BANKSIA SEED POD DIFFUSER

This natural diffuser makes an elegant gift, perfect for any small area.

PRODUCT DESCRIPTION

The Banksia Seed Pod Diffuser is a hand-made one-off piece that is finely crafted from the iconic and uniquely Australian Banksia seed pod.

- This natural diffuser works by soaking up your favourite CPTG® essential oil
- No flames and no electricity are needed
- Best placed in smaller areas of your home or in areas like powder rooms, wardrobes, your car, your bedside table or work desk
- Approximately 7cm in circumference

DIRECTIONS FOR USE

- Simply fill it with your favourite doTERRA essential oil or blend, letting it soak in
- Repeat 2-3 times for your first time and repeat as needed

TIPS:

- You can change the fragrance by waiting until the oil you have in it completely dissipates, then you can use whatever other essential oil you would like
- How much oil you use and how often you top it up will depend on the oil you are using
- You can revive your diffuser pod by giving it a wipe with some doTERRA Fractionated Coconut oil – using a cloth to wipe off any excess
- Best placed in smaller areas of your home or in areas like powder rooms, wardrobes, your car or on your bedside table or work desk



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CITRUS BLOOM®

Springtime Blend 15mL

PRIMARY BENEFITS

- Invigorating and supportive to emotional wellbeing
- · Uplifting to the mind & body
- · Calming and relaxing aroma

PRODUCT DESCRIPTION

Beautifully crafted to welcome spring into your home, Citrus Bloom® is the perfect essential oil fusion, combining the brightness of citrus peels layered with a freshly cut floral aroma.

Greek Wild Orange and Pink Grapefruit essential oils deliver sunny and fresh aromatic notes to Citrus Bloom® providing an uplifting and energising aroma. The addition of Lavender, Roman Chamomile and Magnolia, known as calming and relaxing aromas add a softer, sweeter touch.

Start your day with the aromatic presence of Citrus Bloom® to promote a joyful celebration of you and a positive fresh start to the day.

USES

- Diffuse in your favourite doTERRA diffuser throughout the day and experience the positive, uplifting aroma of Citrus Bloom[®].
- Put one or two drops onto your wrists or diffuser jewellery for a constant bright and spring-like aroma.

- For a mid-day boost, rub one to two drops of Citrus Bloom® between your hands, cup the face, and inhale for an optimistic and energising aroma.
- Add to your doTERRA Hand & Body Lotion for an uplifting aromatic massage experience.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Wild Orange, Grapefruit, Lavender, Roman Chamomile and Magnolia essential oils





ISLAND MINTTM

Summertime Blend 15 mL

Minty, fresh, citrus, woody

Aromatic description

PRIMARY BENEFITS

- · Uplifting and Invigorating aroma
- · Help promote feelings of calm

PRODUCT DESCRIPTION

Escape to a tropical oasis in the comfort of your home, or wherever you may be, with Island $Mint^{TM}$.

Try this summertime aromatic blend to set a positive and festive environment. With the classically sweet citrus combination of Lemon and Lime essential oils, complemented by fresh Peppermint and the unique depth of Spruce, this blend is perfectly balanced. Ideal when you are looking for renewal and centeredness.

Formulated to be invigorating to the senses, yet promoting feelings of calm, use this blend for an aromatic boost during your day. Channel you inner sunny paradise by diffusing our Island MintTM Summertime Blend.

USES

• Diffuse throughout the day for an uplifting aroma boost.

- Add to your diffuser jewellery or your favourite doTERRA diffuser to help create your own sunny paradise.
- Use on long road trips or a midday pick-me-up to help invigorate the senses.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of your choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing or under a doctor's care, consult your physician. Avoid sunlight or UV rays for up to 12 hours after applying product. Application to the skin may increase sensitivity to sunlight.

INGREDIENTS

Lime, Distilled Lemon, Peppermint and Spruce essential oils





MIDNIGHT FOREST

Nature Blend 15mL

Piney, woody, spicy

Aromatic description

KEY INGREDIENTS AND BENEFITS

- · Provides calming and relaxing aroma
- Sets a tranquil environment
- · Creates a peaceful, mellow atmosphere
- Brings the outdoors into your home

PRODUCT DESCRIPTION

Most of life these days is spent indoors, often glued to technology. With work and family obligations, it can be hard to get outside and just breathe. Intuitively we know, and science has long acknowledged, we have a biological need to connect with nature. Spending time among towering trees can help create in us a sense of well-being. The Japanese have a name for this: shinrin-yoku or "forest bathing." doTERRA captures this aromatic experience of well-being with Midnight Forest, a proprietary essential oil blend containing tree terpenes, with a fresh and distinctive aroma. The Siberian Fir and Wild Orange essential oils in Midnight Forest add to a calm and relaxed environment when used in a room or personal diffuser, and when applied topically. The Frankincense in the blend can help create a peaceful atmosphere when diffused. Even when you can't get outside, you can immerse yourself in nature with Midnight Forest.

USES

- Diffuse to create naturally clear and fresh surroundings.
- Apply topically or diffuse to create a calm, relaxing setting.
- Add to Fractionated Coconut Oil to enhance a comforting massage.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

INGREDIENTS

Siberian Fir, Cypress, Juniper Berry, Black Spruce, Wild Orange, Frankincense, Pimento Leaf, Pimento Fruit, Cistus, Caraway, and Labdanum.

