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dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T N

Ingredients: Spearmint, Japanese Peppermint, Ginger, Black Pepper, and Parsley Seed in a base of Fractionated Coconut Oil

Aromatic Description: Spicy, sweet, minty

PRIMARY BENEFITS

Provides a soothing abdominal massage

PRODUCT DESCRIPTION

Wherever your journey takes you, whether near or far from home, dōTERRA Tamer Essential Oil Blend is truly valuable to have on hand. dōTERRA Tamer contains the unique benefits of essential oils including Spearmint; Japanese Peppermint, with menthol to soothe the skin; and Ginger, all perfectly blended with Fractionated Coconut Oil. dōTERRA Tamer Essential Oil Blend is a synergistic blend of oils. dōTERRA Tamer, part of the dōTERRA Kids Collection, is ideal for both children and adults.

USES

- Keep doTERRA Tamer on hand in your purse, briefcase, or child's backpack.
- Take on a road trip.
- Apply to the stomach or bottoms of feet after eating a large meal.

DIRECTIONS FOR USE

Aromatic Use: Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

Topical Use: Apply to desired area. Intended for use with adult supervision.

CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

