

dōTERRA LAVENDER PEACE® SOFTGELS RESTFUL COMPLEX

60 Vegetarian Restful Complex

PRIMARY BENEFITS

- Calming properties that helps the mind wind down and settle.
- Supportive of the nervous system.
- Helps you get the refreshing rest you deserve.
- A relaxing and calming tonic that helps restore balance.

PRODUCT DESCRIPTION

The dōTERRA Lavender Peace® Softgels Restful Complex harness the power of traditional ingredients and the best of modern science to promote calm and relaxation.

The hero ingredients of the complex are CPTG® Lavender essential oil, L-Theanine and Tart Cherry.

These principal components, along with the synergy of Lemon Balm, Passionflower and Chamomile, are designed to support the nervous system and restore balance.

The vegan friendly tapioca softgels make it easy to get the rest you need without feeling groggy or sleepy the next day.

These softgels have a range of benefits, including:

- Soothing, calming tonic for the body.
- Supporting general health and wellbeing.

dōTERRA Lavender Peace® Softgels Restful Complex are part of the 3-step sleep system which includes dōTERRA Lavender Peace® Stick and Valerian essential oil. Combining the 3-step sleep system with smart sleep hygiene can help you get the rest you deserve.

DIRECTIONS FOR USE

Adults, to relieve sleeplessness:

Take 1-2 capsules, once daily, with water before sleep.

To support a healthy stress response and calm the mind:

Take 4 capsules, once daily, with water.

For traditional nerve tonic:

Take 1 capsule, once daily, with water.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

If symptom persist, talk to your health professional. Do not use if breastfeeding, pregnant or likely to become pregnant.

Store in a cool, dry place.

Always read the label and follow the directions for use.

INGREDIENTS:

EACH SOFT CAPSULE CONTAINS:

Lavandula angustifolia (Lavender) flowering herb top essential oil	80 mg
Theanine (Alphawave®)	50 mg
Prunus cerasus (Tart Cherry) powder	15 mg
Derived from fresh fruit flesh	750 mg
Melissa officinalis (Lemon Balm) ext. dry conc.	12 mg
Derived from dry herb	18 mg
Passiflora incarnata (Passionflower) ext. dry conc.	6.5 mg
Derived from dry herb flowering and fruiting	9.8 mg
Matricaria chamomilla (German Chamomile) ext. dry conc.	5 mg
Derived from dry flower	50 mg

OTHER INGREDIENTS:

Guar Gum, Lecithin (Sunflower), Acacia, Maltodextrin, Silicon Dioxide, Olive Oil, Calcium Carbonate, Modified Food Starch, Glycerol, Purified Water, Medium Chain Triglycerides.



Certified Pure Tested Grade

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