

# LEMON MYRTLE

*Backhousia citriodora 5mL*

*Sweet, lemon, slightly herbal*

*Aromatic description*

## PRIMARY BENEFITS

- Uplifting to the senses.
- Soothing aroma.

## PRODUCT DESCRIPTION

Native to Australia, lemon myrtle has long been used by Aboriginal and Torres Strait Islander people as part of their diet.

Lemon Myrtle essential oil is distilled from the citrus scented leaves of the subtropical lemon myrtle plant.

Lemon Myrtle essential oil has a soothing aroma.

## USES

- Try diffusing for a soothing aroma.
- Add a drop of Lemon Myrtle essential oil to your water for a refreshing taste.

## DIRECTIONS FOR USE

**DIFFUSION:** Use three to four drops in the diffuser of choice.

**FOOD FLAVOUR USE:** Add one to two drops to food.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

**PLANT PART:** Leaf

**EXTRACTION METHOD:**  
Steam distillation

**MAIN CHEMICAL COMPONENTS:**  
Citral (geranial and neral)



Certified Pure Tested Grade

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