

# ICE BLUE™

ATHLETIC BLEND 10 ML ROLL-ON

SKU: 31380004  
WHOLESALE: \$94.00  
RETAIL: \$125.30  
PV: 61.00

## PRIMARY BENEFITS



- SOOTHING AND COOLING OIL BLEND
- COMFORTING PART OF A MASSAGE

## PRODUCT DESCRIPTION

dōTERRA Ice Blue™ is perfect for a soothing massage after a long day of work. Wintergreen, Camphor, Peppermint, Blue Tansy, Blue Chamomile, Helichrysum, and Osmanthus work together to soothe and cool. After long hours on the computer, try rubbing Ice Blue™ essential oil blend on your fingers, wrists, shoulders, and neck. A few drops of Ice Blue™ Athletic Blend diluted in a carrier oil can be part of a cooling and comforting massage.

## USES

- Apply on feet and knees before and after exercise.
- Massage Ice Blue™ with a few drops of carrier oil onto growing kids' legs before bedtime.
- Rub Ice Blue™ on your lower back after a day of heavy lifting at work or during a move.

## DIRECTIONS FOR USE

Topical use: Apply to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**INGREDIENTS:** Wintergreen Leaf, Camphor Bark, Peppermint Plant, Ylang Ylang Flower, Helichrysum Flower, Blue Tansy Flower, Blue Chamomile Flower, and Osmanthus Flower essential oils.

**AROMATIC DESCRIPTION:** Minty, camphoraceous

