

Oregano (Food)

Origanum vulgare 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: 1

Plant Part: Leaf

Extraction Method: Steam distillation

Aromatic Description: Herbaceous, sharp, green, camphoraceous

Main Chemical Components: Carvacrol, thymol

PRODUCT DESCRIPTION

Oregano is one of the most potent and powerful essential oils and has been used for centuries in traditional practices. Oregano has an herbaceous, earthy, spicy aroma. Oregano blends well with Frankincense, Lavender, and Lemon essential oils.

USES

- Put one drop in place of dried oregano in spaghetti sauce, pizza sauce, or on a roast.

DIRECTIONS FOR USE

Internal use: Dilute one drop in 120 mL of liquid.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face and sensitive areas.

PRIMARY BENEFITS

- Add 1-2 drops to food

Oregano (food)

Origanum vulgare 5 mL

SKU: 60212231

