

# DIGESTZEN<sup>®</sup>



## PRIMARY BENEFITS

- TAKE ORALLY WITH / AFTER / BEFORE FOOD TO PROMOTE A FEELING OF SATISFACTION AFTER EATING

## PRODUCT DESCRIPTION

DigestZen<sup>®</sup> contains ingredients that can be added to flavour food. This selected blend contains Ginger, Fennel, and Coriander, which have been used in foods as flavours, additives and spices throughout the world for centuries. DigestZen<sup>®</sup> is great to have on hand. The essential oils of Anise, Peppermint, Ginger, Caraway, Coriander, Tarragon, and Fennel are also known for their soothing and settling aromas when inhaled or applied topically.

## USES

- Add 1-2 drops to water or food for flavouring.
- Rub on the stomach before flying or taking a road trip for a calming aroma.

## DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Food flavour use: Add 1 or 2 drops to food.

Topical use: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. KEEP OUT OF REACH OF CHILDREN. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

**INGREDIENTS:** Anise Seed, Peppermint Plant, Ginger Root, Caraway Seed, Coriander Seed, Tarragon Plant, and Fennel Seed essential oils.

**AROMATIC DESCRIPTION:** Spicy, sweet, minty, liquorice

