

AromaTouch®

Massage Blend 15 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: T | N

Ingredients: Cypress Leaf, Peppermint Plant, Marjoram Leaf, Basil Leaf, Grapefruit Peel, Lavender Flowering Tops essential oils.

Aromatic Description: Clean, fresh, mint, powdery

PRIMARY BENEFITS

- Comforting and relaxing
- Helps to lessen tension
- Adds an aromatic experience to a soothing massage

PRODUCT DESCRIPTION

AromaTouch®, dōTERRA's proprietary massage blend, combines the unique benefits of oils known to provide relaxing and comforting effects. AromaTouch® combines our essential oils of Cypress, Peppermint, Marjoram, Basil, Grapefruit, and Lavender in a perfect blend that adds many important benefits to various massage techniques. This popular blend is a vital part of the AromaTouch® Technique, a proprietary method for applying essential oils to produce a profound wholebody wellness experience.

USES

- Apply to neck and shoulders to promote feelings of relaxation and lessen tension or use with a carrier oil for massage.
- Give your loved one a hand massage using the AromaTouch® Hand Technique and AromaTouch® essential oil blend.
- Add to Epsom salts and enjoy soaking in a hot bath.

DIRECTIONS FOR USE

Topical use: Apply one to two drops to desired area. Dilute with dōTERRA Fractionated Coconut Oil to minimize any skin sensitivity.

Aromatic use: Use three to four drops in the diffuser of your choice.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid direct sunlight or UV rays for up to 12 hours after applying product.

