

# Patchouli

*Pogostemon cablin* 15 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



Application: **T** | **N**

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Rich, woody, musky, earthy

Main Chemical Components: Patchouli alcohol,  $\alpha$ -bulnesene,  $\alpha$ -guaiene

## PRIMARY BENEFITS

- Promotes a smooth, glowing complexion when applied to skin
- Reduces the appearance of wrinkles, blemishes, and skin imperfections when applied topically

## PRODUCT DESCRIPTION

Patchouli is a bushy herb from the mint family with stems reaching two or three feet in height and bearing small, pink-white flowers. Easily recognized for its rich, musky-sweet fragrance, Patchouli is regularly used in the perfume industry. Patchouli is beneficial to the skin in many ways. It is often used topically to help reduce the appearance of wrinkles, blemishes, and minor skin imperfections and to promote a smooth, glowing complexion.

## USES

- Apply one to two drops to help reduce the appearance of wrinkles, blemishes, or problem skin areas, or add to your favorite moisturizer.
- Combine with equal parts Peppermint oil and apply to the forehead, temples, or back of the neck for perfuming.

## DIRECTIONS FOR USE

**Topical use:** Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.