dōTERRA SHINRIN-YOKU®

Body Wash | 250mL

Calming, floral, earthy

Aromatic description

PRIMARY BENEFITS

- Specifically formulated to transform your daily shower into a grounding forest escape.
- · Distinct calming and relaxing fragrance.

PRODUCT DESCRIPTION

Return to the forest to nurture mind, body and soul.

Research now concludes that the ancient Japanese practice of 'Shinrin-Yoku' or forest bathing has healing benefits to both our physical and mental health. Retreating to the inner sanctum of the trees is now scientifically proven to relieve stress, reduce blood pressure and boost our immune defences.

dōTERRA Shinrin-Yoku® Body Wash transforms your shower into a grounding forest escape.

The gentle body wash is formulated without sulfates and deeply hydrates and nourishes, leaving the skin soft and clean.

Featuring the dōTERRA Shinrin-Yoku[™] Forest Bathing Blend, known for its woodsy, relaxing aroma, it creates an immersive sensory experience, inspired by the Japanese practice of forest bathing.

USES

Incorporate into your wash routine for the same relaxing benefits as actual forest bathing.

DIRECTIONS FOR USE

Apply a small amount to damp skin, or use with bath puff, and gently massage in a circular motion creating a rich lather. Rinse off.

CAUTIONS

For external use only.

Avoid contact with eyes.

INGREDIENTS

Aqua (Water), Sodium Lauroyl Sarcosinate, Cocamidopropyl Betaine, Glycerin, Hydroxyethylcellulose, Sodium Levulinate, Sodium Anisate, Glycerin, Glyceryl Caprylate, Citric Acid, Shinrin-Yoku Essential Oil Blend.



