

LEMON MYRTLE

Backhousia citriodora 5 mL

Sweet, lemon, slightly herbal

Aromatic description

PRIMARY BENEFITS

- Uplifting to the senses
- Calming and relaxing aroma

PRODUCT DESCRIPTION

Native to Australia, Lemon Myrtle has long been used by Aboriginal and Torres Straight Islander people as part of their diet.

Lemon Myrtle essential oil is distilled from the citrus scented leaves of the subtropical lemon myrtle plant.

Lemon Myrtle essential oil has a calming and relaxing aroma.

USES

- Try diffusing for a calming and relaxing aroma.
- Add a drop of Lemon Myrtle essential oil to your water for a refreshing taste.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one to two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Citral (geranial and neral)



Certified Pure Tested Grade

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