

TerraStix™

TerraStix™ AO

Drink Mix

PRODUCT DESCRIPTION

TerraStix AO is a powdered beverage that contains a blend of antioxidant botanicals. This drink mix is flavored with CTPG® Lemon essential oil and can be mixed with cold or warm water for a great tasting daily supplement drink.

CONCEPT

Antioxidants are stable molecules that can neutralize free radicals. Some antioxidants are found in the foods we eat, particularly in fruits and vegetables, and some antioxidants are manufactured by the body. Most medical experts recommend that we increase our consumption of foods containing antioxidants. Polyphenols are a particularly powerful group of antioxidants that may provide protection against free radical damage to cellular DNA and mitochondria. They have a very high capacity to neutralize free radicals and have been studied for a number of longevity health benefits. Reducing oxidative stress to cellular DNA and other important cell structures supports healthy cell proliferation, function, and lifespan.

Our bodies are made up of millions of cells that rely on complex chemical communication pathways to perform their many specialized and synchronized functions. When cells are under stress, especially oxidative stress, they respond defensively to reduce the stressor. This is an important and normal function of the body's immune system, which helps to protect against threats to cellular health. Free-radical damage to critical cell structures can trigger a defensive response that, if left unchecked, can lead to a chronic state of defensive readiness and can have long-term health consequences.

Key ingredients

Turmeric extract, pomegranate extract, grape seed extract, blueberry powder, tomato extract and lemon oil powder. Turmeric contains a compound called curcumin, which has been extensively studied for its beneficial properties. Turmeric has been used for centuries in Ayurvedic practice and is also part of the popular spice Indian curry.

PRIMARY BENEFITS

- Provide dietary antioxidants
- Appearance of healthier skin
- Support a healthy immune system

DIRECTIONS FOR USE

Mix contents of sachet with warm or cold water or your favorite beverage, blend well and drink.

