

# PastTense®

Relaxation Blend 10 mL

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Wintergreen Leaf, Lavender Flowering Tops, Peppermint Plant, Frankincense Resin, Cilantro Herb, Marjoram Leaf, Roman Chamomile Flower, Basil Leaf, and Rosemary Leaf essential oils.

**Aromatic Description:** Fresh, mint, herbal

## PRIMARY BENEFITS

- Promotes the appearance of clear, healthy skin
- Aroma promotes grounding and balanced emotions
- Fragrance helps ease stressful feelings
- Packaged for convenient application in a roll-on bottle

## PRODUCT DESCRIPTION

PastTense® is a distinctive blend of essential oils known to help provide grounding and balanced emotions. Known for their soothing effects on both the mind and body, the essential oils in PastTense® quickly, promote feelings of relaxation and calm emotions. PastTense® comes in a convenient 10 mL roll-on for easy application when at work, school, or home. Simply apply to the neck, shoulders, or behind the ears to help calm emotions while breathing in the cooling, distinctive aroma of PastTense®.

## USES

- Massage into shoulders, neck, and back for a cooling, soothing sensation.
- Apply topically and/or diffuse to promote relaxation and feelings of ease.
- Add to temples and back of neck for a calming aroma before taking a test or presenting in public.
- Apply to the wrists while traveling to help calm emotions.

## DIRECTIONS FOR USE

**Topical use:** Apply to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

