

Copaiba (Food)

Copaifera Essential Oil 5mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: 1

Plant Part: Resin from *Copaifera reticulata*, *officinalis*, *coriacea*, and *langsdorffii*

Extraction Method: Steam distillation

Aromatic Description: Spicy, woody

Main Chemical Component: β -caryophyllene

PRODUCT DESCRIPTION

Copaiba essential oil is derived from the resin of the copaiba tree, which can grow upwards of more than 100 feet and can be found in tropical South America. Since the 16th century, copaiba essential oil has been utilized in traditional health practices by the natives of north and northeastern Brazil.

USES

- Add one to two drops to water, juice, or tea.
- Swish with two drops of Copaiba and one drop of Peppermint in the mouth with water.

DIRECTIONS FOR USE

Internal Use: Dilute one drop in four fluid ounces of liquid.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Add 1-2 drops to food

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SKU: 60211284