

# Balance®

Essential Oil Blend for Skin Conditioning 15 mL

dōTERRA®

Product Information Page



**Application:** T | N

**Ingredients:** Fractionated Coconut Oil, Spruce Branch/Leaf, Ho Wood Leaf, Frankincense Resin, Blue Tansy Flower/Leaf/Stem, Blue Chamomile Flower, Osmanthus Flower.

**Aromatic Description:** Airy, fresh, sweet, woody

**Balance®** | Essential Oil Blend for Skin Conditioning  
15 mL

## Primary Benefits

- + Supports the appearance of dry skin
- + Prevents natural hydration loss in skin

## Description

The warm, woody aroma of Balance Grounding Blend creates an environment of calm and well-being. We perfectly blend Spruce, Ho Wood, Frankincense, Blue Tansy, and Blue Chamomile with Fractionated Coconut Oil to offer an enticing fragrance that promotes tranquility and relaxation. Spruce, one of the oils in Balance, was used by Native Americans for spiritual reasons and is still used today. Balance may help reduce the appearance of skin blemishes.

## Uses

- + Apply to your wrists or neck for fragrance.
- + When applied topically, may help to improve skin appearance.

## Directions

**Topical use:** Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

## Cautions

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

### Application Methods

A Aromatic T Topical I Internal H Home Care

### Skin Sensitivity

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