

# dōTERRA Motivate™ Touch

Encouraging Blend 10 mL Roll-on

# dōTERRA®

PRODUCT INFORMATION PAGE



**Application:** A T N

**Ingredients:** Fractionated Coconut Oil, Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf, Rosemary Leaf, Vanilla Bean Absolute

**Aromatic Description:** Fresh, Clean, Minty

## PRIMARY BENEFITS

- Aroma helps promote a positive environment.

## PRODUCT DESCRIPTION

dōTERRA Motivate Touch provides gentle and quick application of dōTERRA Motivate mint and citrus essential oil blend. We all have setbacks in our lives, causing us to doubt ourselves or feel pessimistic. dōTERRA Motivate Touch will help you unleash your creative powers and find the courage that comes from believing in yourself again.

## USES

- Rub dōTERRA Motivate Touch into your temples to set your focus for the day.
- Prime your wrists for a day of hard work with a rub with dōTERRA Motivate Touch.
- Apply to the back of the neck before giving a speech.
- Apply to pulse points before participating in sporting events or other competitions.

## DIRECTIONS FOR USE

**Topical Use:** Apply to desired area. See additional precautions below

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

