

dōTERRA® SUPERMINT™

Mentha Blend

15 mL

PRIMARY BENEFITS

- Combines Peppermint, Japanese Mint, Bergamot Mint, and Spearmint essential oils in a synergistic blend, delivering a revitalising, minty, herbal, and sweet aroma.
- Creates an atmosphere that may support clarity.
- Soothes and comforts when incorporated into a massage.
- Provides a cooling sensation, which may contribute to feelings of open airways.

PRODUCT DESCRIPTION

Crisp, clean, and compelling, dōTERRA® SuperMint™ brings together CPTG® Peppermint, Japanese Mint, Bergamot Mint and Spearmint essential oils, creating a powerfully refreshing blend. When diffused or used topically, dōTERRA® SuperMint™ offers an invigorating, energising aroma and an uplifting environment that's ideal for focus. Menthol—the primary constituent of dōTERRA® SuperMint™—promotes a cooling sensation when inhaled, which may contribute to feelings of open airways. When applied to the skin during a massage, the cooling effect may be soothing and comforting. This synergistic blend helps freshen breath.

USES

- Diffuse in your favourite dōTERRA® diffuser throughout the day for an inspiring aroma.

- Use in an office or car diffuser to refresh your space.
- Rub one to two drops between your hands, cup them over your face, and inhale for a refreshing midday boost.
- Add to dōTERRA® spa Hand and Body Lotion for a comforting massage.
- Take one drop in a glass of water.

DIRECTIONS FOR USE

Aromatic use: Add three to four drops to the diffuser of your choice.

Topical use: To apply topically, dilute one drop essential oil to 10 drops carrier oil. See additional precautions below.

Internal use: Dilute one drop in a glass of water.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity.

If you're pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, face, and sensitive areas.



Certified Pure Tested Grade

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