

# dōTERRA Steady™

Grounding Blend 10 mL Roll-on

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Amyris, Balsam Fir, Coriander, and Magnolia in a base of Fractionated Coconut Oil

**Aromatic Description:** Piney, fruity, soft woody

## PRIMARY BENEFITS

- Aroma is grounding and balancing
- Aroma promotes feelings of relaxation and calm
- Aroma helps focus your mind on what is most important

## PRODUCT DESCRIPTION

Perfect for daily use or as needed, dōTERRA Steady Grounding Blend has a soft, inviting, and slightly fruity aroma. dōTERRA Steady draws on the unique benefits of essential oils such as Amyris, Balsam Fir, Coriander, and Magnolia perfectly blended with Fractionated Coconut Oil to deliver a calming effect perfect for all skin types. When feeling overwhelmed, roll dōTERRA Steady onto the back of your neck or wrists and take a deep breath for a soothing aroma. Soothing to the skin, dōTERRA Steady is a great every day blend.

## USES

- Calming to the skin, dōTERRA Steady can be used during times of distress to quiet the mind and soothe the body.
- Use dōTERRA Steady's aroma to help instill tranquility.
- Apply to the back of the neck or bottoms of the feet after an event-filled day for its aroma to steady the emotions.

## DIRECTIONS FOR USE

**Aromatic Use:** Roll on to diffusing jewelry, natural dolomite, or lava diffusing rocks.

**Topical Use:** Apply to desired area. Intended for use with adult supervision.

## CAUTIONS

Keep out of reach of children under 3. Possible skin sensitivity. If under a doctor's care, consult your physician. Keep out of eyes, inner ears, mouth, and sensitive areas.

