



MICROPLEX VMz[®]

Essential Oil Omega Complex

PRIMARY BENEFITS

- Provides essential vitamins and minerals to support the health and maintenance of general wellbeing
- With antioxidant vitamins, C and E, to assist in protecting cells from free radical damage
- An energy complex of B vitamins; presented in a patented glycoprotein matrix
- Contains Vitamin D and E to support healthy hearts
- Includes a balanced blend of minerals including calcium, magnesium, zinc, selenium, copper, manganese and chromium
- Vitamin D and calcium support the development and maintenance of strong, healthy bones
- Formulated with a digestive enzyme blend of protease, lipase, amylase, tilactase and cellulase

PRODUCT DESCRIPTION

dōTERRA's Microplex VMz[®] Food Nutrient Complex is a food nutrient formula of bioavailable vitamins and minerals that maybe deficient in our modern diets. The formula includes a balanced blend of essential vitamins, C, E, and an energy complex of B vitamins in a patented glycoprotein matrix.

Also containing minerals including calcium, magnesium and zinc, which play a role in the maintenance of healthy bone. Microplex VMz[®] contains the dōTERRA tummy tamer botanical blend of Peppermint, Ginger and Caraway.

A comprehensive array of nutrients presented in a food nutrient complex that are involved in the growth and function of cells, Microplex VMz[®] provides a balanced blend of essential antioxidant vitamins, C and E; an energy complex of B vitamins; and 200 IU of vitamin D.

It also contains nutrients essential for carbohydrate, lipid and protein metabolism and the minerals Calcium, Magnesium and Zinc. Adequate dietary calcium is needed in our youth and throughout life to help maintain strong, healthy bones.

Vitamin D helps calcium absorption and a diet deficient in calcium can lead to osteoporosis in later life.

Microplex VMz[®] represents the gold standard in vitamin and mineral supplementation. The formula is encapsulated in sodium lauryl-sulfate free vegetable capsules and does not contain wheat or milk products.

Microplex VMz[®] is formulated to be used daily with dōTERRA Alpha CRS+[™] and xEO Mega[®] as a comprehensive dietary supplement foundation.



Certified Pure Tested Grade

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DIRECTIONS FOR USE

Adults, take 2 capsules twice daily with meals or as directed by your healthcare professional.

Vitamin supplements should not replace a balanced diet. This product contains selenium which is toxic in high doses. A daily dose of 150µg for adults of selenium from dietary supplements should not be exceeded. If symptoms persist consult your healthcare practitioner.

Warning: If you are pregnant or considering becoming pregnant, do not take vitamin A supplements without consulting your doctor or pharmacist. When taken in excess of 3000µg retinol equivalents (RE) vitamin A can cause birth defects. The recommended daily amount of vitamin A from all sources is 700µg RE for women and 900µg RE for men.

Contains sucrose, glucose and sodium benzoate.

Store below 25°C.

Microplex VMz® is formulated to be used with xEO Mega® or dōTERRA Alpha CRS+™. All three products can be found in one our convenient dōTERRA Lifelong Vitality pack®.

ALWAYS READ THE LABEL. USE ONLY AS DIRECTED. IF SYMPTOMS PERSIST SEE YOUR DOCTOR/ HEALTHCARE PROFESSIONAL

INGREDIENTS

Each capsule contains:			
Retinol Acetate (Vit. A 75µg RE)	86µg	<i>Fucus vesiculosus</i> (Bladderwrack) Whole Plant Powder (Containing Iodine 6.25µg)	12.5mg
Betacarotene	923µg	Magnesium (from Magnesium Amino Acid Chelate 186mg)	37mg
Thiamine Hydrochloride (Vit. B1)	841µg	Manganese (from Manganese Amino Acid Chelate 1.25mg)	125µg
Riboflavin (Vit. B2)	750µg	Selenium (from Selenomethionine 43.5µg)	17.5µg
Nicotinamide (Vit. B3)	5mg	Zinc (from Zinc Amino Acid Chelate 18.8mg)	3.8mg
Calcium Pantothenate (Pantothenic Acid 2.5mg)	2.73mg	Palm Tocotrienols Complex	96.5µg
Pyridoxine Hydrochloride (Pyridoxine 750µg)	912µg	Protease	3,066Thousand HUT
Calcium Folate (Folic Acid 100µg)	139µg	Lipase	37LipU
Cyanocobalamin (Vit. B12)	2.5µg	Amylase	111DU
Biotin	75µg	Tilactase	69ALU
Calcium Ascorbate Dihydrate (Ascorbic Acid 37.5mg)	45.4mg	Cellulase	55CU
Magnesium Ascorbate Monohydrate (Ascorbic Acid 12.5mg)	13.9mg	<i>Petroselinum crispum</i> (Parsley) Herb Powder	3.4mg
Total Ascorbic Acid (Vit. C)	50mg	<i>Spinacia oleracea</i> (Spinach) Leaf Powder	1.4mg
Colecalciferol (Vit. D 50IU)	1.25µg	<i>Brassica oleracea var. viridis</i> (Kale) Leaf Powder	5.6mg
d-alpha Tocopheryl Acid Succinate (Vit. E 12.5IU)	10.3mg	<i>Brassica oleracea var. gemmifera</i> (Brussel Sprout) Leaf Bud Powder	1.4mg
Phytomenadione (Vit. K)	5µg	<i>Brassica oleracea var. capitata</i> (Cabbage) Leaf Powder	1.4mg
Calcium (from Calcified Lithothamnion Species 93.75mg)	30mg	Herbal Extracts Equiv. to Dry	
Calcium (from Calcium Carbonate 226.26mg)	90.5mg	<i>Zingiber officinale</i> (Ginger) Root	50mg
Chromium (from Chromium Nicotinate 104µg)	12.5µg	<i>Mentha x piperita</i> (Peppermint) Leaf	10mg
Copper (from Copper Gluconate 893µg)	125µg	<i>Taraxacum officinale</i> (Dandelion) Leaf	16.9mg
Iron (from Iron Amino Acid Chelate 7.5mg)	1.5mg	<i>Carum carvi</i> (Caraway) Seed	10mg
		<i>Brassica oleraceas var. italic</i> (Broccoli) Sprout	414mg



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