

CLARYCALM®

Monthly Blend for Women 10 mL

Floral, herbal, coniferous

Aromatic description

PRIMARY BENEFITS

- A topical blend including Clary Sage, Lavender and Bergamot, dōTERRA ClaryCalm® is formulated to soothe, calm and stabilise your mind and body during menstrual cycles.
- dōTERRA ClaryCalm® contains Clary Sage, Lavender and Bergamot essential oils. Apply ClaryCalm® to pulse points to help balance and stabilise you during menstrual cycles and menopause.
- With both calming and uplifting properties, Bergamot essential oil may help to reduce feelings associated with worry and tiredness.

PRODUCT DESCRIPTION

ClaryCalm® is a proprietary blend of essential oils especially designed for women.

A topical blend of Clary Sage, Lavender, Bergamot, Roman Chamomile, Cedarwood, Ylang Ylang, Geranium, Fennel, Carrot Seed, Palmarosa and Vitex essential oils, ClaryCalm® provides a calming aroma to help promote a balancing environment.

USES

- Throughout the month, rub on your abdomen as part of a soothing and calming massage.
- When emotional balance is desired, try applying ClaryCalm® to the skin for its calming aroma.

DIRECTIONS FOR USE

TOPICAL USE: Apply to abdomen to experience a soothing and calming massage. Dilute with a carrier oil to minimise any skin sensitivity.

Apply to the back of the neck, temples, and soles of your feet. Dilute with carrier oil to minimise any skin sensitivity.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Clary Sage Flower, Lavender Flower, Bergamot Peel, Roman Chamomile Flower, Ylang Ylang Flower, Cedarwood Wood, Geranium Stem/Leaf, Fennel Seed, Carrot Seed, Palmarosa Herb and Vitex Leaf/Berry essential oils.



Certified Pure Tested Grade

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