

# BLUE TANSY

TANACETUM ANNUUM 5 ML



## PRIMARY BENEFITS

- HELPS REDUCE THE APPEARANCE OF BLEMISHES
- UPLIFTS MOOD WHEN USED AROMATICALLY
- PROVIDES A SOOTHING SENSATION WHEN APPLIED TO THE SKIN

## PRODUCT DESCRIPTION

Blue Tansy, also referred to as Moroccan Tansy, is an annual yellow-flowered Mediterranean plant found in northern Morocco. Chamazulene, a chemical component in Blue Tansy, provides the characteristic indigo colour and is recognised for its skin soothing benefits. At the same time, the main chemical component Sabinene helps to reduce the appearance of blemishes. Providing an optimistic aroma, Blue Tansy offers a sweet scent to fill any room, creating an uplifting environment. It's perfect for massaging into skin with Fractionated Coconut Oil or lotion after a long day of work or intense exercise to aid the body in the natural recovery process.

## USES

- Diffuse to create a positive, uplifting atmosphere.
- Add 1 or 2 drops to your favourite moisturiser or cleanser and apply topically to help reduce the appearance of blemishes or to hydrate and soothe the skin.
- Include 1 or 2 drops in lotion for a restoring massage after a stressful day or extreme workout.

## DIRECTIONS FOR USE

Diffusion: Use three to four drops in the diffuser of choice.

Topical use: Apply one to two drops to desired area.

Dilute with a carrier oil to minimise any skin sensitivity or temporary staining. See additional precautions below.

## CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. May stain surfaces, fabrics, and skin.

**PLANT PART:** Flower/Leaf/Stem

**EXTRACTION METHOD:** Steam distillation

**AROMATIC DESCRIPTION:** Fruity, mellow, balsamic

**MAIN CHEMICAL COMPONENTS:** Sabinene, Chamazulene, p-Cymene,  $\alpha$ -Phellandrene,  $\beta$ -Pinene, Camphor

