

WHITE GRAPEFRUIT

Citrus X paradise 5 mL

Citrus, floral, fruity

Aromatic description

PRIMARY BENEFITS

- Aroma refreshes the senses and is ideal for an uplifting environment.
- Fruity and citrusy. Add a drop or two to your water to give it an uplifting kick – a good tip for those who want to avoid unwanted snacking.
- Reviving and stimulating. Use White Grapefruit essential oil as a muscle rub to help uplift and focus your mind.

PRODUCT DESCRIPTION

White Grapefruit's name comes from the colour of its white peel but shares similar characteristics of other grapefruit varieties. Not quite as sweet as its pink grapefruit cousin, the aroma of White Grapefruit still evokes a fruity, citrusy tone. High in Limonene, the oil is cold pressed from the fresh peel and is ideal for its cleansing properties. This oil shines at creating a fresh, sweet environment.

USES

- Diffuse throughout your home to create a light and refreshing atmosphere.
- Add one drop to facial cleansers, shampoos, or toothpastes for added cleansing properties.
- Place one to two drops in the palm of your hand, rub together, and cup over the nose and mouth for 30 seconds to refresh the senses.

DIRECTIONS FOR USE

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

DIFFUSION: Use three to four drops in a diffuser of your choice.

FOOD FLAVOUR USE: Dilute one drop in 120mL of liquid.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

PLANT PART:

Grapefruit rinds (peel)

EXTRACTION METHOD:

Cold pressed

MAIN CHEMICAL COMPONENTS:

Limonene, myrcene



Certified Pure Tested Grade

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