



Application: A T N

Ingredients: Peppermint Plant, Coriander Seed, Ginger Root, Caraway Seed, Cardamom Seed, Fennel Seed, and Star Anise Seed essential oils

Aromatic Description: Spicy, sweet, minty, licorice

PRIMARY BENEFITS

- Helps to ease feelings of queasiness
- Use with Fractionated Coconut Oil for a soothing abdominal massage.

PRODUCT DESCRIPTION

ZenGest™ is well known for its ability to help soothe occasional stomach upset. This unique blend contains Ginger and Peppermint to help ease occasional stomach discomfort. This powerful blend can be used aromatically or topically, and is great for at-home or on the go use. Topical use of ZenGest™ is a healthy, natural, and gentle way to soothe and comfort. ZenGest™ can also be used to help diminish feelings of queasiness and occasional stomach upset.

USES

- Rub on stomach before flying or taking a road trip for a calming aroma.

DIRECTIONS FOR USE

Diffusion: Use two to five drops in the diffuser of your choice.

Topical use: As skin care oil. For massage or perfuming, dilute 1 drop essential oil to 10 drops carrier oil. See additional precautions below.

CAUTIONS

Possible skin sensitivity. If pregnant or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas. Keep out of reach of children.

