# **CHRYSANTHEMUM TOUCH**

chrysanthemum indicum 10mL

Herbal, Floral, Fruity

Aromatic description

## PRIMARY BENEFITS

- Relaxing floral scent
- Beneficial to the skin

## **PRODUCT DESCRIPTION**

dōTERRA Chrysanthemum Touch combines Fractionated Coconut Oil with extract from the beautiful chrysanthemum flower. Believed to have originated in East Asia, chrysanthemum is a perennial plant with bright yellow flowers. Dried chrysanthemum flower has been a part of Chinese health practices for over 2,000 years. Use Chrysanthemum Touch as an enchanting personal fragrance or apply it topically on the skin for a calming and soothing sensation.

### USES

- Apply Chrysanthemum Touch for a calming and relaxing aroma
- Apply topically to help soothe the skin
- Add a few drops to sprays for antibacterial benefits

## DIRECTIONS FOR USE

Topical use: Apply one to two drops to desired area. See additional precautions below.

Diffusion: Use three to four drops in the diffuser of choice.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

#### INGREDIENTS:

Coconut Oil, Chrysanthemum Extract

MAIN CHEMICAL COMPONENTS: -phellandrene, p-cymene





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