

Cilantro

Coriandrum sativum 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T N

Plant Part: Leaf/Stem

Extraction Method: Steam distillation

Aromatic Description: Fresh, herbal, sweet, pungent

Main Chemical Components: Linalool, trans-2-Decenal

PRODUCT DESCRIPTION

The benefits of Cilantro have been documented for centuries. Applied topically, Cilantro is very soothing and cooling to the skin, and it adds a fresh, herbal aroma to any essential oil blend when diffused.

USES

- Apply one to two drops to minor skin irritations.
- Diffuse with citrus essential oils for a fresh, herbal aroma.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimize any skin sensitivity. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

PRIMARY BENEFITS

- Rich in antioxidants
- Powerful cleanser
- Soothing to the skin

