

MetaPWR[®]

Metabolic Blend 15 mL

dōTERRA[®]

Product Information Page



Application: A | T | N

Ingredients: Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark

Aromatic Description: Citrusy, spicy, minty, sweet

Primary Benefits

- + Promotes healthy and smooth looking skin.
- + Diffuse for an energy boost
- + May help improve exercise performance
- + Creates an uplifting, stimulating environment

Description

Developed with dōTERRA clinical researchers, MetaPWR Functional Blend is a proprietary balanced ratio of CPTG[®] Grapefruit, Lemon, Peppermint, Ginger, and Cinnamon Bark essential oils. This blend combines powerful essential oils known to promote the appearance of smooth, healthy skin while providing an uplifting aroma. MetaPWR oil can help give you the positive mood you need during a vigorous workout, when used aromatically. With an invigorating scent nearby, you'll have the mental and physical strength to make it through your workout.

Uses

- + Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- + Add drops to a carrier oil or lotion during an uplifting massage.
- + Apply to back of thighs, abdomen, and other desired areas to promote smooth skin.

Directions

Aromatic use: Add four drops to the diffuser of your choice.

Topical use: Apply one to two drops to the desired area. Dilute with a carrier oil to minimize any skin sensitivity.

See additional precautions below.

Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.