doterra | essential

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LEADERSHIP



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Letter from Leadership

As we reflect on the incredible achievements highlighted in our 2024 Impact Report, we are filled with immense gratitude for the dedication and passion of our Wellness Advocates, employees, and partners across Southeast Asia. Your commitment to wellness and empowerment continues to inspire and drive meaningful change in communities throughout the region.

This past year has been one of remarkable milestones and transformative initiatives. Through our corporate social responsibility programs, we have strengthened ethical sourcing partnerships, enhanced community engagement, and contributed to impactful charitable projects. Our focus on environmental and scientific innovation has led to groundbreaking advancements in sustainability and wellness — exemplified by successful reforestation efforts and pioneering research that shape the future of natural health.

At the heart of our mission is the empowerment of individuals and communities. In 2024, we have supported countless entrepreneurs, provided essential resources to underserved areas, and championed education, health, and crisis relief. Our Cō-Impact Sourcing™ model continues to uplift communities by creating sustainable livelihoods, improving sourcing practices, and promoting environmental stewardship.

Looking ahead, we are excited to expand our reach and deepen our impact across Malaysia, Singapore, Thailand and the Philippines. We remain committed to driving innovation, strengthening sustainability efforts, and fostering meaningful partnerships that create lasting change. Above all, we will continue to prioritize the well-being of our Wellness Advocates, customers, and the planet — ensuring that our products and initiatives contribute to a healthier and more sustainable future for all.

Together, we are building a powerful legacy of wellness and opportunity. As we move forward, we embrace the possibilities that lie ahead with confidence, knowing that our collective efforts will continue to make a profound difference in the lives of many.

dōTERRA Founders

The Journey of Rose:

A Story of **Co-Impact Sourcing**

Nestled in Bulgaria's Valley of Roses, where rolling fields bloom with the world's most precious Rosa damascena, dōTERRA's Co-Impact Sourcing™ initiative is transforming lives while preserving a centuries-old tradition. Through

ethical partnerships, sustainable farming, and community support, doTERRA® ensures that every drop of Rose essential oil carries not just purity but also a story of empowerment and change.



Empowering Farmers & Preserving Traditions

For generations, Bulgarian farmers have cultivated roses with deep dedication. passing down the knowledge of harvest and distillation. However, volatile markets and unfair trade often left them struggling. doTERRA's Co-Impact Sourcing model creates long-term, fair-trade partnerships, offering farmers stable wages, improved working conditions, and direct access to the global market-eliminating exploitative middlemen.



The Art of Harvest: From Petal to Precious Oil

The journey of Rose essential oil begins at dawn, as farmers hand-pick delicate rose petals during the three-week bloom season. These petals must be harvested quickly to capture the highest oil content, requiring immense skill and precision. It takes about 10,000 roses to produce just 5mL of doTERRA's pure Rose essential oil, making it one of the rarest and most labor-intensive oils.



Giving Back: The Healing Hands **Initiative**

Beyond fair wages, doTERRA's Healing Hands Foundation™ funds projects that uplift local communities. From clean water systems and educational programs to healthcare access, these initiatives ensure that the benefits of rose cultivation extend far beyond the fields.

Purity with Purpose

Every drop of doTERRA's Rose essential oil represents a commitment to sustainability, ethical sourcing, and global impact. With each bottle, you're not just experiencing a luxurious aroma-you're supporting families, protecting traditions, and contributing to a better world.





A Decade of Impact:

Celebrating 10 Years of Growth & Passion

As we mark the 10-year anniversary of doTERRA Singapore, we take a moment to reflect on a decade of transformative growth, unwavering passion, and meaningful impact. What began as a bold vision has blossomed into a movement that has touched countless lives, inspired change, and left an indelible mark on our community and beyond.

Ten years ago, a small but dedicated team set out their journey to share an oil in every home. Believing in the power of essential oils, educating about healthy living, and through a sense of belonging to a natural wellness community.

Over the past decade, doTERRA Singapore has achieved remarkable milestones. In 2015, doTERRA® opened its first SEA Market-Singapore, with David Stirling & Dr. Hill grazing doTERRA Singapore's officially grand opening. Our first Aromatouch Technique Event was held in 2016 and conducted by Dr David Hill, with a massive attendance of 200pax.

Through the years, doTERRA Singapore has introduced a diverse range of products, from essential oils to wellness supplements. Our launch events have consistently generated incredible energy, provided valuable education, and expanded our reach to new communities. Among these, the most attended event was Discover doTERRA Singapore in 2019, which stood out as a landmark occasion, bringing together enthusiasts and newcomers alike to experience the power of doTERRA.

To all who have been part of this incredible journey — thank you. Your trust, passion, and dedication have been the foundation of doTERRA Singapore's success. Here's to 10 years of wellness, and to many more years of growth, impact, and transformation.





RECLAIM 2025:

A New Era of Wellness & Opportunity

As we step into RECLAIM 2025, we embrace a new chapter of wellness, vitality, and empowerment. For years, we have empowered individuals through the transformative power of essential oils, fostering wellness and community. This year, we turn our focus to a critical aspect of well-being: metabolic health.

Modern lifestyles often lead to metabolic imbalances, affecting energy, weight, and overall health. That's why I'm excited to introduce MetaPWR® Advantage, the latest breakthrough in the MetaPWR System. Formulated with cutting-edge science and natural ingredients, MetaPWR Advantage allows us to live stronger, healthier lives.

Yet, our commitment to wellness extends beyond metabolism. Essential oils remain at the heart of doTERRA, offering natural solutions that support our physical, mental, and emotional well-being. By integrating essential oils, targeted nutrition, and lifestyle choices, we create a holistic approach to health.

Alongside this, we see exciting new business opportunities accommodating our elevated compensation plan as more people seek proactive health solutions. dōTERRA® is not just a wellness company; it is a platform for growth, empowerment, and financial freedom. With our elevated compensation plan, we provide even greater potential for success, whether you are here for better health, a supportive community, or a thriving business. There is space for you in this journey.

Let's RECLAIM our well-being, our dreams, and our future — together. This is our time to thrive, inspire, and create lasting impact.

Here's to reclaiming health, success, and limitless possibilities in 2025!

Char

Ethan WangGeneral Manager,
dōTERRA Malaysia





The Impact of YOU

You have been someone's example. You showed them how to teach and share with grace and power. You taught them how to handle problems and find solutions that work for all participants. You talked fairly about someone who was not present even when others chose not to. You demonstrated compassion and encouragement even when there was every reason to return an injustice back on their head. You have been robbed but continue to give.

You have been someone's inspiration. There is a heart out there that's softened because of you. A heart that was faintly beating that now pounds as loud as a drum. Your influence has been more than a passing presence to more than a few. You are a ripple in the lives of others. Your example and actions matter. They make the world a better place. You have both softened and strengthened hearts when softening and strengthening were called for.

People have wanted to go further and higher because they wanted to follow your way; to step for a moment in a place you have been. Eyes have followed your journey from a distance. Eyes that have seen you persist and believed that they could too. Your resilience has inspired others to examine the way they see their challenges.

Your impact has gone farther than you can see. Your words have echoed into ears of people you will never meet. At this point, your legacy will go faster and farther than you will ever imagine. Keep being YOU; the world needs more of YOU!

Michael Carson
General Manager
dōTERRA Philippines

Miles (ge

Reclaiming Your Potential

I would like to express my sincere gratitude to all our dedicated wellness advocates, both in Thailand and internationally, for their support of doTERRA Thailand in 2024.

As we move into 2025, our mission is to help you reclaim and unlock your full potential. To achieve this, we have planned a range of impactful events and programs, including our largest event yet to celebrate our 4th anniversary. We'll continue to build momentum with key initiatives such as Wellness Day, Master Classes, and product education events. Your consistent efforts will be vital in driving meaningful impact across Thailand.









Additionally, these programs will serve as valuable tools to support your long-term, sustainable growth. Opportunities like the Silver Club and the SEA incentive trip will be held, and we aim for an even higher number of participants, reflecting the strong commitment of our Thailand wellness advocates.

SilverClub

In 2025, we'll focus on launching new products, particularly in the supplement category, and to complete the MetaPWR $^{\scriptsize \circledcirc}$ product line. We'll also offer limited-time promotions on special occasions to better serve our customers.



As part of our global commitment to make a difference, we remain dedicated to supporting our community. In partnership with children's hospitals, doTERRA Thailand will help provide care for children in need from our Peppermint sales, 30THB from the sales will be contributed through the Foundation with each purchase.



We are fully committed to empowering our wellness advocates to unlock their full potential, achieve peak performance, and truly succeed.

Mr Cv.

Niti WattanachongkolGeneral Manager, döTERRA Thailand

Redefine the Daily Multivitamin with

dōTERRA's VMG+™ Supplement

The newly launched VMG+ Whole-Food Nutrient Complex is one powerfully packed nutritional supplement! It redefines the daily multivitamin with over 90 ingredients, including whole-food vitamins and minerals, fruits, vegetables, digestive enzymes, probiotics, CPTG Certified Pure Tested Grade essential oils, and other beneficial nutrients. This clean, vegan, and gluten-free formula delivers essential macro- and micronutrients that the body relies upon to support daily energy levels, immune system function, gut health and digestion, liver function, hormone function, and brain function.

Do you feel like you pack your meals with fruits and vegetables so additional supplementation isn't necessary? In the past 30-40 years, the nutritional density of many fruits and vegetables has dropped by 80%. This decline means even the healthiest diets today often fall short of essential vitamins and minerals, leading to suboptimal cellular and organ function and, ultimately, poor health. Also, most traditional vitamins are outdated, with up to 80% of their nutrients going unabsorbed by the body. VMG+ offers a solution to these issues by providing natural, high-quality nutrients and five powerful blends to ensure your body receives the nourishment it needs and absorbs those nutrients efficiently.

The Ingredients

VMG+ combines three products in one, integrating benefits from dōTERRA Alpha CRS+™, dōTERRA Microplex VMz[™] (Vegan), and a greens superfood blend. It includes five proprietary blends to support foundational wellness:

- Nutrition Blend: Includes plant-derived vitamins, minerals, and essential botanical cofactors.
- Superfood Blend: Promotes foundational health and vitality with phytonutrients, antioxidants, vitamins, minerals, and other nutrients.
- Cellular Support Blend: Supports cellular health and antioxidant defenses.
- Biotransformation Blend: Provides biologically enhanced nutrients via biotransformation.
- Bioavailability Boosting Blend: Enhances absorption and retention of micronutrients, according to preclinical research.



The Benefits

VMG+ has many benefits, including:

- VMG+ supports overall health and wellness, especially when taken with EO Mega™+.
- VMG+ provides essential vitamins and minerals to help fill the gap between diet and recommendations in order to help meet nutritional goals.
- VMG+ may increase energy levels with a multivitamin and minerals supplement, as supported by clinical research.
- VMG+ helps maintain important bodily processes for overall health and well-being with vitamins and minerals.
- VMG+ may support bodily system health, including the cardiovascular and circulatory, digestive, endocrine. immune (healthy inflammatory response), nervous, musculoskeletal, reproductive, respiratory, and urinary systems.
- VMG+ promotes healthy skin and nails with vitamins A and C and biotin.

Supplement Seekers

Perfect for those wanting convenient and comprehensive nutrition, VMG+ is easy to incorporate into your daily routine with its delicious taste and easy-to-use sachet format. Strengthening your health's foundation for lifelong vitality has never been simpler or more effective.*

Who can take VMG+?

Just about anyone!



Adults:

One sachet per day to ensure comprehensive daily nutrition.



Current LLV customers:

Encouraged to switch to VMG+ for enhanced benefits.



For those wanting to add other products to their foundational wellness, try incorporating the new EO Mega+. Together, these two provide an advanced and enriching daily wellness routine. Another beneficial add is the pre-, pro-, and postbiotic, doTERRA PB Restore™.

Make VMG+ your new companion to a successful day and your road to consistent foundational nutrition.

<from article https://www.doterra.com/US/en/blog/redefine-the-daily-multivitamin-with-vmg>

MetaPWR[™] | Advantage

Botanical Beverage Mix Pomegranate with Red Orange Complex

MetaPWR Advantage is a premium food crafted blend adds a refreshing touch to



No **GMO**

No Dairy

No Soy

No Gluten

No **Preservatives**

Artificial Sweeteners or Flavors

Primary Benefits

- Features nine types of marine-sourced collagen tripeptides, known for their light, neutral taste and effortless mixability.
- Contains vitamin C, an essential nutrient supporting collagen production.
- Includes grape seed extract and nicotinamide, thoughtfully selected for the formula's unique composition.
- Contains Sea buckthorn fruit extract, a natural source of antioxidants.
- Delight in a refreshing, light, and pleasant flavour.



The 3-Step MetaPWR System

Here's how to maximize the powerful products in this system:

STEP



Eat a well-balanced, whole-food diet and add MetaPWR Essential Oil Blend to your daily routine to support overall metabolic health.



STEP

2

Take MetaPWR Assist with your largest meal of the day for optimal cellular energy.



STEP

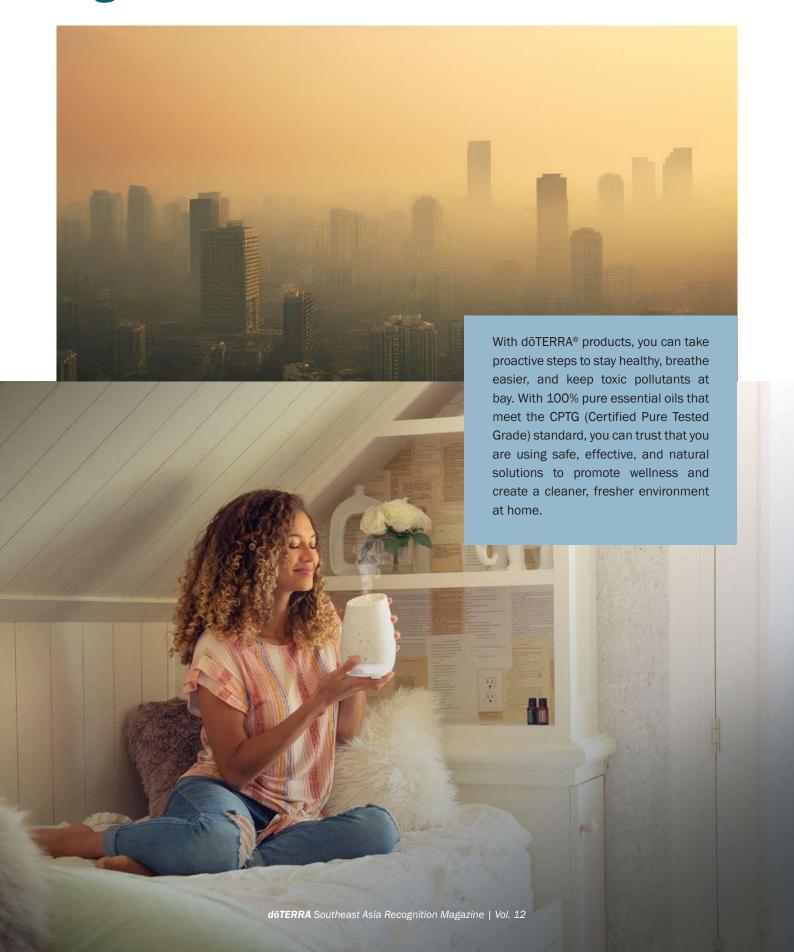


Consistent daily use of MetaPWR Advantage, with marine collagen and polyphenol antioxidants, to support metabolic health and your everyday lifestyle.



PM 2.5 Fighter

Air pollution—especially fine particulate matter like PM 2.5 — has significant and long-lasting impacts on our health. It can contribute to respiratory issues, heart disease, and other chronic conditions. It's essential to protect ourselves and our loved ones from these harmful particles in the air.



Here's a selection of doTERRA Essential Oils that can help you protect yourself from the harmful effects of air pollution while also supporting overall well-being:



Clearify

Clearify is a natural blend of Litsea, Tangerine, Grapefruit, Frankincense, and Cardamom. This uplifting mix offers a citrusy, woody, and lightly herbal aroma, perfect for refreshing the air when diffused. Research suggests that Limonene, a key component in Clearify, may provide cleansing benefits.



Purify

An exclusive blend of essential oils that naturally purify and eliminate odors. This refreshing combination of citrus and fir oils leaves a clean, airy scent in the air and on surfaces, offering a safe and effective way to refresh your environment.



Easy Air

A powerful blend of Laurel Leaf, Peppermint, Eucalyptus, Melaleuca, Lemon, Cardamom, Ravintsara, and Ravensara essential oils. Easy Air promotes easy breathing and supports feelings of clear airways. Diffuse it at night to calm your senses and encourage restful sleep.







PM 2.5 Daily Routine Tips

DOs:

- Check the weather forecast daily before heading outside
- Wear a face mask
- Keep doors and windows closed
- Clean your home daily using wet wipes

DON'Ts:

- Avoid outdoor activities —plan them for times when air quality is better
- Minimize car usage
- · Refrain from burning things
- Avoid creating smoke

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dōTERRA Malaysia Joins

Dual Blessing «Love & Bless» Charity Bazaar 2024

On **21 July 2024**, dōTERRA Malaysia was honored to be part of the **Dual Blessing** 《**Love & Bless**》 **Charity Bazaar at SJK (C) Lai Meng**, **Bukit Jalil, KL**, marking our second participation in this meaningful initiative.

This year's donation drive aimed to raise RM200,000 to support the Dual Blessing Training & Education Fund and enhance the home accommodation environment for individuals in need. With the generosity and kindness of our doTERRA Malaysia family, we are proud to announce that we have contributed RM10,000 through the sales of SPA Rose Hand Lotion.

A heartfelt thank you to **Dual Blessing** for allowing doTERRA Malaysia to be part of this incredible cause. Together, we are making a lasting impact, one act of kindness at a time.







dōTERRA Malaysia Supports

the "Coming Home Dreams Angel 2025" Campaign









dōTERRA Malaysia is honored to be part of the **Dual Blessing Bhd** 双福升维发展协会 Charity Dinner for the "Coming Home Dreams Angel 2025" Campaign,《2025 爱回家之梦想天使 2025》held on **11 January 2025**.

As a proud sponsor of this meaningful initiative, dōTERRA Malaysia has contributed RM10,000 to support Persons with Disabilities (PwDs), helping them reunite with their families and loved ones for Chinese New Year 2025. We believe that everyone deserves the warmth of home and the joy of togetherness during this festive season.

You can be part of this mission too! By purchasing our #SPARoseHandLotion, 100% of the proceeds will go towards our Healing Hands initiatives, extending hope and support to those in need. Let's make a difference and bring love, joy, and healing to more lives.

Standing Together:

dōTERRA Philippines' Relief Efforts During Typhoon Kristine

On October 23, 2024, Severe Tropical Storm Kristine made landfall in Isabela, bringing devastating floods and strong winds across Luzon, with some of the most severe flooding occurring in Bicol — home to our cherished FCO Farm.

As the storm raged, millions of families were forced to flee their homes, seeking refuge from rising waters and powerful winds. The National Disaster Risk Reduction and Management Council (NDRRMC) reported hundreds of casualties, with countless more suffering from the loss of their homes, livelihoods, and loved ones.







In the face of tragedy, dōTERRA Philippines stood in solidarity with impacted communities, donating 750 sets of 72-Hour Emergency Relief Hygiene Kits through Angat Buhay. More than essential supplies, these kits symbolized hope, compassion, and our commitment to rebuilding lives.

Through the resilience of the Filipino spirit and the generosity of volunteers, we are reminded that even in hardship, kindness prevails. doTERRA® remains dedicated to recovery efforts, standing with communities as they heal and rebuild.



Healing Hand

Healing Heart Project

dōTERRA Thailand is dedicated to playing an active role in supporting global healing efforts. As part of our long-term charitable initiative, we proudly contribute 30 THB from each sale of Peppermint Essential Oil to the Children's Hospital Foundation. This donation helps support young patients suffering from heart diseases.





With dōTERRA's continued support, we assist more than 100 children each year. We remain committed to making a lasting impact through our "Healing Hand - Healing Heart" project, and we will continue to provide long-term support to these young patients.

In 2024, we made a significant donation of 200,000 THB to the foundation, which will be used to cover essential expenses, including the acquisition of new medical equipment and disposable supplies that are in high demand.





Singapore Post Convention 2024

dōTERRA Singapore Post-Convention 2024 was a spectacular celebration of wellness, education, and connection, bringing together the dōTERRA community and wellness enthusiasts in a series of unforgettable events. From immersive experiences to insightful talks, the Post-Convention showcased the power of essential oils and the dōTERRA mission to empower individuals and families to live healthier, more fulfilling lives.

the Wellness Wonderland was a 3-day extravaganza designed to introduce the public to the world of doTERRA and the benefits of natural wellness. Guests had the opportunity to explore various booths showcasing doTERRA's extensive product range, from essential oils and blends to supplements and personal care products.













Singapore Elation Camp 2024

On March 8-9, 2024, dōTERRA Singapore hosted an unforgettable Elation Camp at the scenic Harris Resort Waterfront in Batam, Indonesia. Over 50 dedicated members embarked on a 2-day, 1-night intensive leadership training camp designed to inspire, empower, and equip them with the tools to excel in their personal and professional journeys.





The camp was a perfect blend of team-building, mindset training, business-building skills, and goal-setting workshops, all aimed at fostering growth and leadership within the doTERRA® community. Members left feeling energized, motivated, and ready to take their businesses to new heights.

The camp featured four exceptional leaders who shared their personal dōTERRA journeys, offering invaluable insights and inspiration. **Vanni Ling**, Presidential Diamond from Malaysia, **Nick Killpack**, Blue Diamond from the US, **Huang Ching Ya**, Diamond from Taiwan & **Liu Wenhui**, Diamond from Singapore.



The camp was packed with interactive team-building activities that strengthened bonds and fostered collaboration. Members also participated in workshops focused on essential skills for business growth, including

effective communication, goal-setting, and strategic planning. These sessions equipped attendees with actionable tools to elevate their doTERRA® businesses and personal lives.







The Elation Camp 2024 was more than just a training event—it was a celebration of the doTERRA community's unwavering spirit and commitment to growth.

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dōTERRA Malaysia 2024 Anniversary

On April 20, 2024, dōTERRA Malaysia marked an incredible milestone – its 7th Anniversary – with an event that was nothing short of extraordinary!

Kicking off the celebration, doTERRA's founders took the stage, emphasizing the company's commitment to purity, sustainability, and global impact— all through the magic of essential oils.

The day was made even more special by the Co-Impact Sourcing and Healing Hands segments, highlighting doTERRA's efforts to ethically source oils and support communities around the world. Attendees were treated to insights into the latest products, with expert tips to enhance their wellness routines. And what's a celebration without fun? Games, activities, and incredible gifts kept the energy high and the smiles wide.



The highlight of the day was the recognition segment, where we honored our outstanding leaders who have been key to doTERRA's growth in Malaysia. Their dedication and passion are truly inspiring.

Looking ahead, dōTERRA Malaysia is more committed than ever to continuing this journey. The momentum from the event fueled our drive to reach even greater heights. With the support of our incredible community, dōTERRA Malaysia is ready to continue making waves in the wellness world. The best is yet to come, and we can't wait to see where this exhilarating journey takes us next!









dōTERRA Malaysia Post Convention 2024 |

Reclaim: A Celebration of Growth and Wellness

The dōTERRA Malaysia Post Convention 2024, themed Reclaim, was an incredible success, bringing together wellness enthusiasts for an inspiring and enriching experience. Held in three major cities—Johor, Kuala Lumpur, and Penang—the event offered participants a chance to dive into the world of essential oils, connect with the dōTERRA® community, and gain valuable insights into the wellness journey.

Each location featured an exciting array of activities, from essential oil experiences to lucky draws and door gifts, creating a vibrant atmosphere. Participants were also treated to exclusive on-site enrollment offers and promotions, adding even more value to the day.









With free admission and an agenda full of engaging sessions, the Reclaim event was a huge success, leaving attendees feeling motivated and ready to continue their wellness journey with doTERRA. The event not only celebrated personal growth but also reinforced the power of essential oils in transforming lives.





Sharer Club 2024:

A Celebration of Growth, Connection & Leadership

Sharer Club 1.0 and 2.0 were unforgettable milestones in doTERRA Malaysia's journey, bringing together passionate individuals to learn, grow, and celebrate success.

Sharer Club 1.0 (2nd-3rd August 2024, Amverton Cove Golf & Island Resort) was a dynamic two-day event filled with team-building telematches, a heartfelt pyjamas-themed Graduation Night, and an inspiring Million dōTERRA Round Table (MDRT) session led by Diamond+ Leaders. Laughter, teamwork, and campfire reflections strengthened bonds, while valuable business insights fueled motivation for sustainable growth.

Building on this momentum, **Sharer Club 2.0** (14th–15th February 2025, Millennia Village, Seremban) took leadership and empowerment to the next level. With **53 participants**, the event featured **challenging team-building activities** to enhance leadership and team spirit. The highlight was a breathtaking **rooftop Dinner & Graduation Ceremony**, honoring participants' dedication to sharing wellness. Once again, the **MDRT session** provided invaluable strategies for success, reinforcing a shared vision for growth.

From **meaningful connections** to **game-changing insights**, Sharer Club 1.0 and 2.0 were testaments to the power of **community, passion, and vision**. Here's to achieving new heights together in the thriving doTERRA family!











Special Visitation from Direct Selling Association of Malaysia (DSAM)

dōTERRA Malaysia is honored to have the visitation of Tan Sri Dr. Noor Hisham Abdullah, the Code Administrator of Direct Selling Association of Malaysia (DSAM) on July 3, 2024. His visit underscores the importance of ethical business practices and ensuring all registered direct selling companies comply with the **DSAM Code of Conduct**.

At doteRA®, we take pride in upholding DSAM Code of Conduct standards and fostering a business environment built on **integrity, transparency, and trust**. We remain committed to guiding our members to **ethically and responsibly** grow their businesses, in line with DSAM's principles





TH Post-Convention 2024:

Reclaim What You Deserve



In November, dōTERRA® hosted the highly anticipated Thailand Post Convention 2024. With over 600 attendees, the event was a major success, sparking incredible engagement from wellness advocates.

The day began with powerful insights from Mr. Johnathan Kunz, Regional Vice President, who presented doTERRA's inspiring vision. He was followed by Niti Wattanchongkol, our General Manager, who outlined the exciting path ahead for doTERRA in Thailand.

To keep the momentum going, we surprised attendees with special performances from wellness advocates who shared personal product stories and showcased their talents in singing and dancing.

Throughout the event, participants were energized and learned more about doTERRA's mission and commitment to making a meaningful difference in the world. And this is just the beginning—together, we will continue to grow and work toward our shared goal of creating a better world, one drop at a time.











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dōTERRA® MetaPWR®



TH Event:

Successful Launch of MetaPWR Assist in Thailand

dōTERRA Thailand is excited to announce the successful launch of its first-ever supplement powered by CPTG essential oils—**MetaPWR® Assist**. This flagship product is specifically designed to support our customers in maintaining optimal health using the power of natural and high-quality ingredients.







The launch has been met with overwhelmingly positive feedback from both wellness advocates and customers. In fact, the demand was so high that we sold out within just two hours of the product release. This incredible response not only highlights the strong interest and enthusiasm surrounding this product, but also serves as a clear indication of the trust our customers place in doTERRA's high quality standards.

Looking ahead in 2025 and beyond, we are committed to continue expanding into the supplement market in Thailand. As we work to meet the growing demand from health-conscious consumers, we will introduce more products that support a healthy lifestyle and address the needs of our diverse customer base. Our focus will remain on offering natural and sustainable solutions that improve the well-being of individuals across Thailand.

We are excited for what the future holds and are grateful for the continued support from our loyal customers and wellness advocates. Together, we will continue to make a positive impact on the health and wellness of individuals in Thailand and beyond.











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dōTERRA® RISE Leaders Day 2024:

A Celebration of Leadership and Growth

The doterra RISE Leaders Day 2024 brought together dedicated leaders and wellness advocates for a day of inspiration, knowledge-sharing, and community building. This exclusive event aimed to equip doterra leaders with valuable insights, practical strategies, and the motivation to elevate their personal and professional growth.

Attendees had the opportunity to hear from doterra corporate speakers and invited experts, who shared their experiences, success stories, and leadership strategies. The sessions covered essential business-building techniques, personal development insights, and best practices to help leaders expand their reach and impact.

Beyond the informative sessions, the event also served as a platform for connection and collaboration. Participants engaged in meaningful discussions, exchanged ideas, and strengthened their network within the doTERRA community. The energy and enthusiasm throughout the day reflected the shared commitment to growth and success.

As the event concluded, participants left with renewed inspiration and actionable takeaways to implement in their leadership journey. The success of dōTERRA RISE Leaders Day 2024 highlights the strength of the community and its dedication to fostering growth and empowerment.







dōTERRA SEA Incentive Trip:

A Journey of Inspiration, Growth & Unforgettable Memor

The doterra* SEA Incentive Trip was more than just a visual and cultural feast—it was a journey that touched the heart and soul. From the moment the group arrived in Shanghai, they were immersed in the city's vibrant energy and breathtaking charm.

A warm welcome at the doTERRA Shanghai Office set the tone for an enriching experience. Strolling through Zhang Yuan and Nanjing Road, marveling at the dazzling skyline of the Bund, and cruising along the Huangpu River, every moment felt like a scene from a dream. The group ventured beyond the city to Zhujiajiao Water Village, embracing its tranquil beauty, before heading back to Shanghai to take in the spectacular views from the Pearl Tower.

Beyond the modern cityscape, attendees also explored the rich cultural heritage of Shanghai. **The Chenghuang Temple** and **Yu Garden** showcased the city's timeless traditions, while **Xintiandi** blended history with contemporary charm. The journey concluded with a **grand Gala Dinner**, a night filled with joy, gratitude, and heartfelt connections—marking the perfect finale to an unforgettable experience.

This trip was not just about travel—it was a journey of **growth and transformation**. As the adventure comes to an end, the spirit of doTERRA continues, inspiring everyone to move forward with passion and purpose!





New Diamond Vicky Kong & Grace Chiew

A Journey of Passion, Growth, and Purpose in doTERRA

Grace Chiew has been a **Malaysia Registered Pharmacist (RPh)** since 2000 and has owned a retail pharmacy for over two decades. With a strong background in healthcare and wellness, she has always been passionate about helping others achieve better health. However, her journey took an unexpected turn when she discovered **doterral essential oils**, leading her to a new path of holistic wellness and entrepreneurship.

Her introduction to essential oils came in 2018 through her **pharmacist sister**, who had already embraced their benefits. Being naturally cautious, Grace took the time to research and experience the oils firsthand. Seeing remarkable improvements in her own health, her children's well-being, and hearing numerous testimonials from her family **solidified her belief** in their effectiveness.

To Grace, setbacks are merely stepping stones—like broken glass reflecting sunlight, eventually transforming into a dazzling diamond. Her journey is a testament to passion, perseverance, and purpose, inspiring others to trust their instincts, embrace change, and build a life that aligns with their values.

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Grace's journey with dōTERRA began by chance — she recommended a product to a customer, who later shared astonishing health improvements. Intrigued, she started delving deeper into dōTERRA's background and products. As more customers expressed their love for essential oils and their preference for natural wellness solutions, Grace saw a bigger opportunity. She begin studying dōTERRA's compensation plan and realized that this was not just another business, but a path to a more fulfilling and flexible lifestyle.

Despite seeing the potential, transitioning into dōTERRA was **not an easy decision**. Leaving behind a **stable pharmaceutical business** to enter an entirely new field felt risky and uncertain. Many questioned her decision, skeptical about the sustainability of such a move. Around the same time, two other career opportunities came knocking—one in further **developing her pharmaceutical business**, and another in becoming an education and training instructor.

However, Grace and her husband came to a **powerful** realization: They were not losing anything; rather, they were

choosing a life of freedom and purpose. Once they embraced this mindset, the path became clear, and everything started falling into place naturally. It is a conscious shift toward a lifestyle of open sharing and true freedom. From that moment on, they focused on **growth and new possibilities**, rather than dwelling on what they had left behind.

Through her journey, Grace learned one of the most valuable leadership lessons: don't fight human nature, and don't try to change people. She realized that not everyone is ready for change, and trying to convince the wrong people is a waste of time and energy. Instead, she focuses on finding the right individuals — those who genuinely resonate with doTERRA's mission and are ready to embrace natural wellness.

"Never measure others' opportunities by your timeline. Be open to rejection, embrace disapproval, and trust the process. Say to yourself: Having the courage and keeping your passion going is what sets you apart."



New Diamond Low Yee Man & Yee Woen Guey

My dōTERRA Journey: From My Loved One's Pain to Becoming a Diamond Leader

In 2021, my mother's cancer recurred , and the severe pain took a heavy toll on her appetite, sleep, and emotions. Our family tried countless treatments and spent a significant amount of money, but nothing could effectively relieve her suffering.

I will never forget those heartbreaking nights when she cried, saying she wanted to give up. Seeing her in such despair shattered me, but I stayed by her side, offering comfort and encouraging her to trust life's plan. We didn't dare hope for a cure — we just wished for her final days to be free from pain.

That's when I heard that essential oils might help ease emotions, so I decided to give them a try. At the time, I knew very little about essential oils, but I meticulously researched products to ensure they wouldn't add any burden to my mom's fragile body. I chose doTERRA for its purity, safety, and trusted certifications, which gave me confidence and peace of mind.

Determined to help my mom, I immersed myself in learning everything I could — how essential oils work, how to use them effectively, and what makes dōTERRA different. To my surprise and immense gratitude, by December 2022, my mom's pain had completely subsided. Without any other treatments, essential oils alone brought her relief.

Although she was pain-free, her body had been severely weakened by the prolonged illness, and she eventually passed away. Yet, her final months were filled with peace. She celebrated Christmas and Lunar New Year with us, and those precious, pain-free moments became our family's greatest comfort and most cherished memory.



Witnessing my mom's suffering and feeling powerless when conventional medicine couldn't provide effective relief was devastating. But seeing how essential oils brought her comfort and eased her pain filled my heart with gratitude. After her passing, I made the life-changing decision to leave my 15-year accounting career and dedicate myself fully to aromatherapy.

In my 3 years with doTERRA, I've not only grown personally but have witnessed countless families experience the benefits of essential oils. Every message of gratitude I receive reinforces that I made the right choice.

This journey hasn't been without challenges, but I've never thought of giving up. I truly believe essential oils are a gift to my family, and I want to share this gift with others. I hope more families can have another option — to face life's end with dignity and peace, and for those left behind to find comfort and live without regret.

Becoming a doTERRA Diamond Leader is more than a career achievement; it's a profound mission. I hope my story inspires others to see that even in life's most painful moments, there is hope — and love can carry on.





New Diamond Vorkon Patrayanan & Hirunrasa Suwachirat:

My wife and I embarked on our dōTERRA journey with a shared vision of health, wellness, and community. This journey has profoundly impacted our lives, shaping our beliefs in several key areas: the strength of the dōTERRA company, the quality of its products, the mission of dōTERRA Thailand, our own capabilities, and the potential of the multilevel marketing model.

One of the pillars of our belief system is the company itself. dōTERRA stands out not only for its high-quality essential oils but also for its commitment to ethical sourcing and sustainability. As leaders, we appreciate that dōTERRA collaborates with farmers globally, ensuring they receive fair compensation for their hard work. This dedication to building sustainable communities resonates deeply with us, especially knowing that our support contributes to the livelihoods of many families.

The products are another cornerstone of our belief. My wife, a graduate in Botany and Genetics, brings her scientific knowledge into our daily lives. She firmly believes in the efficacy of dōTERRA essential oils, which have significantly elevated our health and well-being. From boosting our immune systems to promoting relaxation, these oils have become vital tools in our wellness toolkit. The purity and potency of dōTERRA's offerings provide us with confidence, knowing we are using safe, effective solutions for our health.

In addition to our faith in the company and its products, we recognize the importance of believing in ourselves. Embracing the multilevel marketing model has been a transformative experience for us. It has empowered us to take control of our financial future while allowing us to share our passion for wellness with others. We've built meaningful connections with people who share our values, creating a supportive network that motivates us to chase our dreams.

The collaborative spirit of multilevel marketing fosters an environment where success is shared rather than isolated. We celebrate each other's achievements, learn from one another, and grow together. This community aspect amplifies our confidence, reinforcing our belief that we can make a difference in our lives and the lives of others.

In conclusion, our dōTERRA journey is a beautiful blend of belief, health, and community. We stand firm in our conviction that dōTERRA's mission, products, and the multilevel marketing model can lead to a brighter, healthier future for all. Together, my wife and I look forward to continuing this journey and inviting others to join us in discovering the incredible benefits of dōTERRA.



Double Blue Diamond



Angie Ng (Monarch) (Founder SGMY)

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*The recognition list is based on alphabetical order.







Annda Lee (Founder MY)



Forest Chew & Steven Teh (Founder MY)



Henry Fong (Founder SGMY)



Joshua Ang Dun Xin (Founder MY)

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*The recognition list is based on alphabetical order.





Lam Yee Mun & Stanley Ho (Founder SGMY)



Lee He Rong & Ng Say Leong (Founder MY)



Lim Mian Foo (Founder MY)



Patricia Yeo Tee Sang

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Pauline Tey (Founder MY)



Sunny Wong Bee Kim



Ting See Ling



Vanni Ling Kuok Ee

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Winny Yeoh (Founder MY)

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Blue Diamond



Bryan Chew (Founder SGMY)



Candy Ong



Chok Sin Ee (Founder MY)



Chua Hong Leong & Law Shu Li (Founder SGMY)



Deborah Wong & Fabian Tan



Dr. Phartchai Rueansit



Dr. Tan Kui Chin (Founder MY)



Elizabeth Ho (Founder SGMY)



Jenies Seow Bee Ean

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Blue Diamond



Jenny Wai



Joanne Kong Jia Ling



Kweenie Ooi



Lee Pei Xuan



Lee Seang Looi (Founder SGMY)



Lee Shiao Tao



Lim Bee Yong



Max Lee



Ratchadawan & Pornpavit Wongprasert

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Blue Diamond







Wilfred Loh





Adam One Family (Founder MY)



Alan Tay & Coei Choo



Andrea Chin & Teay Rui Xian



Andus Low



Angeline Nai Eng Choo



Angie Ong



Candy See Cul Wei



Catherine Kong Yii Sing



Chia Pei Shan



Chua Kwee Lee



Dennis Koh



Dr. Natha Methabutsayathon



Eng Zee Lin



Eva Teoh Li Feng



Evon Lim



Fanny Chu Pei Fun

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Fion Loo Zhi Qing



Foo Siew Ping (Founder MY)



Gee Wan Yin



Ivvie Chong



Ivy Loh



Jacob Loh Jaw Horng



James Neo



Janet Lim Pei Yin



Joycelyn Chua



Jocelyn Teh



Jyn Loi Li Chin



Karen Chang



Kong Hung Geok



Kong Jia Wei



Lau C Hun



Lee Eng Kiat (Founder SG)

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Ling Xi Yuin



Liron Hee



Liu Wenhui (Founder SGMY)



Low Yee Man



Nicole Tay (Founder SG)



Nscanda Wong & Derek Phang (Founder MY)



Michelle Yong (Founder SG)



Ninart Kasemsai



Piteulia Foo



Paweena Tangchawalit



Onsuvisa Koseelpeeragorn & Nut Kosinprerakorn



Pongtanit & **Tanwarin Thanasinwanishkul**



Somboon Phuenthong



Sophie Soo



Rassaporn Yanaprawalapat



Sandra Lee Lay Teng

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Sri Mulyadi & Paul Filmer (Founder SG)



Tan Jen Lee



Vachirawit & Somthawin Sa-Nguansap



Vecus & Vivien



Vicky Kong & Grace Chiew



Vorkon Patrayanan & Hirunrasa Suwachirat



Winnie Lim Wan Whee



Yarika Kruaboonma & **Thadasak Thasurin**

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Platinum



Ang Yean Khim



Christie Tang Yah Chee



Chuah Ah Teen



Elaine Lim Ching Yi



Grace Phoon



Gwen Beatrice Teo



Irene Leong



Irene Ngiam



Jacki Lim



Jovin Tan



Lee Gen Jie



Lee Qiau Rou



Lee Sai Guat



Lim Chin Yin



Ling Kok Hua



Ling Kok Siew



Ling Kuok Eng



Michelle Loo



Michelle Phuah



Ng Hui Chin



Nuthika Chongsawad



Ong Poh Chin



Ooi Lee Yin



Pipatsa Sriyanyong



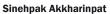
Rona Dharmali

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Tan Ken Ten



Th'ng Chiew Gan



Tee Ai See



Thanyarat & Thinawat Kawinphatthanaphonkun



Ting Sie Hung



Vivian Sim Xin Yee

WITHOUT PICTURE

Hoe Kee Siew Lim Guan Hong Shawn Poh Shao Wei Tey Chin Lian @ Tey Chui Lian **Wee Chin Hwa**

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Gold



Adeline Wong



Adsanee Chatvittayanon



Amanda Quah



Angela Wong Fei Ping



Angeline Veloso Rosales



Annie Ooi & Tang Po Lee



Arena Wan



Carmen Tan



Chen Teik Yung



Chew Tze Wei



Chia Pei Woon



Chidchanok Chaowanapong



Chin Soon Khoon



Chua Yew Yean



Chutima Sutaveesub



Elaine Phua



Erni Soesanto



Fraeda Seow



Geraldine Tan



Goh Suan Chin



Ho Jeng Jeng



Jayne Hee



Jenny Loo Lay Yeo



Jisapat Siriwattanawong



Kanokporn Chinora



Karen Kho Chui Khim



Kesorn Chamswat



Kong Jia Xin



Kornchanok Siriratana



Leslie Wong

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Gold







Lim Ee Ying



Ling Kuok Lee



Lum Cheng Wai



Lyn Tan



Marcus Yeo



Mary Joan Landicho



May Lim



Michael Tay



Morain Oil Family Wellness



Nattanicha Boontum



Natthira Baisri



Ng Siew Len



Ng Soh Ling



Nicole Tan & Sherwyn Chew



Ong Ho Inn



Papassorn Soun-oon



Pauline Yeo & Vincent Kang



Phannee Banditakkarakul



Pitchalinee Lertboonkul



Potjanee Udomsartpor



Preeyawan Mingmitolan



Rachel Lim Rui Qi



Ronnachai Dachtuyawat



Rosalind Lim



Saffron Ng



Sasinat Chittasirinuwat



Shelly Tan



Sirikorn Sukasem



Siripat Phoemthaweesuk

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Gold



Stephanie Yi



Supaporn Khetsopa



Sutheepong Yonpramotsakul



Tanya Sng



Tapalin Charoensook



Tasa Sueppheng



Tan Shu An



Tan Sum Moy



Tanya Lai



Thananrada Thananart



Thwicha Surattichaiyakul



Viraviran Jirasukprasert



Warut Chaijaraspon



Wiyada Mahachavaroj



Wong Kah Why



Wong Khoi Yeen



Yasuko & Takamori Uetsuhara



Yi Sung Liu



Yit Li Ling



Yotsawin Kasemchotiphan

WITHOUT PICTURE

Chan Shuh Hua Jayme Chua Jie Ming Juliana Law Lee Kooi Kim Ngoi Lai Mei Ngo Siow Tiong Padisant Tuntrirat
Shirley Tiang King Jia
So Lee Lee
Syenly Laurentia Luguman
Tang Lok Lee Micheal
Tang Siow Ling

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Abdullah Busera Fu Yongzhen Linda Wong Siew Ming

Abhibhop Phrombandit Gew Soon Peng Lo Hui Chung Achara Settapitayakul **Goh Cheow Song Jurena** Loh Seow Huan Goh Sin Lian Amanda Loo Chee Wee Adam Mun Yu Wan **Agnes Khew Govind Daswani Low Chien Keem** Ai Seuw Lim **Guay Shiau Wei Low Chien Tat** Alan Tan Hanisah Azhari Low Eng Suang Alisabeth Kim Loh Hannah Tan Rou Jun **Low Gek Lee Rose Andrea Soon** Ho Soo Yin **Low Jong Jiang**

Ang Ting Ni Melany Hwei Xian Chin Lynn Sd

Arkom Muthitanone Inga Bobrichenko Madeline Kiong

Belinda Lim Iswaria Manop Yuttagomol

Binb Marketing Sdn Bhd Issaree Ratjatateerawat Michelle Tan

Brand Right Solution Sdn BhdIttidej KrutrabiabMonnapat MallikamasBryce CheeJaruwan PongleeratNapapat PongkosonCalicia Jasmine LimJeanie ChuaNapassorn Junpanichravee

Cando Fam Pte LtdJintana ItoNapat AmornpimonChamnan HongthongJitchada NonthasornNapat KamnoedlomChan Ching PhingJosephine GoNar Justina

Chan Ching PhingJosephine GoNar JustinaChan Man Lay KristyKadelyn YongNarina Chulkarat

Chanyanuch Khumpruengdej Kantapat Patcharasuvivat Natharanbhorn Ananworanakorn
Cheng, Johnathan Kasinee Kasemsai Nattavee Anuchot

Cheong Su Chen Kell Chew Nawamonkit Panusooksa-Ngeeam Cherng Ching Frederick Foo Kenneth Kong Neo Beng Hock

Cheryl Anne Gunalan Leong PengKhoo Hui YeeNeo Ling LingChia Aik Noi JoyceKrissana ChimpinitNeo Sui Ping JaneChia Wing CheeKu Wai SeeNg Chee BoonChiang Zi Yin CatherineLai Wei JunNg Dorothy Poh HongChin Li TingLau Siong LeeNg Poh Gaik

Chin Tze LeeLee Saw FangNg Ser ChianChin Wen QingLee Siow HoonNg Xue QiChitchaya TuchindaLee WaiNidvadee Pongsirithanakul

Chng, AngieLee Wai LengNupee SrikhotChok Kai ChauLee Xin RuOng JennyChompunuth SomluechachaiLee Yuk Yee TeresaOng Yoke YeowChua Bee AiLeng Lai KuanOng, Dasmien

Chua Yao HongLeong Yoke HarOoi Sing YenChutinun SukmakLeow Yih YinPakwalun AngkasekvilaiCoreen Keh Siew TinLily TanPang Hok & Pang Hoe Hwa

Dancy Loh

Lim Bean Huey

Pang Hok & Pang Ho

Dion TanLim Chwee ChweePanicha SuesattabongkotEng Kin ChinLim Lai GeokPanumas HiranmasEng Zee YngLim Pei HanParinda WattanasuthipongEsther Liew Siew YunLim Say BinPatipat Wacharasricharoen

Esther Ting Geik Poh Lim Siew Fong Patrick Foo Et Global Network Pte Ltd Lin Kah Huay Pauline Chen

Feng PengyuLin Ya HuiPaveen ChetananandaFrancis TeoLin, ZhiyuanPaweena Chaisaen

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Petchada Thinkarn
Phaknhattra Aninyakornwong

Phakphattra ApinyakornwongTan Tian HongPhang Wei PingTan Woo LingPhang, De RenTan Zi Ling

Pimpavee Chalewan Tanakkasaeranee

Tan Qi Han

Pimpranit Luangprab Tang Ming Luan
Pitcha Pongpanstaporn Taspol Ponpisit
Poh Soo Mei Tatchai Chailapsiri
Pornprom Suwanna Tay Bee Lai

Preeya Chainiyom Teay Rui Feng & Chin Su Ching

Priyanuj Sathavonmanee Teo Hee Kee Queen'S Market Teresa Swa

Quek Hang Tian Steven Thanaporn Pongsutham

Quek Jessica Thanrawepokchat & Akkharaporaman

Quinnie ChanNawa-AmmaratthibodeeRatana PraphakarnThawaanphat Srijaruphat

Ratchata Pumiratkul The Loe Chi
Rmpc Marketing Sdn Bhd Thitiya Saengtes
Rosalind Tan Li Leng Thunwa Muthitanont
Roselyn Yong Chih Hui Thuspong Wechusdorn
Rungnapa Putivanich Toh Li-Ping Teelia
Sai Yunyun Vongphet Silisouk

Saigal Pemla Waeota Rangseeprasertsin

Sandra Lee Wang Chun Li Saovalux Sinlua Warisa lamsaard

Sasiang Dahlia Surapati Warisa Wongsanoraseth
Satvir Kaur Toor Watcharaporn Wilaimethanan

Seah Peck Boon Samantha Weng Shan

Seah Siew Wei Wichai Khantikittikul
See Karen Kim Hua Wong Lee May
See Puay Ng Wong Siew Kuen
Seneviratne Paul Navaratna Woon Choon Geok
Seng Bee Ling Kathleen Yak Siew Gim
Seoh Meng Hong Yan Kin Wan

Seng Bee Ling Kathleen

Seoh Meng Hong

Yan Kin Wan

Yan Kin Wan

Yap Yah Fong

Sim Chijia

Yeau Siew Moi

Sim Yi Jin

Yeo Sok Mui Ivy

Simon Lew

Yeow Yan Wen

Sinnasamy Vasudra Davi

Yi I-Chen Chang

Sirirath Panitchayarom

Ying Ying Peh

Sittisak Buasaraban

Sunanta Sujirat Sununta Thanasarndechachai

Swee Ying Tee Tan Choong Heng

Sopon Laichuthai Sornnarong Kanpai

Tan Eleen Tan Moi Lee

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