

What prevents you from living your best and fullest life?

Energy



Weight



Mood



Sleep



Clarity



Stress



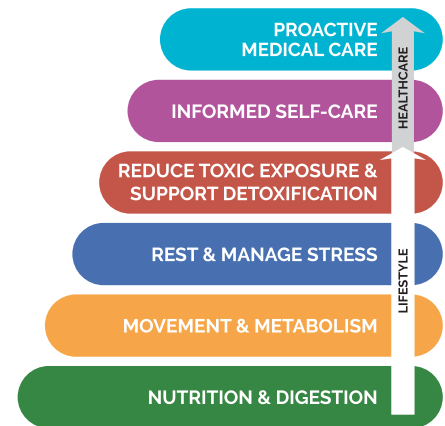
Metabolic Health and Biological Age Are Linked

- > As you age, so does your metabolic function.
- > Metabolism influences your energy, weight, body composition, sleep, and cognitive performance.

What's Metabolic Health

Metabolic health refers to the overall health and functioning of the body's metabolic system, which includes processes like digestion, energy production, and hormone regulation. Maintaining good metabolic health is important for overall wellbeing, as it can affect everything from weight management to long term disease.

A Wellness Lifestyle



Five Pillars of Metabolic Health



Healthy Eating



Daily Movement



Stress Management



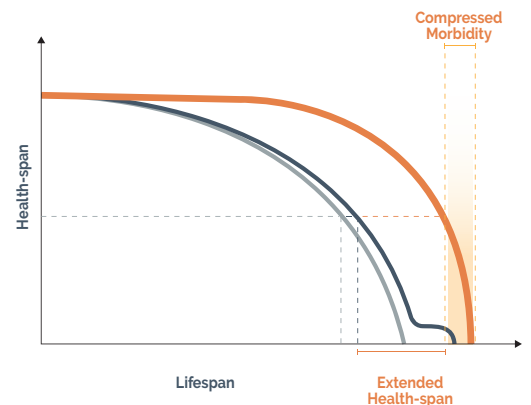
Healthy Connections



Smart Supplementation

Lifespan versus Health-Span

- > Lifespan is the number of years in your life.
- > Health-span is the number of healthy years in your life.



dōTERRA® MetaPWR® System



MetaPWR® Active Blend

Available as an essential oil blend.

- > Supports a healthy diet and exercise routine.
- > Developed with dōTERRA clinical researchers.



Smooth
the Spikes

MetaPWR® Assist

- > May help promote healthy blood sugar/ glucose levels.
- > May help sustain energy levels throughout the day.
- > Supports a healthy lifestyle regimen focused on increased energy and vitality.



Look
Better, Feel
Better

MetaPWR® Advantage

- > Contains nine types of collagen tripeptides from marine sources to support a healthy complexion.
- > Can serve as part of a daily healthy metabolic regimen.
- > Contains antioxidants.
- > Supports vitality, health and wellbeing.

Why Choose MetaPWR® Advantage?

- > It contains nine different types of collagen that each support different biological systems—from bone and skin health, to connective tissue health.
- > The collagen tripeptides in it are 12 times more bioavailable than most conventional collagen supplements on the market.

Daily Routine



Step 1: MetaPWR® Active Blend

Eat a well-balanced, whole-food diet and MetaPWR® Active Blend to your daily routine.



Step 2: MetaPWR® Assist

Take 15-30 mins before your largest meal of the day.



Step 3: MetaPWR® Advantage

Add a sachet to cold or room temperature water. Shake to dissolve before drinking.

Get Started Today with the MetaPWR® System

System includes:

MetaPWR® Active Blend 15mL
WS NZ\$35.00
PV 24.00



MetaPWR® Assist
WS NZ\$39.00
PV 15.00



MetaPWR® Advantage
WS NZ\$109.00
PV 58.00



Always read the label and follow the directions for use. Not recommended for use by pregnant and lactating women. Adults only. Resveratrol may affect the way some medicines work, including Warfarin. Consult your health professional before taking with other medicines. Not suitable for children.

AUNZ SKU: 60220863



METAPWR®

Active Blend 15mL

Citrusy, spicy, minty, sweet

Aromatic description

PRIMARY BENEFITS

- Creates an uplifting, stimulating environment.

PRODUCT DESCRIPTION

Live your most active life with our MetaPWR® Active Blend. Developed with dōTERRA clinical researchers, this stimulating combination of CPTG® essential oils complements your wellness lifestyle.

Featuring our MetaPWR® proprietary blend of Grapefruit, Lemon, Peppermint, Ginger and Cinnamon Bark essential oils, our MetaPWR® Active Blend supports a healthy diet and exercise routine, with an invigorating citrusy, spicy and minty aroma. Our MetaPWR® Active Blend can be taken internally or diffused to energise your fitness routine.

USES

- Diffuse or place a few drops on your hands, cup them over the nose, and inhale deeply to create a stimulating environment that's ideal for exercise.
- Add drops to a carrier oil or lotion during an uplifting massage.

DIRECTIONS FOR USE

DIFFUSION: Add four drops in the diffuser of choice.

INTERNAL: Take four drops in 200mL of water.

TOPICAL USE: Apply one to two drops to desired area.

See additional precautions below.

CAUTIONS

KEEP OUT OF REACH OF CHILDREN. Possible skin sensitivity. If you are pregnant, nursing or under a doctor's care consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Avoid sunlight and UV rays for at least 12 hours after applying product.

INGREDIENTS: Grapefruit, Lemon, Peppermint, Ginger, Cinnamon Bark.



Certified Pure Tested Grade

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AUNZ SKU: 60224819

METAPWR[®] Assist

30 Capsules, 30 day supply



PRIMARY BENEFITS

- May help sustain energy levels throughout the day.
- Supports a healthy lifestyle regimen focused on increased energy and vitality.
- Blood sugar support.
- Helps with carbohydrate digestion.

PRODUCT DESCRIPTION

MetaPWR[®] Assist serves as a powerful addition to a daily health regimen when taken daily before the largest meal of the day. Each capsule contains standardised mulberry leaf extract, berberine, cinnamon bark powder, and the proprietary MetaPWR[®] Active Blend.

MetaPWR[®] Assist—supports healthy lifestyle regimens focused on increased energy and vitality.

DIRECTIONS FOR USE

Adults - Take 1 capsule with water, 15-30 minutes before a meal up to 3 times a day or as directed by your healthcare professional. Do not use if tamper evidence seal is missing, torn, or broken. Store below 25°C.

CAUTIONS

Always read the label and follow the directions for use.
KEEP OUT OF REACH OF CHILDREN.

ACTIVE INGREDIENTS:

EACH CAPSULE CONTAINS:

Morus alba (Mulberry) leaf ext. dry conc.	250 mg
from dry leaf	12.5 gr
Phellodendron amurense stem bark ext. dry conc.	52.63 mg
from minimum dry stem bark	1.05 gr
stand. to berberine	25 mg
Cinnamomum verum (Cinnamon) stem bark	20 mg
Citrus X paradisi (Grapefruit) fruit peel oil essential	2.1 mg
Citrus limon (Lemon) fruit peel oil essential	1.5 mg
Mentha X piperita (Peppermint) herb oil essential	650 mcg
Zingiber officinale (Ginger) root oil essential	600 mcg
Cinnamomum verum (Cinnamon) stem bark oil essential	150 mcg

OTHER INGREDIENTS:

Bambusa breviflora leaf ext. dry conc.,
Oryza sativa (Rice) seed bran powder,
Maltodextrin, Leucine.

Capsule Ingredients: Hypromellose,
Gellan gum, Potassium acetate,
Disodium edetate, Purified water.
Contains sulfites



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AUNZ SKU: 60225225



METAPWR[®] Advantage

30 x 6g Sachets

PRIMARY BENEFITS

- Contains nine types of collagen tripeptides from marine sources to support a healthy complexion.
- Can serve as part of a daily healthy metabolic regimen.
- Contains antioxidants.
- Supports vitality, health and wellbeing.

PRODUCT DESCRIPTION

Give your healthy lifestyle choices an advantage with MetaPWR[®] Advantage. As part of your daily metabolic health routine, MetaPWR[®] Advantage empowers you by supporting your body's energy production.

Developed by dōTERRA researchers, antioxidant-rich MetaPWR[®] Advantage has also been shown to reduce free radicals formed in the body, while supporting skin, nail and hair health. So, with MetaPWR[®] Advantage you not only feel your best, you look your best too.

Combined with healthy lifestyle choices, taking MetaPWR[®] Advantage once a day can help support energy production. MetaPWR[®] Advantage also contains nine types of collagen tripeptides from marine sources to support skin elasticity and hydration.

DIRECTIONS FOR USE

Take 1 sachet a day. Dissolve contents in cold or room temperature water. Shake before drinking.

Do not use if tamper evidence seal is missing, torn, or broken. Store below 25°C.



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WARNINGS

ALWAYS READ THE LABEL AND FOLLOW THE DIRECTIONS FOR USE. KEEP OUT OF REACH OF CHILDREN.

INGREDIENTS:

Hydrolysed collagen (fish)	3 g
Saccharomyces cerevisiae (Brewer's yeast)	250 mg
Ascorbic acid (Vitamin C)	90 mg
Resveratrol	30 mg
Hippophae rhamnoides (Sea buckthorn) fruit juice powder	78.2 mg
Citrus sinensis (Red orange) fruit juice powder	18 mg
Malus domestica (Apple) fruit extract dry concentrate from dry fruit	8.06 mg 161.2 mg
Sodium hyaluronate	10 mg
Punica granatum (Pomegranate) fruit extract dry concentrate from fresh fruit	200 mg 45 g
Oryza sativa (Rice) seed oil fixed	2 mg
Biotin	30 mcg

OTHER INGREDIENTS:

Citrus X paradisi (Grapefruit) fruit peel oil essential, Citrus limon (Lemon) fruit peel oil essential, Mentha X piperita (Peppermint) herb oil essential, Zingiber officinale (Ginger) root oil essential, Cinnamomum verum (Cinnamon) stem bark oil essential, Vitis vinifera (Grape) fruit juice concentrate, Vitis vinifera (Grape) seed powder, maltodextrin, lecithin, rice bran oil dry, citrus bioflavonoids extract, dextrin, citric acid, sodium citrate, Steviol glycosides, gamma-cyclodextrin, calcium carbonate, Gentiana lutea (Gentian) root powder, flavour.

Contains: Fish and Phenylalanine.



dōTERRA[®] MetaPWR[®]

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