

# dōTERRA CHEER®

*Uplifting Blend 5 mL*

*Fresh, spicy, warm*

*Aromatic description*

## PRIMARY BENEFITS

- Helps promote feelings of optimism.
- Pleasing, uplifting aroma.

## PRODUCT DESCRIPTION

Everyone knows a bright disposition and cheerful attitude can smooth over many of the bumps and challenges of life, right? dōTERRA Cheer® Uplifting Blend of citrus and spice essential oils provides a cheerful boost with an uplifting scent to help invigorate your senses.

Its sunshiny, fresh, optimistic aroma will brighten any moment of your day. dōTERRA Cheer® Uplifting Blend of citrus and spice essential oils provides a cheerful boost.

## USES

- Diffuse at home or work to help promote a positive, uplifting environment.
- Apply to a cotton ball or terracotta plate and place in car to experience the energising aroma of dōTERRA Cheer® while driving.
- To brighten your day apply one drop to hands, rub together and inhale deeply as needed.

## DIRECTIONS FOR USE

**DIFFUSION:** Use one to two drops in the diffuser of choice.

**TOPICAL USE:** Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

## CAUTIONS

KEEP OUT OF REACH OF CHILDREN.  
NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product. Possible skin sensitivity.

## INGREDIENTS

Wild Orange Peel, Clove Bud, Star Anise Fruit/Seed, Lemon Myrtle Leaf, Nutmeg Kernel, Vanilla Bean Extract, Ginger Rhizome, Cinnamon Bark, Zdravetz Herb



Certified Pure Tested Grade

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