

ROSALINA

Melaleuca ericifolia 5mL

Camphorous and lemony

Aromatic description

PRIMARY BENEFITS

- Camphorous and lemony aroma
- Bright and refreshing aroma, ideal aroma for a rainy day

PRODUCT DESCRIPTION

Rosalina (*Melaleuca ericifolia*) also known as the Swamp Paperbark, is native to Eastern Australia.

It's a small to medium-sized tree, growing up to 9 metres tall and found along creeks and river flats and in swamps in Eastern and cooler parts of Australia.

Rosalina has creamy white flowers that flower mainly in spring. Rosalina essential oil is distilled from the leaf of the plant and has different properties and constituents to other melaleuca oils. It has a camphorous and lemony aroma.

USES

- Start your day with the distinct and refreshing lemony aroma.
- Try diffusing three to four drops in the diffuser. Blends well with Bergamot and Lavender essential oils.
- Dilute in a carrier oil and use as part of an invigorating aromatic massage.

DIRECTIONS FOR USE

AROMATIC: Add three to four drops to your diffuser.

TOPICAL USE: Dilute one drop in two drops of carrier oil to minimise skin sensitivity.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS:

Melaleuca ericifolia (Rosalina) Leaf Oil

MAIN CHEMICAL COMPONENTS:

Eucalyptol, α -pinene, Linalool



Certified Pure Tested Grade

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TEA TREE

Melaleuca alternifolia 15mL

Herbaceous, green, leathery

Aromatic description

PRIMARY BENEFITS

- Cool and cleansing. Tea Tree is known for its antibacterial properties; it can be applied to the skin when necessary.
- Tea Tree essential oil contains a compound known to naturally repel insects.
- Tea Tree's antibacterial effects make it a good alternative to traditional cleaners. Add a few drops to a spray bottle with water and use on surfaces around the home.

PRODUCT DESCRIPTION

Tea Tree essential oil has over 92 different compounds and limitless applications.

The leaves of the Tea Tree tree were used by the Aboriginal and Torres Strait Islander peoples for centuries. They would apply crushed leaves directly to the skin for a cooling effect.

Tea Tree essential oil is best known for its cleansing properties. It can be used to cleanse and clarify the skin and nails and to support a healthy looking complexion. Diffusing Tea Tree essential oil will help freshen the scent of the air.

USES

- For topical skin application, apply one or two drops of Tea Tree essential oil in a carrier oil onto area.
- Combine one or two drops with your facial cleanser, as Tea Tree is known for its cleansing properties, or apply to skin after shaving.

- Apply to fingernails and toenails after showering to cleanse and keep nails looking healthy.
- Add a few drops to a spray bottle with water and use on surfaces as a cleaner around the home.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

CLEANING USE: Add five to ten drops to a 250mL spray bottle of water (and shake vigorously) to clean tables, countertops, and other surfaces.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. NOT TO BE TAKEN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult

your physician. Avoid contact with eyes, inner ears and sensitive areas. Application to skin may increase sensitivity to sunlight.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Terpinen-4-ol, γ -terpinene, α -terpinene



dōTERRA WOMBAT DIFFUSER

This cute and cuddly, dōTERRA Wombat Diffuser comes feature-packed and is an excellent introduction for you and your kids to the aromatic power of CPTG® essentials oils! With 4 to 8 hours of continuous misting and 16 hours intermittent, together with four peaceful music settings and two ambient light options, you'll be able to enjoy the aromatic benefits of essential oils all day long!

- Volume control and pause playback
- 4 x Music options with volume control
- Continuous mist: up to 4 or 8 hrs & Intermittent mist: up to 16 hrs
- 2 x Ambient light options (dim and bright warm or none)
- Timer Function for up to 4hr/8hr/16hr
- Suggested Room Size 25m²
- Automatic safety shut-off
- 12 Months Warranty

SPECIFICATIONS

- Water Capacity 150mL
- Adapter included



CITRONELLA

Cymbopogon winterianus 15mL

Slightly sweet, floral, rosy, lemon-like

Aromatic description

PRIMARY BENEFITS

- Cleansing properties
- Uplifting aroma

PRODUCT DESCRIPTION

From the leaf of a tall grass native to Asia, Citronella essential oil has a crisp, fresh aroma.

With powerful benefits, Citronella essential oil is an ideal companion for camping, hiking and trips to the great outdoors. The oil components include citronellal and geraniol, which are known for their cleansing properties.

Try using on surfaces in and outside the home. When inhaled, Citronella essential oil has a refreshingly positive aroma.

USES

- Apply to skin with Fractionated Coconut Oil
- Add three to four drops in water for an aromatic surface cleanser
- Diffuse to promote a cheery, optimistic environment

- Use in shampoo and conditioner for a refreshing aroma

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

TOPICAL USE: Apply one to two drops to desired area.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Citronellal, geraniol



CITRUS BLOOM® TOUCH

Springtime Blend Roll-on 10mL

Citrus, floral, sweet

Aromatic description

PRIMARY BENEFITS

- Energising aroma encourages a healthy perspective
- Provides a bright, spring-like environment
- Combines the sparkling aroma of citrus peels layered with freshly cut florals to enhance personal and work surroundings

PRODUCT DESCRIPTION

Citrus Bloom Touch combines the brightness of citrus peels layered with freshly cut florals. Wild Orange and Grapefruit essential oils deliver sunny notes while the addition of Lavender, Roman Chamomile, and Magnolia soften and sweeten the aroma. Roll on to start your day with the sparkling presence of Citrus Bloom.

USES

- Roll on to your pulse points for a constant bright and spring-like aroma.
- For a mid-day boost, roll Citrus Bloom Touch onto your hands, cup your face, and inhale.
- Apply to neck and wrists for a personal fragrance throughout the day.

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight or UV rays for up to 12 hours after applying product.

INGREDIENTS

Fractionated Coconut Oil, Wild Orange, Grapefruit, Lavender, Roman Chamomile and Magnolia essential oils



COAST

Ocean Blend 15mL

Delightful, Relaxing, Grounding, Uplifting

Aromatic description

PRODUCT DESCRIPTION

The beach in a bottle. dōTERRA's Coast Ocean Blend was inspired by the beautiful warm Australian and New Zealand summer beaches. Featuring a unique combination of powerhouse CPTG® essentials oils such as Lemongrass and Lemon Eucalyptus for their uplifting and mood enhancing benefits, Douglas Fir & Cedarwood for their relaxing and grounding properties, and Magnolia for its calming and relaxing qualities, this coastal aromatic blend will help you feel like you've spent a day at the beach without ever leaving your home.

Exclusively for Australia and New Zealand, dōTERRA's Coast Ocean Blend was expertly crafted to provide an evocative and expansive aroma to ground, uplift and calm your soul.

USES

- Diffuse Coast Ocean Blend for a grounding and relaxing atmosphere
- Diffuse during meditation or yoga to enhance your practice
- Diffuse to enjoy a grounding and mood enhancing coastal aroma while at home, on the road, or at work

DIRECTIONS FOR USE

Add 3-8 drops in your dōTERRA diffuser for a Coastal aromatic experience.

For aromatic use only.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

INGREDIENTS

Citrus aurantium dulcis (Orange) Peel Oil, Amyris balsamifera (Amyris) Bark Oil, Eucalyptus citriodora (Lemon Eucalyptus) Oil, Juniperus virginiana (Cedarwood) Wood Oil, Coriandrum sativum (Coriander) Seed Oil, Pseudotsuga menziesii (Douglas Fir) Branch/Leaf Oil, Cymbopogon flexosus (Lemongrass) Oil, Michelia alba (Magnolia Flower) Flower Oil, Zanthoxylum schinifolium (Pepper Sichuan) Fruit Extract, Barosma betulina (Bucchu Aged) Leaf Oil



JASMINE TOUCH

Jasminum grandiflorum 10mL Roll-On

Intensely floral, warm, musky, exotic

Aromatic description

PRIMARY BENEFITS

- Reduces the appearance of skin imperfections
- A pleasing aroma with an uplifting scent
- Promotes a healthy-looking, glowing complexion

PRODUCT DESCRIPTION

Experience the esteemed fragrance and the myriad benefits of Jasmine oil in a convenient roll-on. Jasmine Touch combines Fractionated Coconut Oil and Jasmine absolute for gentle application and multiple uses.

Jasmine Touch can be applied to pulse points for a calming and pleasing aroma that can help uplift the soul for a positive outlook.

Renowned for its skin benefits, Jasmine Touch can help reduce the appearance of skin imperfections and promotes a healthy-looking, glowing complexion.

Regarded as the "King of Flowers," Jasmine is prized for its highly fragrant aroma, making Jasmine Touch ideal to use as a personal fragrance throughout the day.

USES

- Apply to bottoms of feet and pulse points in the morning to help create an uplifting start to the day
- Can be used as a personal fragrance
- Apply to skin imperfections twice daily

DIRECTIONS FOR USE

TOPICAL USE: Apply to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.

Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

INGREDIENTS

Fractionated Coconut Oil and Jasmine flower

MAIN CHEMICAL COMPONENTS:

Benzyl acetate, benzyl benzoate



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LAVENDER

Lavandula angustifolia 15mL

Powdery, floral, light

Aromatic description

PRIMARY BENEFITS

- Soothes skin
- Relaxed aroma ideal to use before a peaceful sleep

PRODUCT DESCRIPTION

Lavender has been used and cherished for centuries for its unmistakable aroma and myriad of benefits.

In ancient times, the Egyptians and Romans used Lavender for bathing, relaxation, cooking and as a perfume. It's aromatic properties have been used in cooking. Its calming and relaxing qualities continue to be Lavender's most notable attributes.

Applied topically, Lavender essential oil is frequently used to reduce the appearance of skin imperfections.

Due to Lavender's versatile properties, it is considered the must-have essential oil to have on hand at all times.

USES

- Keep a bottle of Lavender essential oil on hand to soothe skin.
- Freshen your linen closet or room by diffusing three or four drops.

- Use in cooking to soften citrus flavours and add a flavourful twist to marinades, baked goods and desserts
- Add a few drops of Lavender essential oil to pillows, bedding or bottoms of feet to relax and prepare for a restful night's sleep.
- Add to bath water to soak away stress or apply to the temples and the back of the neck.

DIRECTIONS FOR USE

DIFFUSION: Use three to eight drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

TOPICAL USE: Apply one to two drops to desired area. Dilute with a carrier oil to minimise any skin sensitivity.

See additional precautions to the right.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Flower/Leaf

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Linalool, linalyl acetate



LEMON MYRTLE & TANGERINE HAND LOTION

Infused with Essential Oils 75g

PRIMARY BENEFITS

- Lightweight formula leaves skin feeling soft and smooth
- Calming and relaxing aroma of Lemon Myrtle
- Convenient size, perfect for travel or for use while at home or work

PRODUCT DESCRIPTION

dōTERRA Lemon Myrtle and Tangerine Hand Lotion is a silky hydrating lotion infused with Lemon Myrtle and Tangerine CPTG® essential oils. This lightweight formula contains moisturisers that nurture hands, leaving them feeling soft and supple. The distinct calming and relaxing aroma of Lemon Myrtle essential oil combined with the enlivening aroma of Tangerine make this an indulgent aromatic experience.

Made in Australia. Packaged in a convenient 75g tube, our Hand Lotion is perfect for carrying in your purse or for use while at home or work.

DIRECTIONS FOR USE

Apply to hands to moisturise and enjoy the uplifting and joyful aroma.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes.

INGREDIENTS

Aloe barbadensis (Aloe) Leaf Juice, Glycerin, Cetearyl alcohol, Glyceryl stearate, Theobromo Cacao (Cocoa) seed butter, Prunus amygdalus dulcis (Sweet Almond), Cocos nucifera (Coconut) Oil, Cetearyl olivate and Sorbitan olivate, Rosmarinus officinalis (Rosemary) Extract, Olea europaea (Olive) Leaf Extract, Citrus reticulata (Tangerine) Peel Oil, Tocopherol acetate.



LEMON MYRTLE

Backhousia citriodora 5mL

Sweet, lemon, slightly herbal

Aromatic description

PRIMARY BENEFITS

- Uplifting to the senses
- Calming and relaxing aroma

PRODUCT DESCRIPTION

Native to Australia, Lemon Myrtle has long been used by Aboriginal and Torres Straight Islander people as part of their diet.

Lemon Myrtle essential oil is distilled from the citrus scented leaves of the subtropical lemon myrtle plant.

Lemon Myrtle essential oil has a calming and relaxing aroma.

USES

- Try diffusing for a calming and relaxing aroma.
- Add a drop of Lemon Myrtle essential oil to your water for a refreshing taste.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one to two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Leaf

EXTRACTION METHOD:

Steam distillation

MAIN CHEMICAL COMPONENTS:

Citral (geranial and neral)



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SPEARMINT

Mentha spicata 15mL

Sweet, minty, fresh

Aromatic description

PRIMARY BENEFITS

- Diffuse for an uplifting aroma

PRODUCT DESCRIPTION

Spearmint is a perennial plant that grows 30cm – 1 metre tall and flourishes in temperate climates.

It is widely used in gums, candies, and dental products for its minty taste. Its sweet, refreshing and cleansing aroma promotes a fresh and invigorating atmosphere when diffused.

In cooking, Spearmint is frequently used in salads, drinks, and desserts, but it can also be used in homemade salad dressings and to marinate meats.

USES

- Diffuse for an uplifting aroma. Blends well with Eucalyptus, Cedarwood and Tangerine essential oils.
- Add a drop or two to flavour any salad, meal, dessert or drink.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN.
Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Plant

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Carvone, limonene



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PEPPERMINT

Mentha piperita 15mL

Minty, fresh, herbaceous

Aromatic description

PRIMARY BENEFITS

- Diffuse for a clear crisp scent in the air
- Invigorating to the senses promoting an uplifted cheery feeling

PRODUCT DESCRIPTION

The peppermint plant is a hybrid of watermint and spearmint and was first described by Carl Linneaus in 1753.

A high menthol content, like that found in the dōTERRA Peppermint essential oil, distinguishes the best quality Peppermint from other products.

Peppermint is frequently used in toothpaste and chewing gum for oral hygiene. Peppermint continues to be one of the best-selling favourites among dōTERRA essential oils.

USES

- Use a drop of Peppermint with Lemon in water for a refreshing flavour.
- Add a drop to your favourite smoothie recipe for a refreshing twist.

- Place one drop in palm of hand with one drop Wild Orange and one drop Frankincense essential oils and inhale for a midday pick-me-up.
- Diffuses well with Basil, Wild Orange, Spearmint, Coriander and Lemon essential oils.

DIRECTIONS FOR USE

DIFFUSION: Use three to four drops in the diffuser of choice.

FOOD FLAVOUR USE: Add one or two drops to food.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears and sensitive areas.

PLANT PART: Leaf/Stem

EXTRACTION METHOD:
Steam distillation

MAIN CHEMICAL COMPONENTS:
Menthol, menthone, eucalyptol

