

# DigestZen®

Supportive Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: **A** | **T** | **N**

**Ingredients:** Anise Seed, Peppermint Plant, Ginger Root, Caraway Seed, Coriander Seed, Tarragon Plant, and Fennel Seed essential oils.

**Aromatic Description:** Spicy, sweet, minty, licorice

## PRIMARY BENEFITS

- Use with Fractionated Coconut Oil for a soothing abdominal massage.

## PRODUCT DESCRIPTION

DigestZen® is a unique blend contains Ginger, Fennel and Coriander that may help keep skin clear and healthy-looking, while Peppermint, Tarragon, Anise and Caraway have cooling and soothing properties when applied topically. DigestZen® is great to have on hand for a comforting and calming effect on the skin. This powerful blend can be used aromatically or topically, and is great for at-home or on-the-go use. Topical use of DigestZen® is a healthy, natural, and gentle way to soothe and comfort.

## USES

- Rub on the skin for a cooling and soothing massage
- Apply DigestZen® for a comforting and calming effect on the skin

## DIRECTIONS FOR USE

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

**Aromatic use:** Use three to four drops in the diffuser of your choice.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

