harvesting region on July 27, 2021. The hospital provides quality, accessible healthcare in a region with over 600,000 people. Working with the Ministry of Health, Ministry of Planning, Response-Med, and various NGOs over the last four years, dōTERRA Healing Hands Foundation and local partners, Jibriil Foundation and Asli-Maydi, funded the construction of the hospital to bring primary and secondary healthcare services to the remote region.

The Sanaag Specialty Hospital provides services, including accident and emergency care, maternity and neonatal care, operating theater (C-sections and surgical procedures), pediatric care, in-patient and out-patient care, diagnostic services (laboratory and radiology), and community outreach. Part of the hospital's community outreach will include training of maternal child health and health outpost personnel, regular health day clinics offering maternal and child health checks, as well as ambulatory response for emergency situations.



Prior to the opening of the Sanaag Specialty Hospital, people had to travel over 12 hours to reach medical help, if they could afford the journey at all

> said Dr. Russell Osguthorpe, dōTERRA Chief Medical Officer.

"Now, Sanaag provides a full-service hospital, pediatric care, pharmacy services and community outreach services, among other medical care. This first-class facility allows us to face the region's high infant and child mortality rate. We have an amazing and dedicated medical team that is already seeing success and making an impact in the lives of Somalilanders."



"When doTERRA looks for sourcing partnerships, we deliberately choose locations where we can obtain the highest quality essential oils, while also focusing on improving the individual, social, economic, and environmental well-being of the people in surrounding communities," said David Stirling, doTERRA founding executive and CEO. "The hospital has been a vision of ours for more than four years, and its completion represents the passion, determination, grit, and hard work of so many people and organizations. We can't thank everyone enough for their contributions. Sanaag Speciality Hospital will be a powerful force for good in the lives of individuals and families living and working in the region for generations."

The hospital currently employs over 100 staff, including a chief medical officer, senior medical officer and doctors specializing in general and trauma surgery, obstetrics, gynecology, internal medicine and child and infant care. The support staff include trained laboratory technicians, anesthetists, radiologists, pharmacists and nurses. Hospital and lab equipment meet the highest international standards and include an ambulance, three ultrasound machines, three incubators, and portable x-ray machines, among other technology.

dōTERRA sources different species Frankincense resins from Somaliland, Oman, and Ethiopia. In Somaliland, dōTERRA's Frankincense resins come from the Sanaag Region. Approximately one-third of the national population lives in this region, and Frankincense harvesting is a primary source of employment. While middle men have often historically taken advantage of harvesters and collectors in the Frankincense industry, dōTERRA has worked closely through its Co-Impact Sourcing program over several years to form a more traceable network of harvesters, collectors, and sorters working with over a dozen tribal sub-clans within Somaliland – providing livelihood opportunities to over 7,000 people. This approach enables a more stable and reliable income, fairness, employment, and security for those within these supply chains.

## Healing with Hope, from Heart to Heart dōTERRA Singapore

"They made us feel that we could belong and that in due time, we could put back all the pieces of our broken lives in place," said Alice\*, a survivor of domestic violence previously at Star Shelter.

As the only secular crisis center in Singapore for victims of domestic violence, Star Shelter provides refuge and assistance to help them rebuild their lives.

From April 2021, dōTERRA Singapore will donate 100% of the sales proceeds of dōTERRA Hope<sup>®</sup> Touch to Star Shelter and an additional amount of S\$10,000 from dōTERRA Healing Hands Foundation<sup>®</sup>, as part of our dōTERRA Healing Hands initiative. The total amount raised will be shared at the evōlve Singapore Post Connection 2021 virtual event held on 6 November 2021.



dōTERRA Singapore Blue Diamond Wellness Advocate: Elizabeth Ho

Being able to participate in this initiative is a dream come true for Lee Seang Looi, Certified Aromatherapist and Singapore Blue Diamond Wellness Advocate, after witnessing the positive impact dōTERRA has had in our sourcing communities.

"Our team also got together to make origami paper hearts for the residents at Star Shelter. We want to let them know that we care about them and are here to bring hope to them! As we fold the origami heart, we feel in our hearts the importance of our work and how we can impact others," added Lee, about her participation in doTERRA Singapore's Healing Hands initiative.



dõTERRA Singapore Blue Diamond Wellness Advocate: Lee Seang Looi

"The synergistic combination of citrus, floral, spice and wood oils from Bergamot, Ylang Ylang, and Frankincense makes an incredibly powerful blend to evoke, inspire and encourage people to think positively and envision a brighter and happier future," said Elizabeth Ho, Author, Essential Oil Therapist and Coach, and Singapore Blue Diamond Wellness Advocate.

To raise awareness about dōTERRA Singapore's Healing Hands initiative, Ho and her team organized a charity baking event named Rose Mama Cream Puffs to encourage people to bake with us or watch us bake online, with a requirement to purchase a minimum of three bottles of dōTERRA Hope® Touch to join the event.

The donation drive for Star Shelter by doTERRA Healing Hands is still ongoing and we hope more will join us to spread awareness about domestic violence and aid the victims. Take action and continue to pledge your support with us.





\*Images and name have been altered and the location of the shelter cannot be publicized to protect the identity of the victims in the shelter.

## EngageInGood 2.0 & The Fight Against Human Trafficking

### dōTERRA Malaysia

Human slavery is not a thing of the past. In our modern world, many women, children and men are victims of human trafficking; living in fear of violence and often in inhumane conditions. This form of modern slavery is defined as recruitment, harbouring, transportation, provision, or obtaining persons for labor or services through the use of force, fraud or coercion.

There are two main categories of human trafficking – labor trafficking and sex trafficking. Forced labor saves costs while sexual exploitation generates profits.

A Worldwide Problem: Approximately **40.3 million people\*** are enslaved globally.

According to the International Labor Organization (ILO) report in 2017, an estimated of:

- 64% of human trafficking victims are exploited for labor;
- 19% are sexually exploited;
- 17% are exploited for state-forced labor.





"

### We are dedicated to fight against human trafficking

dōTERRA Malaysia has been supporting various NGOs like Tenaganita to fight against human trafficking in Malaysia for the past two years. We have donated a total of RM 120,000 to help the 96 adults and one child that were rescued and kept safe at the shelters.

### How can we do our part?

Here at dōTERRA Healing Hands Foundation, we are dedicated to fight against human trafficking. We are using a multi-faceted approach known as the dōTERRA Healing Hands HOPE model; **Prevent. Rescue.** Aftercare.

In Malaysia, with the data collected from the Trafficking in Persons Report dated June 2021, the government identified and confirmed 119 trafficking victims among 487 potential victims. Of the confirmed victims, 72 were women and 47 were men and children. These cases are just the tip of the iceberg, there are many more unreported cases.

One and a half year into the pandemic, we are now hearing more stories of families struggling to make ends meet and not having sufficient food supplies.

Collaborating with Hope Selangor for the dōTERRA EngageInGood 2.0, we target to reach out to over 625 families in Selangor with the donation of RM 50,000. The aid goes to the underprivileged communities like B40 and M40, especially those who are quarantined at home. We provide essential items like cooked meals, medicines and supplements, hygiene kits, Covid self-test kits and portable oxygen cylinders. We aim to make a real difference in the society in these hard times.

In the coming Post Convention, we are partnering with another NGO, Global Shepherds to support their recovery and outreach programmes. Global Shepherds' mission is to provide care, welfare and all forms of intervention to those in poverty, victims of gender-based violence, abuse, neglect and exploitation – mainly focusing on women and children who are trafficked, forced into migration, refugees and asylum seekers. They have shelters and outreach programmes that include case management, counselling, raising awareness and other forms of interventions.



# Join the fight with us **TODAY!**

## A New Home Manila, Philippines

### dōTERRA Philippines



For the abandoned, orphaned or otherwise vulnerable, the Village of Hope in Morong, Rizal is a refuge where children and young people can find a new home in a loving, safe and healthy environment. Here, they are nurtured and cared for and their lives are rebuilt. This orphanage from Vision Help International Care Foundation is truly a heaven on earth for these children. They are loved, get to eat regularly and go to school.



Through "The Match Program" of dōTERRA Healing Hands, we were able to build a new home for up to 20 orphans from the streets and slums of Manila. In total, Village of Hope wants to increase its capacity so it can care for at least 120 children in total. These children will grow up as healthy adults and make a big impact in their surroundings in the future.





28

## Thailand Healing Hands Local Initiative

### doTERRA Thailand

### The mission of Healing Hands is to empower people worldwide to make positive and sustainable change.

As dōTERRA is now officially operating in Thailand, one of the key focusses is to continue the dōTERRA culture of supporting people in their communities to lead to a better life. We established local initiatives and have acted since the first day of dōTERRA Thailand opening. The Healing Hands Foundation and the dōTERRA Thailand team has worked with local foundations to support the community.

One of the areas that Healing Hands is focusing on is to improve the general health of the community, recently doTERRA Healing Hands Foundation donated 36,200 USD to Children's Hospital Foundation based in Thailand. Children's Hospital was established since 1954 and is still the only children's public hospital in Thailand. The hospital needed many resources, especially medical equipment.



Our generous contribution will allow the hospital to provide more medical equipment including Transport Ventilators, Transport Monitors, Holter Monitors, and PAPRs for doctors and the medic team.



With **doTERRA Support**, it allows hospital to accommodate more serious cases especially patients in ICUs and in Operation room, also PAPR will help to protect medical teams to deal with the cases during pandemic safely.



### **Dr. Panthip Patrakunwiwat,** Pediatric Cardiologist at Children Hospital

The support from Healing Hands demonstrated that dōTERRA will never stop to hold hands with others in need, even on the other side of the world. On behalf of the hospital, we thank you for your generosity. Our team remain committed to making our best effort to help the most.



## Frankincense

### A Co-Impact Sourcing Story

### Somaliland

doTERRA's Boswellia carterii and Boswellia frereana resins come from the Cal Madow Mountain range of the self-declared state of Somaliland. primarily concentrated in the Sanaag Region. Approximately one-third of the national population lives in this region, and Frankincense harvesting is the main source of employment. The trees are passed down for generations through lineage and tribal rights. doTERRA has trained and prepared a local team to begin addressing problems facing the Frankincense trees. The team has been collecting initial quantitative forest density and tree health data in Somaliland.

Through doTERRA's Co-Impact Sourcing® initiative, doTERRA strives to meet the needs of individuals working in the Frankincense supply chain.

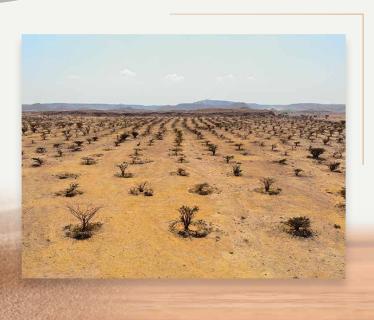
For example, doTERRA has contributed to the construction of warehouses built throughout the mountains where resins are collected. These warehouses function as a cooperative, organizing harvesters, sorters and shopkeepers into a network, helping to ensure that as much value-addition as possible is able to happen in the rural harvesting areas. Through this network, doTERRA is also able to provide harvesters with fair wages and on-time payments, including food and cash prepayments spread throughout the year. By working closer to the source with those who harvest, collect and sort our Frankincense resins, as opposed to working through multiple layers of middlemen as typically/historically done in the industry, dōTERRA is able to provide a more stable and reliable income, fairness, employment, and security for those who are participating in these supply chains with us.

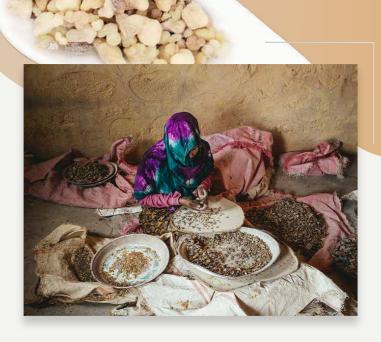


In addition to the thousands of jobs supported through Frankincense harvesting activities, dōTERRA helps to implement social impact projects to improve basic quality of life and livelihoods in harvesting areas, as well as provide schools and other life skills training with the support of the dōTERRA Healing Hands Foundation.

The doTERRA Healing Hands Foundation (HHF) has assisted the efforts of leaders from multiple clans and patrilineal groups from Uurwayne, Somaliland, who united with the goal to provide education for their children. HHF donated funds towards the construction of a school for boys and girls, ages seven through 12, with classes for older children in the evening. An additional four-classroom school was built to help 100 more students from other areas have access to education.

A severe drought in 2017 left more than six million Somalians—half the country's population— devastated due to dying livestock and failing crops. dōTERRA promptly responded to the crisis by donating over \$1.5 million in emergency drought relief funds to support 4,000 families in 32 of the most severely impacted villages. Furthermore, two schools that dōTERRA Healing Hands Foundation had previously built served as drought relief centers for these communities during the crisis.





The doTERRA Healing Hands Foundation and its local partners have recently committed more than \$4 million to establish the Sanaag Speciality Hospital, a non-profit regional hospital located in Erigavo, and other education and humanitarian initiatives. This was in response to the critical health care needs in Sanaag, Somaliland's primary Frankincense harvesting region. The first phase of the hospital, a 45-bed facility, is scheduled to open in early 2020. It will include Accident & Emergency, OPD, Diagnostics, Maternity and Pediatric Departments. Given access to professional healthcare is not available in this area, many locals are forced to travel far distances or forgo medical help all together. This Hospital will be the first functioning health care provider of its kind, providing access to life-saving services to tens of thousands of people living and working in the heart of Somaliland's resin harvesting area.

döTERRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021

## **Sprint Club**



Diamond and Silver Clubs are effective crucibles of personal and business growth in every doTERRA market. As we develop our leadership base in the Philippines, we have adapted to meet the needs of our market to create a variation of the Silver Club, we call Sprint Club.

The Sprint Club is an initiative designed for the Philippines market to help stabilize a Sprinter's organization, rank advance, increase skills and leadership qualities, and build teamwork, trust and confidence in their organization. Our first Sprint Club in September to November last year was a learning experience for both leaders and our staff. It has produced results and our leaders are as capable and committed as ever.

### **CONGRATULATIONS** to Our Sprint Club 2021 Finishers! (March to May)

Aileen Cayco Bonifacio	Danielle Villostas	Noelle Angelica Polack
Alma Pineda	Esperanza Pasigan	Olivia Medina
Althea Siasico	Khrisella Paat-Velasquez	Paulette Joy Go
Anne Geleen Valdeztamon	Liza Floresca	Pevi Dela Cruz
Antoinette Bolanos	Maria Leilani Pampolina	Queenie Rosales
Arianne Dizon	Marichel Navarro	Regie Mendoza
Bethany Marie Bunag	Mary Joan Landicho	Vicky Chang

SPRINT CLUB

SPRINT CLUB SI

SPRINT CLUB SF

SPRINT CLUB

SPRINT CLUB

SPRINT CLUB

Success isn't measured by how much money you make but rather by how many lives you impact.

- Emily Wright





### THERAPYWORKS1DERS



Gwen Beatrice Teo



### Graduate

Amanda Quah Irene Leong

Quinnie Chan

Lynnette Tay Shelly Tan

Mandy Loh

DIAMOND CLUB Malaysia 2021



DIAMOND CLUB MALAYSIA 202



Lee Gen Jie

**Choo Siew Kim** 

Tan Ken Ten



### Graduates

Anita Lam Fong Mei **Caroline Yeoh Win Nee** Catherine Kong Yii Sing Chai Pei Fen **Chew Chin Chian** Chia Pei Woon Chiew Geok Ming **Choo Siew Kim** Chu Pei Fun Evon Lim Xin Yi Foong Jia Li Gee Wan Yin Kavitha A/P Kolandaveloo Kong Jia Wei Law Bee Hua Lee Gen Jie **Grace Phoon** Lee Then Poo Lim Chin Yin

Lim Ee Ying Lim Pei Yin Lim Wan Whee Ling Kuok Eng Ling Xi Yuin Loh Wan Qi Law Yee Ling Muya Flora Wellness Nai Eng Choo Ng Kim Yean Ng Siah Fum Ng Soh Ling Noor Hayati Binti Hamdani Nora Teu Pui Yee **Ong Ho Sin** Ooi Wei Ni Phang Hoi Ling **Regina Wong He Wey** Song Swee Kuan

Soo Eng Leong Soo Yoke Hui Tan Ken Ten Tan King Hong **Tan Ming Ming** Tan Sum Moy Tan Yee Chun Tan Yoke Tuan Tang Pei Lei **Tang Yah Chee Teoh Yee Choong Ting Geik Poh Tiong Sing Yee Tiong Yee Hoon** Wong Kah Pui Wong Leh Keong

"Alone we do so little, together we can do so much." - Helen Keller

\*Kindly note that the names in the list are arranged in an alphabetical order, it does not hold any significant meaning whatsoever.

# STURY I INSPIRED STORY I IN starts with opportunity and readiness"

### Phartchai Rueansit Diamond, Thailand

I started a business with doTERRA a year ago. Amid the spread of the COVID-19, a virus that the world was facing, it was considered the second wave of the epidemic in Thailand. Later there was a lockdown. However, at the same time, there was a great opportunity coming into life. That is a business called doTERRA. Many questions arose in my head. Should I start studying business with doTERRA I? Or will I wait for the situation to get better and then start later? At that time, the business doTERRA had not yet been officially opened in Thailand. Therefore, I had to join the business through the GAC member. Also, there would be other problems arise, such as long waiting times, shipping costs, or delivery management to the team. For myself, I believe that "success" always comes with the word opportunity and readiness. I decided to join the business after almost 2 weeks of studying business information. Thank you, Danu, my Diamond Upline, 1 drop of Peppermint that day made a new diamond today.

In every crisis, there is always an opportunity. It's up to us to see or not and how we think. I personally see an opportunity in helping people both in terms of health and business opportunities, especially the early era in Thailand. I decided to study the use of Essential Oils and business seriously. If we are ready to take the opportunity, ready to learn, ready to act, ready to grow with doTERRA, success will surely happen. The past 1 year of work has been filled with many challenges. There was a lockdown. I couldn't easily meet prospects and downlines. However, we also used every possible avenue to work with our team. We modified our work into an online platform more and also communicated closely with the team on a regular basis.

In the end, every crisis offers an opportunity to arise. It is up to us whether we are ready to take that opportunity or not. Also, this is a great opportunity to change the lives of people all over the world. Thank you for giving me the opportunity. Thank you doTERRA.

New Diamond: Queenie Rosales

37

Queenie Rosales thinks that dōTERRA is on to something when it calls recruits with leadership potential as "builders." In her 2 years with the company, she has learned that when you build on your people's strengths — while striving to work on their weaknesses — you also grow not just your business, but also your capability as a leader.

One of her most important realizations that she had is that doTERRA is a business. True, the structure is unlike a corporate setting, and every member is independently achieving (or not!) their own goals. Queenie could have just kept on pushing for her own sales without minding her downlines or ignoring what her uplines always encourage her to become. What she has been doing instead is to align her values with doTERRA's culture of

## Giving the best, helping the most, and leaving nobody behind.

It hasn't been easy, however. It's always easier to give up in the face of rejections, but she believes that for every person who says "no," five others will say "yes" after they've tried the product. That's how strong Queenie's belief is in dōTERRA, which makes her motivated to share the product even more.

The next question has been how to duplicate – even triplicate – her own success. Here, the challenges have been aplenty. Part of the birthing pains of being a leader was striking a balance between being too kind and being too strict. At first, she was too attached to her downlines, bending over backwards to support them, doing everything for them, and even financially lending a hand. She says, "I was the employee of my downlines!" They became too dependent, never learning on their own, taking advantage of her generosity and energy. The relationships became strained, and the business future looked bleak in contrast to its bright start.



#### Queenie Rosales Diamond, Philippines

But she forged on and hastened her learning curve. "I felt that I had an obligation to make them succeed, since I invited them," she emphasizes. Leveling up with a leadership mindset, she focused on *empowering her builder*s instead of coddling them, but she coupled it with caring support.

From brainstorming with her builders, doing joint work during demo sessions, teaching them about the back office procedures, giving advice on formulating strategies, helping organize their activities so that they can rank up and get additional bonuses, to being available for their queries, Queenie used all these tactics to build among her downlines a culture of looking at challenges as a way to improve oneself, as well as having cooperative support while staying competitive in the field.

And the business she has been building for herself? It has grown to much more than a source of living. It has become a way to *making a true difference in people's lives*.

Ratchadawan & Pornpavit Wongprasert Diamond, Thailand

## doterra Opportunity for everyone

Hello fellow doTERRA brothers and sisters. I had opportunity to experience doTERRA products years ago and I love it because it is so potent. I was thinking to myself that the product was somehow special and remarkable. After that, I started to learn about business opportunity and doTERRA is a business that everyone can do. I took me about a year to learn about doTERRA's business model. Some people may wonder why it took me so long to choose a company to work with as I have experience in network business for 24 years. What I have learned allows me to have experiences which are useful for finding a good company that will provide me with passive income. The one which would be advantageous to my future offspring while it must be good enough for me to share with my friends. This is really important as bad decisions can affect others as well. Thus, it took me a long time to choose a company to work with.

Today, I am fully engaged in the dōTERRA business with dōTERRA. I felt very happy and warm whenever I entered the company. There are many things that have changed. dōTERRA colleagues are all very welcoming and nice. The staff is also willing to offer support and cooperate well with me. I want to tell you the reasons why I chose to join with dōTERRA, it is because the business model is indeed the ideal business during the period of pandemic. For dōTERRA, it is a business that offers freedom in terms of time and possible financial opportunity to us. In addition to that, we can work anywhere. There is a lifestyle that we can choose as well as doing what we want to do.

Finally, I chose doTERRA because I want to share opportunities with my loved ones and I believe that doTERRA provide positive impact to me, my family, and everyone.

Recognitio

39



## **Double Blue Diamonds**



döTERRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021

## **Presidential Diamond**





Annda Lee



Henry Fong



Joshua Ang Dun Xin



Lam Yee Mun & Stanley Ho



Lim Mian Foo



41

Pauline Tey



Winny Yeoh

## **Blue Diamond**





Bryan Chew



Chok Sin Ee



Chua Hong Leong & Law Shu Li



Dr. Tan Kui Chin



Elizabeth Ho



Forest Chew & Steven Teh







Jenies Seow Bee Ean



Katherine Yu Hui Khim



Ko Den Hong



Kweenie Ooi



Lee Hui Ling & Ng Say Leong



Lee Seang Looi



Lee Shiao Tao



Lee Sze Lin



Lim Bee Yong



Max Lee



Patricia Yeo



Steven Ooi & Ho Mei Li



Sunny Wong Bee Kim



Tan Yoke Mui



Thitiporn Phoemthaweesuk



Ting See Ling



Vanni Ling Kuok Ee



## Diamond



Adam One Family



Alan Tay & Coei Choo



Andrea Chin



Candy Ong Chiu Hwo



Candy See Cul Wei



Caroline Huynh



Charlene Lu



Chia Pei Shan



Cynthia Woon



Deborah Wong & Fabian Tan



Dennis Koh



Dennis Tan



Ding Wei Teng



Dussadee Puengpreeda



Eva Teoh Li Feng



Evon Lim Xin Yi



Fanny Chu Pei Fen



Fanny Tan



Fion Loo Zhi Qing



Foo Siew Ping



Foong Jia Li



lvy Loh



James Neo



Janice Choo



Janice Goh



Jeniifer Chong



Jenny Wai



Jimmy Foo



Jocelyn Teh



Jyn Loi Li Chin



Karen Chang



Kong Jia Ling



Kong Jia Wei



Lau C Hun



Lee Eng Kiat



Ling Xi Yuin



Liron Hee



Liu Wenhui



Lomax Ang



Michelle Yong



Molly Kong



Ncsanda Wong & Derek Phang



Nicole Tay



Pang Yew Lee



Paulette Joy Go



Paweena Tangchawalit



Pearly Wong Kah Pui



Phartchai Rueansit



Piteulia Foo



**Queenie Rosales** 



Rassaporn Yanaprawalapat



Ratchadawan & Pornpavit Wongprasert



**Raymond Pan** 



Rosy Tang



Samantha Loh



Sandra Lee



Sri Mulyadi & Paul Filmer



Tan Jen Lee



**Tiong Sing Yee** 



Vecus & Vivian



Wilfred Loh





Albert Au



Andus Low



Ang Yean Khim



Angelina



Angie Ong



Apple Yong



Cannan



**Catherine Kong** 



Chai Bao Yi



Chai Kee Mian



**Charly Zhang** 



**Chiew Geok Ping** 



Choo Siew Kim



Christina Gun



Chua Kwee Lee



Chuah Ah Teen



Chuah Sai Peoh



Edmund Yap Hon Mun



Elaine Lim Ching Yi





Grace Phoon



Irene Ngiam



Jacki Lim



James Wong Yi Xiu





Jovin Tan



Kong Hung Pui



Lau Pei Chin



Lee Chooi Lim



Lee Gen Jie



Lee Sai Guat



Ling Kok Siew



Ling Kuok Eng



Loh Wan Qi



Louisa Gomulya







Ninart Kasensai



Nora Teu Pui Yee



Nuthika Chongsawad



Clarie Ong Ho Sin



Ong Poh Chin



Pongtanit Thanasinwanishkul



Tan Ken Ten

#### PLATINUM (WITHOUT PICTURE)

Chan Chee Weng Chew Pek Yee Hoe Chi Hwei Jeremy Ang





**Tiong Yee Hoon** 

Law Kung Pui

Lee Qiau Rou

Liew Chan Yin

Liew June Hong





Soong Suk Pui



Sophie Soo



Wong Wai Kuan



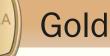






Yong Fook Leong







Abby Boo



Adeline Wong

Alecia Foo



Alex Low Choong Meng







Amanda Quah

Anita Lam

Fong Mei



Ang Choon Cheak

Ann Loy



Ang Chun Liew



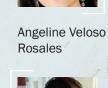
Arena Wan



Angeline Nai Eng Choo



Callie Ng





Carmen Tan







Chia Pei Woon



Chea Yuan Miin

Chiah Seng



Chem Wei Kek

Chidchanok Chaowanapong



**Chew Chin Chian** 

Chin Siew Teen



Chew Koi See

Chin Soon Khoon



Cherry Lim

Chong Pui Sun



**Chong Seow Yin** 



Choo Chin Mun



Chow Ai Lean



Christie Tang



**Christine Chua** Min Hui







Chu Wen Jye

döTERRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021



Claire Lau











**Caroline Yeoh** 



Chutima Sutaveesub



Elaine Law Yee Ling



Gan Choon Lian



Elaine Phua



Gee Wan Yin



Daphne Tan Seu Lee



Elles Lim Hui Ling

Goh Suan Chin

Ho Jeng Jeng



Nien Sunn



Fion Tan Yoke Tuan



Grace Chiew & Vicky Kong



Ike Yuanita



**Derrick Koid** Wah Seong



Fraeda Seow



Doo Zhi Xuan



Gan Bee Bee



Grynn Chang



**Gwen Beatrice** Teo



Jacy Lim



Jenny Loo Lay Yeo



Kathryn Wong



H'ng Kwang Khai



Jessica Mok

Kathy Seo

Mei Lu





**Jisapat** Siriwattanawong



Kavitha Kolandaveloo



Jasmine Tay



Joyce Law



Kennie Loke

Grace Ng Chee Wei



Irene Leong



Jayne Hee



June Sim



Kesorn Chamswat







Jacob Loh



Jenny Liew



Kang Wai Thing



Kong Chew Ngok



Kong Yuet Mei



Lee Seow Yun



Liew Pooi Wen



Lily Aw



Lee Chan Yuen & Yap Li Teng

Lee Siew Bee



Lee Eai Luan



Lee Lai Peng



Lee Sai Guat



Kuak Moy Chin

Lee Shi Wen & Chang Chay Hong



Lily Cheng



Lily Tieng Li Li





Liaw Chieh Yun

Lim Chin Yin



Lim Ean Ni



ounde PH

Marry Joan

Ng Kim Yean

Landicho



Lim Mei Xain



Lim Wan Whee







Loo Yen Ching



Manson Soo

MelMel Hui

Ng Siew Len



Low Chai Eng

**Michael Tay** 

Ng Soh Ling





Methabutsayathon



Ngo Siow Tong





Marcus Yeo

Ng Choon Choon



Nurul Yaqin Binti Bahrum Azhar





























döTERRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021



















Lee Wei Mee

Lim Bee Ha

















Ong Ying Soo



Pimsorn Mongkolapiboon



Puan Sri **Ginney Chew** 



Ooi Lee Yin



Priscilla Goh



Pang Ann Sia



Puangpet Thammasorn



Saffron Ng Siah Fum



Papassorn Soun-oon



Pung Hoi Hong



Pauline Yeo & Vincent Kang



Rachel Lim Rui Qi



Raymond & Shen Cayanan



**Regie Pastera** Mendoza



**Rosalind Lim** 





Sasinat Chittasirinuwat





Shelly Tan

Somthawin

Sa-nguansap



Sheum Choy Kuan

Song Swee Kuan



Shirley Kong Kei Ying & Tang Tung Hock



Stephanie Yi



Simon Lew

Yonpramotsakul













Tan Theam Chun



Tan Chew Mooi

Tan Theng Han

Tan Chia Sing

Tan Yam Chuan

Tan Yee Chun



Tang Siew Kiong Tanya Lai

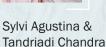
Seaan Yew



Siripat Phoemthaweesuk



Sirikorn Sukasem









Tan Sheau Ling









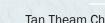


Tan Siew Ley

Tan Suan Bee



Tan Boon Li









Tapalin Charoensook



Teoh Qi Yi



Tay Siew Bee



Tee Ai See



Thananrada Thananart



Thanyarat & Thinawat Kawinphatthanaphonkun



Thwicha Surattichaiyakul



**Ting Sie Hung** 



Vicky Tan



Vince Lean



Vorko Patrayanan





Waranpat Phumpurin



Wendy Lee



Wendy Ooi



Wiyada Mahachavaroj



Wong Hooi Mun



Yasuko & Takamori Uetsuhara



Yeannie Ng



Wong Lay Hua



Wong Si Chin



Wong Siong Bing



Yap Wan Chien







Wong Kah Why



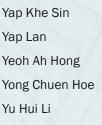
Yit Li Ling

#### **GOLD (WITHOUT PICTURE)**

**Bob Tang Brandon Chew** Cheang Pooi San Chieh Yun Liaw Chin Kok Feng **Chong Yan Chwee** Kenny Chong Kong Siew Ken Lai Kok Yong Lee Boon Kiat Lee Yoon Foon Leong Xiu Quan Lew Yoke Min

Liew Choi Har Lim Bee Ling Ling Kwang Yieu Ling Xi Gene Low Chai Eng Ma Chee Kheun Mah Su Yin & Wilfred Liow Lye Jue New Chee Tiang Ng Li Chuan Ong Yin Tak Precision Sales & Marketing Pung Hoi Hong Seow Jung Kun

So Lee Lee Syenly Laurentia Lugiman Tan Ah Boo Tan Eng Hock Tan Lee Eng Tay Siok Keow Teo Joon Far Teoh Ean Kheng THERAPYWORKS1DERS **Ting Ley Yin** Wong Kee Eng Wong Mew Teng Yan Chwee Chong



### Silver



Abdullah Busera Adam Mun Yu Wan Adiba Barokah Adinoto Irza Martini Agnes Khew Alice Au Steenson Allyssa Yap An Bin Dai Andika Andika Andrew Wong Ang Che Ling Ang Le Ping Ang Pet Mui Ang Ting Ni Melany Ang Wee Lin Ang Wee Ming Aszarina Busu Leman Audry Ancilla Aw Yan Tsuey Aylyn Pon & **Christopher Chiew Beatrice Chong Jia Chien** Beauty Salon Centre, Scental Belinda Ting Shen Ying Bernice Chan Wai Yan Bong Kui Kim Bong Woon Lan **Boonlhong Intaja Brenda Yong** Caterina Yap Lee Peng Chai Pei Fen **Chan Ching Phing** Chan Man Lay Kristy Chan Quinnie Chan Yeat Shim & Hoi Kong Chan Chan Yuen Lee Chang Chit Ann

Chang Sow Kham Charmaine Leong Cheah Pui Leng Chee Bryce Chee Kean Wong Chee Kiew Chong Chem Wei Keong Chen Wei Chyong Chen Ya Wen Chen Teik Yung Cheng Han Wong Cheng Johnathan Cheng Mee Leng Cheng See Tan Cheng Shee Min Cheong Jun Li Cheong Su Chen Cherng Ching Frederick Foo Chew Chiou Er Chew Kell **Chew Peng Hock** Chew Weng Chuang **Chew Yean Leong** Chia Aik Noi Joyce Chia Lih Chow Chia Miao Zi Chia Nyok You Chia Sin Ling Chia Yee Ang **Chiew Geok Siew** Chin Choo Ngo Chin Chui Ling Chin Foong Ling Chin Wen Qing Chin YW Chng Angie

Chompunuth Somluechachai **Chong Fang Keat** Chong Jun Woei Chong Lee Theng Chong Mi Mi Choo Mui Fung Choo Sang Choo Seow Mei Choo Siew Hui Choo Yee Ling Choon Voon Chong Choong Mei Huang **Choong Teoh Yee** Chow Kien Foong Christiana Sri Efie Christianawati Beatrice Christina Lau Hie Hee **Christine Soong** Chua Bee Ai Chua Phaik Heong Chuah Mooi Suan Chuah Siew Kee Chuah Siok Koon Chuah Yew Hong Chung Li Yee Chung Yee Thin Chutinan Achawakorn Chye Lian Hwa Coreen Keh Cunmin Lee Dancy Loh Daniel Ong Zhen Cheng Danielle Rose Villostas Darmadji Noviana Darren Quah Hong Wan **Denise Villostas** 

**Desmond Cheong** Devi A/L Karuppiah **Ding Juen Siong Ding Juen Yong** Doo Zhi Xuan **Dudy Dudy** Ee See Teng Eng Hwa Jessica Lim Eng Sim Bee @ Ng Siew Bee Eng Zee Yng Eoh Chin Ling ET Global Network Pte Ltd Eu Chong Aik Eve Lim Hui Wen Eyo Pei Ling Fam Sze Sieng Fan Hoo Chang Fion Yap Li Ting **Florique Essentials Wellness** Foo Jee Pei Foo Mei Shan Foo Patrick Foong Jia Sheng Freddy Boon Frederica Lumpin Fu Yongzhen **Ginny Phang** Go Chia Ching Goh Sin Lian Amanda Guay Shiau Wei **Gunawan** Catherine Ham Kow Lan Hariyono Adelia Hazel Cheong **Healy Michael** Hee HY Heng Kim Huan

Heng Yoke Wei Hew Siew Phin Hii Lee Kiong Hii Siik King Hii Wee Ning Ho Kuok How Ho Siew Chin Ho Soo Yin Hoh Luan Hong Hooi Ling Chiew Huang King Huai Huang Mei Ting Hui Sim Koh Huong Mee Sin In Yung Phang Irene Ngiam Ismail Zakaria Ittidej Krutrabiab Jackson Ting Lik Hua Jaime Shun James Lim Jannicar Nayve Jasmine Aliya Ho Jee Chee Siong Jeff Hintze Jeremy Quah Jessica Quek Jimmy Aman Jintana Tangchavalit Jitchada Nonthasorn Joanne Chui Sen Khaw Jompoj Hongvilas Jongruk Pakinsee Josephine Ang Dun Ai Joyce Ang Dun Le Jurena Goh Kang Keat Seang Karen Kho Chui Khim Karen See Kasinee Kasemsai Kathleen Seng Kathy Seo

Kau Hue Peng Kea Wai Fui @ Yap Wai Fui Kee Soo Li Keh Bee Lan Kelly Lim Lew Cheen Kevin Mok You Jie Khaw Shuenn Cheng Khaw Siok Han Kh'Ng Weng Shan Khoo Cheng Hooi & Yuen Tatt Khoo Miaw Ru Khoo Serene Khoo Zhong Seng Khor Sook Fern Khor Sze Ping **Kiew Boon Ken** Kik Siew Lee Kit Kwee Lam Koay Bee Hoon Koay Leng Leng Koay Wen Jian Koh Chee Hao Koh Ooi Bing Koh Siew Hung Kok Siau Yien Kong Fui Chau Kong Hie Eng Kong Jia Xin Kong Kok Ken Kornchanok Siriratana Krissana Chimpinit Kritradatun Macharoen Ku Meh Heong Ku Wai See Kwang Khai H'ng Kwintratm Rattanphumiraitibadee La Linda Yong Lay See Lai Wei Jun Lai Yee Ng Lam Bee Mau Lam Siew Jiang

Lam Siew Wee Lau Chiew Seng Lau Hee Phay Lau Mee Yean Law Sui Hiang Law Yih Bing Lay Im Tan Lee Ah Hatt Lee Ah Lan Lee Ah Moi Lee Boon Chye Lee Chien Un Lee Chor Yoke Lee Hoi Suan Lee Hui Thing Lee Hui Yee Lee Khia Kiat Lee Kit Yeng Lee Li Teng Lee Ling Jie Lee Mei Yeo Lee Nyah Chan Lee Qiau Ying Lee See Hooi Lee Shwu Fei Lee Siau Hui Lee Sing Kwong Lee Siow Hoon Lee Wai Lee Wai Leng Lee Yan Ru Lee Yong King Lee Yuen Leng Lee Yuet Phin Lee Yuk Yee Teresa Lee Zi Thung Lei Fei Fei Lei Hong Ping Leng Lai Kuan Leo Hui Shyan Leong Fu De Leong Oi Leng

Leong Pooi Wan Leong Shuh Chen Leonora Leonora Leow Yih Yin Lew Shin Yee Liau Yong Jian Lie Pik Tho Liew Choi Lien Liew Kwai Choong Liew Mei Yuen Liew Syueh Ling Liew Yuk Fei Light Wong Lim Ai Seuw Lim Bean Huey Lim Belinda Lim Chai See Lim Cheng Siong Lim Choon Seng Lim Chwee Chwee Lim Ee Ying Lim Kian Min Lim Kim Lian Lim Lai Geok Lim Lay Nyen Lim Say Bin Lim Shiow Lee Lim Wei Chiang Lim Wei Teng Lim Yee Qun Lim Yin Sien Lim Yong Sheng Lin Kah Huay Linda Kong Siu Lai Linda Law Mei Ling Ling Kuok Lee Ling Pik Hong Ling Shin Yee Ling Siew Yeh Loh King Chung Loh May Yeng Loh Seow Huan

57

Loi Li Joo Loke Yen Loo Soo Fung Loo Yeng Hiong Lorraine Khoo Bee Kim Louis Tan Eng Hao Low Ai Nee Low Chien Keem Low Chien Tat Low Ching Tiam Low Eng Suang Low Ern Yee Low Kah Heng Low Qian Zhi Low Rose Lu Ling Yien Lua Ai Siew Lue Sin Kang Lynn SD Ma. Loreto Bermejo Mah Guo Dong Maria Leilani Pampolina Marilou Gonda Mei Chuen Hoo Michelle Keok Hui Teh Monnapat Mallikamas Moo Chew Yean Napassorn Junpanichravee Napat Amornpimon Napat Kamnoedlom Nar Justina Nattavee Anuchot Natthanon Lerkkumsup Neo Beng Hock Neo Ling Ling Neo Sui Ping Jane Ng Chee Sin Ng Chin Nam Ng Ching Seng Ng Dorothy Ng Foong Luan Ng Hui Lee

Ng Khai Li Ng Kim Swee Ng Kiok Hiong Ng Lee Siam Ng Nei Nei Ng Pik Fen Ng Poh Gaik Ng Siew Len Ng Sock Wen Ng Yeek Huei Ngo Kuan Ming Nidvadee Pongsirithanakul Noor Hayati Binti Hamdani Oh Yew Lin @ Ooi Yew Lin **Oi Ching Pei** Ong Chai Hoon Ong Ho Inn **Ong Jenny Ong Kean Peng** Ong Mei Ching Ong San San Ong Seok Chin **Ong Sine Hock** Ong Way Huey **Ong Yoke Meng** Ong Lee Lee Ooi Kok Low **Oon Kim Hoe** Pakwalun Angkasekvilai Pang Ai Jia Pang Hok @ Pang Hoe Hwa Pang Kee Beng Pang See May Pang Yew Wan Panicha Suesattabongkot Parinda Wattanasuthipong Patiparn Nangam Pattanan Homboonyasak **Pauline Chen** Pauline Foo Fong Ting Paveenrat Wongprasert Peh Ying Ying

Peiny Chia Petchada Thinkarn Pevi Dela Cruz Phaik Hoon Lim Phang De Ren Phang Hoi Ling Phang Wei Ping Phey Phey Chai Phoebe Ting Fu Ning Poh Hock Aun Poh Poh Phua Poh Soo Mei Pratadaja Susanti Preeya Chainiyom Premyuda Luangjai Presillyn Tan Jie Yin Prime Steel Resources Punyanun Lerthiransahakij **Quah Siew Ling** Quek Hang Tian Steven Rassamee Pengwong Regina Wong He Wey **Riana Xaverius** Ronald Lim Zhi Hao Ronnachai Dachtuyawat Rosalind Tan Li Leng Roselyn Yong Chih Hui Rungnapa Putivanich Sai Yunyun Saigal Pemla Sammie Ho Sandra Ting Wei Wen Sao Sang Yin Saovalux Sinlua Sasiang Dahlia Surapati Seaan Yew Seah Peck Boon Samantha Seneviratne Paul Navaratna Seoh Meng Hong Seok Lan Ng Sha Ing Ting Shi Fung Tan

#### Shim Hooi Wen SHIRLEY WONG Shu Keng Tan & Chin Aik Ch'ng Sia Lee Lee Siau Shiang Yeap Sienna Lim Siew Kian Lim Siew Lee Siam Siew Wan Tan Sim Yi Jin Sin Jit How Sinnasamy Vasudra Davi Siok Hua Ding Sirirath Panitchayarom So Siew Hing So Wan Nee Soo Eng Leong Soo Kiau Hwa @ Soo Chai Pun Soo Yoke hui Soong Suk Men Soong Suk Ping Sopon Laichuthai Stephanie Lim Suan Teck Ching @ Chuan Teck Ching Suan Teck Yi Suni Wijaya Supaporn Khetsopa Supattra Suathim Susantio Astrid Susie Lau Su Su Sutanto Daryanti Swee Hong Wee Sylvia Hakiki Tai Shyan Chen Tam Sek Lin Tan Ai Chieh Tan Ai Chin Tan Alan Tan Bee Bee Tan Bee Hong

Yeoh Zhong Meng

59

Tan Cha Boo @ Tan Lee Kheng Tan Choo Boey Tan Choong Heng Tan Gaik Ying Tan Harn Yee Tan Hung Hoon Tan Jiann Lin Tan King Hong Tan Kok Tiong Tan Lee Pheng Tan Looi Hong Tan Michelle Tan Ming Ming Tan Moey Lin Tan Pek Yun Tan Poh Ling Tan Qi Han Tan Shi-Kwan Tan Shu An Tan Sin Moon Tan Tian Chee Tan Tian Hong Alvin Tan Wan Ting Tan Zi Ling Tanawan Tanakkasaeranee Tang Chooi Yen Tang Huey Jin Tang Lok Lee Michael Tang Ming Luan Tang Pei Lei Tang Sew Ling Tang Yah Chee **Taspol Ponpisit** Tatchai Chailapsiri Tay Bee Lai Tay Kwee Lian **Tay Shirley** Teay Rui Feng & Chin Su Ching Tee Bee Ling Tee Swee Ying Tee Yee Woan

Teh Hui Xing **Teo Francis** Teo Hee Kee Teo Siao Yien **Teoh Gaik Pheng** Teoh Hou Shen Teoh Kim Hee Teoh Qi Yi Ter Teng Teng Teresa Boo Sheue Ai Thalawathugodha Nikko Thamie Lau Ping Thamon-An Thanarueansit Thanaporn Pongsutham The Loe Chi Th'Ng Chiew Gan **Tiang Sii Huat Tieng Mee Hah** Tiew Lan Sei **Ting Chai Tink Ting Geik Poh** Ting Ley Yin **Ting Siew Chin Tiong Tina Tiong Yee Chee Tnew Poh Yuin** Toh Li Ping Teelia Toh Tai Keun **Tong Jhong Jing** Toper Sdn Bhd Tu Kah Ming Tuak Chu Chin Virginia Aileen Cayco Bonifacio Vongphet Silisouk Voo Lee Chu Waeota Rangseeprasertsin Wai Chen Liew & Ching Fun Lee Wan Mok Chan Wan Poh Wah Wang Chun Li

Teh Bat Kuan

Warisa lamsaard Wichai Khantikittikul Winnie Ding Swee Hung Winson Lee Wo Pow Pow Won Yann Lih Wong Ah Choy Wong Ah Ngoo & Wong Poh Tuck Wong Ei Min Wong Hoi Lin & Yeap Heong Moi Wong Hui Ping Wong Kah Yan Wong Khoi Yeen Wong Kuan Seng Wong Lee May Wong Lee Wah Wong Leh Keong Wong Shek Yee Wong Siew Kuen Wong Su Zhing Wong Teng Siong Wong Yin Keng Woon Pei Qi Woon Suat Ing Yak Siew Gim Yan Kin Wan Yang Cheng Tan Yang Nai Tan Yap Lan Yap Seow Ting Yap Sow Chan Yap Weng Kueen Yap Yee Sin Yarika Kruaboonma Yau An-Tung Yeap Chooi Hsia Yeau Siew Moi Yee Cong Soon Yeoh Jin Wen Yeoh Siew Foong Yeoh Yi Wei

Yeoh Zhong Xiang Yeow Keng Thang Yew Keat Chim Yie Ping Khor Yii Su Ing Yin Mary Yoke Gen Chan Yoke Peng Wong Yoke Ping Pang Yong Hoe Tan Yong Hoi Ching Yong Sia Lim Yong Sin Rei Yong Teck Leong Yong Tze Tien Yook Choon Show Young Yoong Chang Yu Lee Ming Yue Chai Fong Yun Nee Soon Yvonne Foo Siew Kin Zhang Yin Di

ΝΟΤΕ	

	Note	Note
		59
NOTE		

# doterra

dōTERRA Enterprises Singapore Pte. Ltd.

111 Somerset Road. #12-28 TripleOne Somerset, Singapore 238164 Email: singapore@doterra.com www.doterra.com/SG/en\_SG

dōTERRA Malaysia Sdn. Bhd.

BO3-B-05-01, Menara 3A, No 3, Jalan Bangsar, KL ECO CITY, 59200, Kuala Lumpur, Malaysia Email: malaysia@doterra.com www.doterra.com/MY/en\_MY

#### dōTERRA Philippines Inc.

6F Port Royal Place, 118 Rada Street, Legazpi Village, Makati City, Philippines Tel: +632 82711194 Email: philippines@doterra.com www.doterra.com/PH/en\_PH

#### doTERRA Enterprises (Thailand) Limited.

1788 Singha Complex Building 17th Floor, Unit 1709-1711 New Petchaburi Rd, Bangkapi Huai Kwang, Bangkok 10310 Tel: +662 180 5111 RRA ESSENTIAL Southeast Asia Recognition Magazine | November 2021 | dōTERRA ESSENTIAL South