

dōTERRA ANCHOR

GROUNDING BLEND 5 ML

KIT SKU: 60205396

(AVAILABLE IN YOGA COLLECTION ONLY)

WHOLESALE (YOGA COLLECTION): \$89.00

RETAIL (YOGA COLLECTION): \$118.00

PV: 56.00

PRIMARY BENEFITS



- SUPPORTS EFFECTIVE YOGA PRACTICE
- PROMOTES FEELINGS OF COMPLETENESS, CALMNESS, AND COURAGE
- ENCOURAGES A STEADY FOUNDATIONAL SENSE FROM WHICH TO MOVE FORWARD

PRODUCT DESCRIPTION

Sometimes in this crazy-busy, modern world, you feel uprooted and unsure of yourself, with a mile long to-do-list and uncertain priorities. Finding balance through aromatherapy and simple yoga moves can be an excellent first step. dōTERRA Anchor Grounding blend brings a firm trust in yourself so you can approach your practice and life with calming strength. Featuring Lavender, Cedarwood, Sandalwood, Cinnamon, Frankincense, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil, this blend supports your connection to yourself, your community, your emotional harmony and your innate wisdom.

USES

- Apply to ankles, base of spine, and bottoms of feet to promote feelings of completeness and calmness.
- Enjoy the aromatic benefits of Anchor whenever you are feeling scattered or uprooted.
- The perfect yoga poses to pair with Anchor's aroma are Seated Meditation, Seated Twist, and Bhu Mudra (one hand on the heart, the other on the Earth).
- Can be used during yoga practice or any time during your day.

DIRECTIONS FOR USE

Diffuser use: Apply several drops to diffusing jewellery, natural dolomite, or lava diffusing rocks.

Topical use: Apply one to two drops to desired area.

See additional precautions below.

CAUTIONS

Possible skin sensitivity. KEEP OUT OF REACH OF CHILDREN. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

INGREDIENTS: Lavender, Cedarwood, Frankincense, Cinnamon Bark, Sandalwood, Black Pepper, and Patchouli essential oils in a base of Fractionated Coconut Oil

AROMATIC DESCRIPTION: Rich, earthy, spicy, woody

