

# Copaiba

Copaifera Essential Oil 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Oil Attribute Panel: **A** **T** **S**

**Plant Part:** Resin from *Copaifera reticulata*, *officinalis*, *coriacea*, and *langsdorffii*

**Extraction Method:** Steam distillation

**Aromatic Description:** Spicy, woody

**Main Chemical Components:**  $\beta$ -caryophyllene

## PRIMARY BENEFITS

- May help to reduce the appearance of blemishes
- Aroma helps to create a calming and soothing atmosphere
- Promotes clear, smooth skin and reduces the appearance of blemishes

## PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree which can grow upwards of more than 100 feet and can be found in tropical South America. Copaiba oil is widely used in cosmetic products including soaps, creams, lotions, and perfumes. Since the 16th century, copaiba essential oil has been utilized in traditional health practices by the natives of north and northeastern Brazil. Similar to Black Pepper essential oil, the aroma of Copaiba can help soothe anxious feelings and it can be applied to the skin to promote a clear, smooth complexion.

## USES

- Apply topically combined with a carrier oil or a facial moisturizer to help keep skin clean and clear, and to help reduce the appearance of blemishes

## DIRECTIONS FOR USE

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

**Aromatic use:** Use three to four drops in the diffuser of your choice.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

