

dōTERRA BALANCE® TOUCH

Grounding Blend 10mL Roll-On

Airy, fresh, sweet and woody

Aromatic description

PRIMARY BENEFITS

- Creates a sense of calm and well-being.
- Promotes a relaxing environment with a tranquil aroma.
- Helps bring harmony to the mind and body.
- Can help create calm surroundings.
- Spruce essential oil is high in bornyl acetate, a compound that promotes relaxation and calmness.

PRODUCT DESCRIPTION

The warm, woody aroma of dōTERRA Balance® helps create a sense of calm and wellbeing. A perfect combination of Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile and Osmanthus essential oils in a fractionated coconut oil base, dōTERRA Balance® Touch offers an enticing fragrance to help promote tranquility and relaxation. Spruce, one of the oils in dōTERRA Balance® Touch, was used by Native Americans. Ho Wood, Blue Tansy and Blue Chamomile aromas can provide a sense of calmness, while Frankincense aroma has grounding and balancing properties.

USES

- Roll on to wrists, pulse points and back of neck for a calm aroma.
- Apply to feet to promote a tranquil aromatic atmosphere.
- Try at times when looking for relaxation and balance.

DIRECTIONS FOR USE

DIFFUSION: Roll on to diffusing jewellery, natural dolomite, or lava diffusing rocks.

TOPICAL USE: Apply to desired area. See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

INGREDIENTS

Fractionated Coconut Oil, Spruce, Ho Wood, Frankincense, Blue Tansy, Blue Chamomile and Osmanthus essential oils.



Certified Pure Tested Grade

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