

LEMONGRASS

CYMOPOGON FLEXUOSUS 15 ML



PRIMARY BENEFITS

- REFRESHING AND INVIGORATING TO THE SENSES.

PRODUCT DESCRIPTION

Lemongrass has a pungent, herbaceous aroma that gives you a sense of heightened awareness and positivity when diffused. It is ideal to promote an overall sense of emotional and spiritual wellbeing. Lemongrass is also renowned for its unique flavour and is popular in many Asian dishes.

USES

- Use to flavour Asian inspired dishes and salads.
- Blends well with Basil, Cardamom, or Spearmint in the diffuser.

DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food flavour use: Add 1 or 2 drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. Avoid contact with eyes, inner ears, and sensitive areas. If you are pregnant, nursing, or under a doctor's care, consult your physician.

PLANT PART: Leaf

EXTRACTION METHOD: Steam distillation

AROMATIC DESCRIPTION: Clean, fresh, citrus, bright

MAIN CHEMICAL COMPONENTS: Geranial, neral

