EASY AIR®

Clear Blend 5mL

Breathe

Aromatic description: Minty, fresh, airy

Breathe easy with doTERRA Easy Air®

dōTERRA Easy Air® is a remarkable blend of essential oils including Laurel Leaf, Peppermint, Eucalyptus and Tea Tree. Ancient Greeks made headdresses of laurel leaves to crown winning sportsmen, warriors and scholars. The refreshing aroma of Easy Air® helps promote feelings of clear and easy breathing. It can be applied topically, or diffused before a restful night's sleep.

PRIMARY BENEFIT

The Eucalyptus within doTERRA Easy Air® may help to promote soothing feelings.

SECONDARY BENEFIT

dōTERRA Easy Air® contains relaxing Ravintsara which can be used in meditation for its soothing properties. Its fresh and earthy scent may be used before bed.

PRODUCT DESCRIPTION

Easy Air® can be applied topically to the chest, back or bottom of feet or diffused at night time to help calm the senses before bed.

USES

- Diffuse, inhale directly from palms, or rub on chest or feet.
- · Diffuse at bedtime.

DIRECTIONS FOR USE

DIFFUSION:

Use three to four drops in a diffuser of your choice.

TOPICAL USE:

Apply one to two drops to desired area. Dilute with carrier oil to minimise any skin sensitivity.

See additional precautions below

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
NOT TO BE TAKEN. Possible skin
sensitivity. If you are pregnant, nursing
or under a doctor's care consult
your physician. Avoid contact with
eyes, inner ears, and sensitive areas.
Avoid sunlight and UV rays for at
least 12 hours after applying product.
Application to skin may increase
sensitivity to sunlight.

INGREDIENTS

Laurel Leaf, Eucalyptus Leaf, Peppermint Plant, Melaleuca Leaf, Lemon Peel, Cardamom Seed, Ravintsara Leaf and Ravensara Leaf essential oils.

