

# Clove

*Eugenia caryophyllata* 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



**Oil Attribute Panel:** A T D

**Plant Part:** Bud

**Extraction Method:** Steam distillation

**Aromatic Description:** Very spicy, warm, woody with subnote of leather

**Main Chemical Components:** Eugenol, Eugenyl acetate,  $\beta$ -caryophyllene

## PRIMARY BENEFITS

- Use on surface as a powerful cleansing and purifying agent
- Helps clean teeth and gums

## PRODUCT DESCRIPTION

Clove has been used for years in dental preparations and gum for its ability to cleanse the mouth, yet it provides a myriad of benefits. Its main chemical component, eugenol, makes it a very stimulating and energizing essential oil that can be used as a warming massage oil. One drop can clean the teeth and gums while promoting fresh breath.

## USES

- Add one drop to toothpaste to clean teeth and gums.
- Place one drop in two ounces of water and gargle for a soothing effect.

## DIRECTIONS FOR USE

**Diffusion:** Use three to four drops in the diffuser of choice.

**Topical use:** Dilute one drop of essential oil to 10 drops of carrier oil then apply to desired area. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face, and sensitive areas.

