

JUNIPER BERRY

Juniperus communis 5 mL

Balsamic, clean, woody, spicy

Aromatic description

PRIMARY BENEFITS

- Has a clean, woody and spicy aroma.
- Acts as a natural skin toner.
- Naturally cleansing and clarifying.
- Has a calming aroma, grounding to the emotions.

PRODUCT DESCRIPTION

Derived from the coniferous tree, Juniper Berry essential oil has a rich history of traditional uses and benefits. Juniper Berry acts as a natural cleansing and clarifying agent. Juniper Berry acts as a natural skin toner and promotes skin health. Its woody, spicy, yet fresh aroma has a calming, grounding effect. When diffused, Juniper Berry provides a cleansing, refreshing aroma.

USES

- Add one to two drops to water or citrus drinks.
- Apply one drop to promote skin health.
- Diffuse with citrus oils to freshen and purify the air and provides a balancing and calming aroma.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional cautions below .

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Berry

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Neryl acetate, alpha pinene,
γ-curcumene



Certified Pure Tested Grade

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