

VMG+[®]

Botanical Beverage Mix

Barley Grass with Pea Protein

dōTERRA[®]

Product Information Page



Primary Benefits

- + Supports Overall Well-being: VMG+ is formulated to support general health and everyday wellness.
- + Provides a comprehensive range of essential vitamins and minerals to help supplement your daily diet and meet your personal nutritional goals.
- + Contains essential nutrients that support the body's natural processes for supporting good health.
- + Supports a Healthy Lifestyle: Provides antioxidants and phytonutrients that contribute to the maintenance of a healthy body and overall physical resilience.
- + Enriched with Biotin and Vitamins A and C.

Description

Redefine Your Daily Nutrition

VMG+ stands for Vitamins, Minerals, Greens, and more—an advanced, nutritional beverage mix designed to support your daily wellness. This advanced formula features a sophisticated blend of over 80 high-quality ingredients, combining the best of nature and science in a single, convenient sachet.

Crafted with a base of Barley Grass and Pea Protein, VMG+ is a clean, plant-based solution that fits perfectly into a vegan and gluten-free lifestyle. It delivers a comprehensive profile of whole-food vitamins, minerals, and phytonutrients, enriched with CPTG[®] essential oils to help you maintain your daily vitality and foundational well-being.

Free from:

- Gluten
- Dairy
- Soy
- GMOs

The Power of 5 Proprietary Blends:

1. A synergy of plant-derived vitamins and minerals (including Vitamin B12 and Amla extract) to support your body's daily nutritional requirements.
2. A vibrant collection of greens and fruits—like Spirulina, Kale, and Aronia—packed with natural antioxidants and phytonutrients to support a healthy lifestyle.
3. Featuring L-Glutamine, CoQ10, and botanical polyphenols.
4. We use a specialized Fermentation Process for ingredients like Okra, Black Rice, and Chili.
5. A unique combination of plant fibers and essential oils (like Ginger and Peppermint).

Ingredients

Acacia Gum, Pea Protein Powder (20%), Barley Grass Powder (10%), Mix Fruit & Vegetable Blend (Water, Isomalto oligosaccharide, Rice Vinegar, Sweetener (Sorbitol), Glucose, Black Rice, Mangosteen, Apple, Pomegranate Juice, Chioggia Beet Root, Okra, White Mulberry, Gooseberry, Panax Ginseng, Goji Berry, Prune, Ginger, Acidity Regulator (Citric Acid, Malic Acid), Chili, Cinnamon, Chickpea, Kiwi, Inulin, Fructooligosaccharide), Arjuna Botanical Extract Blend (Blend of Moringa, Guava, Amla, and Lemon Extract), Acidity Regulator (Citric Acid), Pineapple Mango Flavor, Spirulina Powder, Thickener (Guar Gum), L-Methionine, Beetroot Extract, Sweetener (Steviol Glycosides), Emulsifier (Sunflower Lecithin Powder), Sea Buckthorn Powder, Ferric Pyrophosphate, L-Glutamine, Enzymes (Pineapple Bromelain Powder, Papain Powder, Kiwi Protease Powder), Beta-carotene, Kelp Extract, Moringa Leaf Extract, Raspberry Juice Concentrate, Apple Extract, Lemon Balm Extract, Vitamin D3, Dark Sweet Cherry Juice Concentrate, Artichoke Powder, Pomegranate Extract, Turmeric Extract Powder, Grape Seed Extract Powder, Coenzyme Q10, Maqui Berry Powder, Amla Fruit Extract, Acai Extract Powder, Acerola Berry Extract, Spinach Juice Powder, Ginger Extract Powder, Kale Juice Powder, Aronia Juice Concentrate, Pine Bark Extract Powder, Grape Skin Extract Powder, Apple Juice Concentrate, Strawberry Juice Concentrate, Blackcurrant Juice, Elderberry Juice Concentrate, Burdock Powder, Blended Edible Oil (Orange Oil, Lavender Oil, Lemongrass Oil, Ginger Oil, Peppermint Oil), Cyanocobalamin

Directions

Take 1 sachet per day. Add contents of stick to 200mL of cold water or the liquid of your choice. Avoid adding to hot drinks. Shake or stir before drinking.

Daily Wellness Routine

Inner Balance: Pair VMG+ with PB Assist+® (12B) once a day for digestive harmony.

The Power Stack: For a refreshing blend, add VMG+ and MetaPWR® Advantage together in the same bottle of cold water!

Cautions

Consult your physician before use if you are pregnant or nursing, have a medical condition, or take any medication. Keep out of reach of children. Do not use if the safety seal is broken or missing.

Contain of sorbitol: Excessive use can have laxative effect

Storage

Store in a cool, dry place. Keep away from direct sunlight.

Nutrition Facts		
Serving Size: 1 Sachet		
Servings Per Box: 30		
	Per serving (9.4 g)	Per 100 g
Energy	15 kcal	170 kcal
Carbohydrate	5 g	54 g
Total Sugars	0.1 g	0.7 g
Protein	2 g	21 g
Fat	0.1 g	0.9 g
Dietary Fiber	3.9 g	41 g
Iron	3.0 mg	31.92 mg
Sodium	5.3 mg	56 mg