

Rose

Rosa damascena 5 mL

dōTERRA®

PRODUCT INFORMATION PAGE



Application: A T S

Plant Part: Flower

Extraction Method: Steam distillation

Aromatic Description: Floral, sweet, earthy

Main Chemical Components: Citronellol,
Geraniol, Nonadecane, Nerol

PRIMARY BENEFITS

- Helps balance moisture levels in the skin and reduce the appearance of skin imperfections
- Promotes an even skin tone and healthy-looking complexion
- Soothing and stress-relieving aroma
- Rejuvenating, stimulating, and harmonizing

PRODUCT DESCRIPTION

Rosa damascena, more commonly known as the Damask rose, is a small shrub with thorny stems. Originally from the Syrian capital Damascus, it is highly sought after for its many therapeutic properties. Before the sun crests the horizon in Bulgaria, workers can be found in fields harvesting the delicate bloom of the *Rosa damascena*. The labor-intensive production process has a very low yield; takes more than 10,000 freshly picked rose blossoms to produce only one 5mL bottle of Rose essential oil. Because the petals are so delicate, the distillation process must happen the same day that the flower is harvested. From this labor comes an essential oil known for its sweet floral aroma, beautiful and romantic. Diffuse Rose essential oil to uplift your spirits; the blooming floral fragrance brings about feelings of love, care, and comfort. Apply topically in daily skin care routines. Rose essential oil helps balance moisture levels in skin, reduce the appearance of skin imperfections, and promote a healthy-looking and even skin tone.

USES

- Combine one to two drops with the dōTERRA moisturizer of your choice and apply to the face, neck, and décolletage.
- Apply one drop to skin imperfections twice daily.
- Diffuse in the morning to promote feelings of energy and vitality.

DIRECTIONS FOR USE

Diffusion: Use two to five drops in the diffuser of choice.

Topical use: As skin care oil. For massage or perfuming, dilute 1 drop essential oil to 10 drops carrier oil. See additional precautions below.

CAUTIONS

Possible skin sensitivity. Keep out of reach of children. If you are pregnant, nursing, or under a doctor's care, consult your physician. Avoid contact with eyes, inner ears, and sensitive areas.

