

dōTERRA CHEER®

Uplifting Blend 5mL

Fresh, spicy, warm

Aromatic description

PRIMARY BENEFITS

- Helps Promote feelings of optimism, cheerfulness and emotional wellbeing
- Pleasing, uplifting aroma

PRODUCT DESCRIPTION

Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life, right? dōTERRA Cheer® Uplifting Blend of citrus and spice essential oils provides a cheerful boost with an uplifting scent to help invigorate your senses.

Its sunshiny, fresh, optimistic aroma will brighten any moment of your day. dōTERRA Cheer® Uplifting Blend of citrus and spice essential oils provides a cheerful boost of happiness and positivity, ideal for when you are feeling down.

USES

- Diffuse at home or work to help promote a positive, uplifting environment.
- Apply to a cotton ball or terracotta plate and place in car to experience the energising aroma of dōTERRA Cheer® while driving.

- To brighten your day apply one drop to hands, rub together and inhale deeply as needed.

DIRECTIONS FOR USE

DIFFUSION: Use one to two drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Possible skin sensitivity.

INGREDIENTS

Wild Orange Peel, Clove Bud, Star Anise Fruit/Seed, Lemon Myrtle Leaf, Nutmeg Kernel, Vanilla Bean Extract, Ginger Rhizome, Cinnamon Bark, Zdravetz Herb



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dōTERRA CONSOLE™

Comforting Blend 5mL

Sweet, musky, floral

Aromatic description

PRIMARY BENEFITS

- The uplifting aroma helps promote feelings of comfort and hope

PRODUCT DESCRIPTION

Losing something or someone you love can be deeply disorienting and painful. Words unspoken and questions unanswered may keep you worried and unsettled.

dōTERRA Console™ Blend of floral and tree essential oils provides a comforting aroma to promote feelings of emotional wellbeing

USES

- Diffuse during times of loss for a comforting aroma and a time to focus on feelings of hope.
- Apply over the heart morning and night as a reminder to be patient with healing and to think positive thoughts.
- Apply one to two drops to a shirt collar or scarf and smell throughout the day for an uplifting aroma.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Frankincense Resin, Patchouli Leaf, Ylang Ylang Flower, Labdanum Stem/ Twig, Amyris Bark, Sandalwood Wood, Rose Flower, Osmanthus Flower



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dōTERRA MOTIVATE™

Encouraging Blend 5mL

Fresh, minty, clean

Aromatic description

PRIMARY BENEFITS

- Formulated to help promote feelings of confidence, courage and belief
- An uplifting and positive aroma, ideal to use in times when negative emotions are present.

PRODUCT DESCRIPTION

Are you frustrated at work? Have setbacks in spite of your best efforts shaken your confidence? Or has misplaced trust left you cynical more often than your best self should be? Then stop, reset, and restart with dōTERRA Motivate™ Encouraging Blend of mint and citrus essential oils.

dōTERRA Motivate™ with its invigorating scent may help you unleash your creative powers and find feelings of courage that comes from believing in yourself again.

Go ahead and raise the bar, you can do it!

USES

- Apply to the bottom of feet in the morning to jump start your day.
- Diffuse dōTERRA Motivate™ when working on a project at work or studying.

- Apply to pulse points before participating in sporting events or other competitions.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Peppermint Plant, Clementine Peel, Coriander Seed, Basil Herb, Yuzu Peel, Melissa Leaf Flower and Rosamary Leaf essential oils with Vanilla Bean Absolute



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dōTERRA PASSION™

Inspiring Blend 5mL

Sweet, warm, rich

Aromatic description

PRIMARY BENEFITS

- An inspiring aroma to help ignite feelings of excitement, passion and joy
- Create a positive, engaging environment with its uplifting aroma

PRODUCT DESCRIPTION

Have you lost your why, your mojo, your passion? Too much of even a good thing can become predictable and boring over time. dōTERRA Passion™ Inspiring Blend of spice and herb essential oils may help you rekindle excitement in your life. Jump out of an airplane, dive into an ocean or try something really scary like dancing.

With dōTERRA Passion™, explore the daring and try something new and discover renewed joy for the current blessings in your life.

USES

- Diffuse in the morning to help start the day with an energised and enthusiastic outlook.
- Diffuse at work to help spark creativity, clarity and wonder.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. READ SAFETY DIRECTIONS. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

SAFETY DIRECTIONS

DO NOT SWALLOW. NOT TO BE TAKEN. Avoid contact with skin. If swallowed DO NOT induce vomiting.

FIRST AID: For advice, contact a poisons information centre (Australia: 13 11 26, New Zealand: 0800 764 766) or a doctor at once.

INGREDIENTS

Fractionated Coconut Oil, Cardamom Seed, Cinnamon Bark, Ginger Rhizome, Clove Bud, Sandalwood Wood, and Damiana Leaf essential oils, with Jasmine Flower and Vanilla Bean Absolute



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dōTERRA PEACE®

Reassuring Blend 5mL

Sweet, warm, rich

Aromatic description

PRIMARY BENEFITS

- Formulated to help promote feelings of peace, reassurance and contentment

PRODUCT DESCRIPTION

Is the fast pace of life leaving you feeling overwhelmed and unbalanced? dōTERRA Peace® Reassuring Blend of floral and mint essential oils is a positive reminder you don't have to be perfect to find peace.

Slow down, take a deep breath, and reconnect with the composed, collected you. Everything turning out fine begins with believing it will, along with a few drops of dōTERRA Peace® Reassuring Blend to support you.

USES

- Diffuse at night time to promote a calming environment before a restful sleep.
- For a calming aroma, apply one drop to hands, rub together and inhale deeply.

- A calming scent massaged into the bottoms of feet is ideal during feelings of restlessness or emotional upset.

DIRECTIONS FOR USE

DIFFUSION: Use one to two drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Vetiver Root, Lavender Flower, Ylang Ylang Flower, Frankincense Resin, Clary Sage Flower, Marjoram Leaf, Labdanum Twig Absolute, Spearmint Leaf/Flower



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dōTERRA FORGIVE®

Renewing Blend 5mL

Herbaceous, fresh, woody

Aromatic description

PRIMARY BENEFITS

- Helps promote feelings of contentment, relief and patience
- A soothing and calming aroma

PRODUCT DESCRIPTION

Are you carrying a burden that grows heavier with time? Would you be better off just letting it go and facing a future unfettered by anger and guilt?

When you are ready to move forward, this blend of tree and herb essential oils will help you discover the liberating action of forgiving, forgetting, and moving on.

Start each of your tomorrows with feelings of relief and contentment with dōTERRA Forgive® Renewing Blend.

USES

- Diffuse when meditating to help promote calm emotions, creating a nurturing open environment.
- Apply to pulse points and heart throughout the day to help feel grounded and content.

- Have dōTERRA Forgive® on hand throughout the day for when negative emotions arise from undesirable situations.

DIRECTIONS FOR USE

DIFFUSION: Use one or two drops in the diffuser of choice.

TOPICAL USE: Dilute one to two drops with a carrier oil then apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Spruce Leaf, Bergamot Peel, Juniper Berry Fruit, Myrrh Gum Resin, Arborvitae Wood, Nootka Tree Wood, Thyme Leaf, Citronella Herb



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PETAL DIFFUSER 2.0

PRIMARY BENEFITS

- Simple usage: 3-piece diffuser is easy and convenient
- Multiple time settings: 2 or 6 hour continuous and 12 hour intermittent (5 minutes. on, 5 minutes. off)
- Optional light settings: nightlight or light-free
- Dispersion: Ultra-fine mist reaches up to 30m²
- 12 month warranty

PRODUCT DESCRIPTION

The Petal Diffuser you know and love now has a new look and updated features! This small, convenient, and night-friendly diffuser has a far-reaching mist designed to help disperse aromas throughout your home while running for up to 12 hours. Create the aromatic atmosphere of your choice with this beautiful diffuser!

dōTERRA's Petal Diffuser 2.0 is a small, user friendly diffuser that delivers aromatic benefits to your family and home. It has a relaxing mist and soft white ambient light, making it ideal for nighttime diffusion, and can cover up to 30m². The Petal Diffuser 2.0 has three time settings, allowing you to customise the release of dōTERRA CPTG[®] essential oils into the air.



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