

# NIAOULI

*Melaleuca quinquenervia 15mL*

*earthy, sharp, pungent*

*Aromatic description*

## PRIMARY BENEFITS

- Renowned for its cleansing properties
- Good for cleaning household surfaces
- May help keep skin looking healthy

## PRODUCT DESCRIPTION

Niaouli is a large evergreen tree widely found in Asian countries. The trees have five-inch long leaves and yellow-tinted flowers that flourish in tight spikes at the ends of the branches. The flakey look of the tree gives it various nicknames such as paperbark or paper bark tea tree and bottle brush.

A relative of Tea Tree, Niaouli has a sweeter, yet woody aroma. Niaouli essential oil has a stimulating aroma due to its eucalyptol content and composition of monoterpenes.

Niaouli has been used in a variety of cosmetics such as lotions, creams and soaps. Due to its limonene content, Niaouli essential oil may help keep skin looking healthy. It may also be beneficial as part of a relaxing massage.

## USES

- Add one drop to your facial cleanser.
- Add to your favourite cleaning spray.
- Include as part of a soothing massage.
- Combine with Eucalyptus, Bergamot or Lavender essential oils in your dōTERRA® diffuser.

## DIRECTIONS FOR USE

**DIFFUSION:** Use three to four drops in the diffuser of choice.

**TOPICAL:** Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

**PLANT PART:** Leaf

**EXTRACTION METHOD:**

Steam distillation

**MAIN CHEMICAL COMPONENTS:**

Eucalyptol, α-pinene



Certified Pure Tested Grade

Except as indicated, all words with a trademark or registered trademark symbol are trademarks or registered trademarks of dōTERRA Holdings, LLC.

©2020 dōTERRA 12062020