

LITSEA

LITSEA CUBEBA 15ML

SKU: 60201876



PRIMARY BENEFITS

- DIFFUSE FOR A REFRESHING AND UPLIFTING AROMA
- DIFFUSE WHILE WORKING OR EXERCISING TO BRING FRESH STIMULATING AROMA

PRODUCT DESCRIPTION

Litsea cubeba is an evergreen tree or shrub belonging to the Lauraceae family. Its fruit produces Litsea—a lemon-like essential oil with a wide range of aromatic uses. Being native to East Asia, Litsea has a long history of traditional use by the indigenous people of Taiwan and has been widely distributed in Japan, Taiwan, Southern China, and Southeastern Asia. When diffused, Litsea provides an uplifting scent.

USES

- Diffuse to promote feelings of balance throughout the day.
- Create your own diffuser blend by combining with complimentary oils such as Lavender, Ylang Ylang, Rose, Sandalwood, Frankincense, Geranium, Vetiver, or Fennel.
- Diffuse during meditation to promote a cleansing, revitalising aromatic environment.

DIRECTIONS FOR USE

Food flavour use: Add 1 or 2 drops to food.

Diffusion: Use two to three drops in the diffuser of choice.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician.

PLANT PART: Fruit

EXTRACTION METHOD: Steam distillation

AROMATIC DESCRIPTION: Clean, fresh, sweet

MAIN CHEMICAL COMPONENTS: Geranial, neral, limonene

